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Your environmentally friendly community newspaper

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Orleans Rebels pitcher Jenny David watches as her pitch sails towards home plate during the Ontario Mite Select championship game last Sunday. Fred Sherwin/Photo

Sub-committee sets tax target at five per cent

By Fred Sherwin
The Eastender

Ottawa homeowners could be facing a possible five per cent tax increase next year after the city's Long Range Financial Planning sub-committee established the 2008 budget directions on Monday with five per cent as the starting point.

The figure includes a 1.6 per cent increase in the police service levy, a special two per cent levy for infrastructure renewal and a 1.4 per cent inflationary increase on the operating budget.

The budget direction passed

by a 6-2 margin with Rideau Ward Coun. Glen Brooks and Mayor Larry O'Brien both voting against.

The two men along with Cumberland Ward Coun. Rob Jellett wanted staff to come back with a zero per cent option on the operating side despite warnings from staff and several committee members that it would lead to a repeat of 2004 when residents were up in arms over a number of proposed cuts, forcing the council of the day to back track on a promise to freeze taxes.

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OC Transpo changes come into effect next Tuesday

By Fred Sherwin
The Eastender

Besides being the first day of school, next Tuesday will also signal in a number of changes in local OC Transpo service.

Service is being extended to a several routes including the 94, 95, 118, 135, 136 and 405.

Route 94 will be expanded to operate every 30 minutes during the mid-day in both directions to improve service along the Innes Road corridor and to the communities of Orléans South and Blackburn Hamlet.

Service will also be extended eastward to Millennium Park just south of Innes and Trim, near Gisèle Lalonde Secondary School.

Route 95 will be increased in throughout the day on weekdays, with service operating as

frequently as every two minutes during the busiest times to accommodate additional ridership. Service will also be increased on Saturdays between 8 a.m. and 9:30 a.m.

The frequency during peak periods will also be increased to meet demand and reduce overcrowding.

Route 118 will be extended during peak periods between Hurdman Station and Place d'Orléans to provide east end residents with improved cross-town service and connections to Confederation Heights and Baseline Road along the Transitway.

OC Transpo also plans to use regular low-floor buses along the route instead of the larger articulated buses which will allow for an increase in frequen-

cy and limit the need for overcrowding.

Route 136 will be expanded to operate on Sundays along the same route as weekdays and Saturdays, from 10 a.m. to midnight. Service will commence at 6 a.m. on weekdays, 9 a.m. on Saturdays and 10 a.m. on Sundays.

Route 136 will be expanded to operate on Sundays along the same routing as weekdays and Saturdays, from 10 a.m. to midnight. Will have an early morning trip added on weekdays and Saturdays.

Because of the reinstatement of Route 136 on Sundays, Route 135 will follow the same schedule on Sundays as it does on weekdays starting at 9:12 a.m.

Finally, Route 405 will be extended to the newly expanded

Trim Road Park & Ride for improved service to Scotiabank Place for hockey games and special events.

Some 216 parking spaces, are being added to the Trim Road Park and Ride which will bring the total capacity up to 632 vehicles.

Meanwhile, work is already underway to transform the stops at Jeanne d'Arc Blvd. and Hwy. 174 into a modern station with convenient waiting facilities. It should be completed by the end of the year.

The Park & Ride lot across from Place d'Orléans has also been improved over the summer with the addition of more light standards for enhanced safety.

For more information on the route changes, schedules and maps visit www.octranspo.com.

Community briefs

Pair of local organizations receive Trillium grants

ORLEANS — Christmas came early for two local organizations this past week in the form of a Trillium Foundation grant. The Gloucester Cumberland Girls Hockey Association received \$36,700 to expand their developmental program. The money will be used to establish a coach mentoring program and hire a part-time staff person to co-ordinate the associations many volunteers. Team Ottawa-Orleans received a cheque for \$30,000 to purchase a tent, picnic tables and an industrial sized BBQ that will be made available to community groups planning large events. The Ontario Trillium Foundation is a government agency responsible for the awarding of grants funded through proceeds from the Ontario Lottery and Gaming Corporation.

Province increases funding for Homes for the Aged

ORLEANS — The Ontario government plans to increase funding to Homes for the Aged by \$55 million. The money will be used to improve services delivered by the province's 14 Local Health Integration Networks or LHINs which support agencies such as the Orléans-Cumberland Community Resource Centre, the East Ottawa Community Resource Centre and Cumberland Home Support that provide enhanced home care and community support services like meals, transportation, shopping, snow shoveling, friendly home calling, adult day programs, homemaking services and caregiver supports.

Gloucester Senior Adults Centre gets \$9,500 boost

GLOUCESTER — The Gloucester Seniors Adult Centre will see their funding increase by \$9,500 this year, bringing the total funding they receive from the province to \$4,996. Ottawa-Orléans MPP Phil McNeely made the announcement during a campaign stop at the Seniors Centre on Tuesday. The additional money will be used to help provide better meals, exercise programs, trips and blood pressure monitoring services for local seniors. The Gloucester Seniors Centre provides recreational and social programs to seniors 50 years of age and over living in the east end. The centre is located on the second floor of the Earl Armstrong Arena on Ogilvie Road and is open Monday to Friday from 9 a.m. to 4 p.m.

Embattled mayor says tax freeze still 'doable'

> **CONT'D FROM PAGE 1**

Coun. Peter Hume reminded his colleagues that achieving zero per cent would mean eliminating the city wide graffiti management program, the museum sustainability program and the arts investment strategy, for starters.

"History tells us what's going to happen. Do we want to go back and take away all those bus routes again? Do we want to go back and eliminate leaf and yard waste pick-up? I for one, don't want to go down that road again," said Hume before the zero per cent option was defeated.

The meeting started off with an indirect admission by Mayor Larry O'Brien that zero per cent was no longer achievable. Besides the need to increase the police services levy, Mayor O'Brien accepted the fact that the city needed to impose a special levy to maintain the integrity of existing infrastructure and ensure the safety of residents. Saying the new levy will be used to create the "Restoration Ottawa Fund", O'Brien called upon the federal and provincial governments to come through with matching funds.

"Unless we start immediate restorative work on our municipal infrastructure soon, we could be facing huge costs in the near future," said O'Brien. "Therefore, I'm calling on both the federal and provincial governments to join us in restoring Ottawa's infrastructure."

A day after the sub-committee meeting an embattled Mayor O'Brien

refused to admit defeat in his crusade to freeze taxes in the face of mounting pressure from a majority of councillors to put the city back on firm financial footing.

Saying that he believes some of the councillors are having a hard time adjusting to his leadership, O'Brien says there's still plenty of room to manoeuvre.

"Frankly, I'm just a little short of furious. The difference between what they want and zero per cent on the operating side is only about \$14 million. When you're looking at a \$2 billion, \$14 million shouldn't be that difficult to find," said O'Brien pointing to the fact that council went into last year's budget proceedings looking at a possible 15 to 18 per cent tax increase.

Furious might be the reaction many residents will have when they find out they could be facing an average tax increase of \$125 on top of a five per cent increase in transit fares and an as yet to be determined hike in their water and sewer bills.

While O'Brien says he still has a few "cards to play" during the upcoming budget deliberations, even if he is successful in getting council to agree to a tax freeze on the operating side, it would only lessen the tax impact by about \$38.

The sub-committee's recommendations will now go before the corporate services committee which must approve them before staff start working out the details, including where to find \$17 million in reductions that will come under "other

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New principals busy preparing for start of school year

By Fred Sherwin
The Eastender

For many students the start of another school year will mark a new beginning in their lives. The same is also true for five Ottawa-Carleton District School Board principals who have been given new assignments at five east end schools.

Geof Botting has taken over the reigns at Cairine Wilson Secondary School from Bruce Whitehead who is now at Bell High School in the west end. At Colonel By Secondary School former VP Alan Johnson has been appointed acting principal while Kevin Gilmour takes a year off to be with his wife in England and Carmen Wood has been appointed acting principal at Orleans Wood Public School after several years as VP at Charles H. Hulse Public School.

Bruce Foster moves from Carson Grove Elementary School, where he was principal the last four years, to Trillium Elementary School where he is taking over from Linda Yan who was appointed as the board's new special education principal. Cindy Alce moves from special education to Carson Grove where she will be replacing Foster.

Botting was the interim principal at Maple Ridge Elementary School in Fallingbrook last year where he filled in for Celine Leduc who was on maternity leave.

The veteran educator has split his time between the Ministry of Education and the OCDSB over the last several years and at various times was the as principal at the Ottawa Technical Learning Centre and Rideau High School.

In coming to Cairine Wilson, Botting knows he has some pretty big shoes to fill in replacing Whitehead who was extremely popular with parents, staff and students alike.

His first order of business has been to meet with staff members and do a lot of listening.

"I have two ears and one mouth and I plan to use them in that proportion," says Botting who is looking forward to the taking on the unique challenges that come with running a school with a relatively small student population.

Compared to most high schools which have over 1,000 students, Cairine Wilson's enrollment is 650.

"To tell you the truth I've been kind of chomping at the bit to get started. This school has huge potential," says Botting. "The advantage of a smaller school is that you get to have a closer connection with the students where as at a bigger school as much as you try to be visible you're never going to know all the kids and all the issues.

"The downside of a smaller school is that you don't have the ability to offer all the courses that you'd like to. We have to look at the kids coming in here and try to provide them with the skills that will help get them to wherever it is they want to go."

Bruce Foster has already started a dialogue with the school council at Trillium, an organization that has been extremely active in the past.

"One of the things I try to do in coming to a school is to establish relationships with



Bruce Foster and Andrea Williams are the new principal and vice-principal at Trillium Elementary School in Fallingbrook. Fred Sherwin/Photo

people and listen to people and capitalize on the expertise of people. And one of the things I've picked up on fairly quickly is that this is a jewel of a school. Linda Yan did an amazing job as principal here. There's some wonderful things going on and programs established and it behooves me to continue to nurture that," says Foster who will be assisted in his new job by the school's new vice-principal Andrea Williams who comes to Trillium from Roberta Bondar Elementary School in the south end.

School supply programs struggle to keep up with demand

By Fred Sherwin
The Eastender

As the number of supplies students are expected to bring to school continues to grow and prices continue to increase, more and more single parent and otherwise financially struggling families are coming to count on local community resource centres to furnish their kids with the items they need.

The East Ottawa Community Resource Centre has handed out about 500 kits containing such basics as pencils, paper, Duotangs, glue sticks, rulers and erasers to more than 150 families over the past two weeks.

Most of the items were provided to the Resource Centre by the Ottawa Food Bank, which runs a donation program and private donations.

Program co-ordinator Michelle Lemieux says the resource centre is hoping to receive additional items this week from Child and Youth Friendly Ottawa to meet the remaining need.

"We've been telling people to keep checking in and we'll let them know as soon as we get something," says Lemieux.

At the Orléans-Cumberland Community

Resource Centre they handed out 25 kits last Friday and expect to hand out double that this coming Friday.

Each kit contains \$20 to \$50 worth of supplies depending on the child and grade level.

Program co-ordinator Tracy Pressé says the centre has been seeing a lot more families with multiple siblings.

"We're seeing a lot more families with four, five and even six kids," says Pressé.

A lot of families on fixed incomes just don't have the means to pay for school supplies on top of their monthly expenses, especially if they have three or four school age children.

The other problem is that school supply lists are getting a lot more onerous. Pressé says she has seen some lists that include cleaning supplies and two pairs of indoor shoes instead of one pair so the kids will have one pair to wear to class and a different pair to use in gym.

Both resource centres are still accepting donations for the next week or so. Donors can drop off school supplies or monetary donations at the East Ottawa Community Resource Centre in the Beacon Hill Shop-



Orléans-Cumberland Resource Centre school supply program co-ordinator Tracy Pressé prepares some of the school supply kits for distribution this Friday. Fred Sherwin/Photo

ping Centre on Ogilvie Road or the Orléans-Cumberland Community Resource Centre warehouse at 860 Taylor Creek Rd. in the Taylor Creek Business Park.

The Eastender

Fred Sherwin
Editor & Publisher

Letters should be limited to 250 words.

To submit a letter to the editor to *The Eastender* e-mail the-eastender@orleansonline.ca.

The Eastender reserves the right to edit correspondence for length with a commitment to maintaining the integrity and spirit of the content.

Saving face

There's an old saying that if you want to get elected just tell the people what they want to hear. During last fall's municipal election, the voters didn't give a hoot how Larry O'Brien would go about achieving a tax freeze, or even if it was possible, all that mattered is that he said he'd do it.

As someone who's been around city hall since amalgamation and has covered countless budget deliberations, I knew that a tax freeze was impossible. In fact, the only way they were able to freeze taxes last year was to raid reserves and use up the entire surplus from the previous year.

Common sense alone should tell you that if your costs keep going up five to six per cent a year and you refuse to allow revenue to keep pace, something has to give. It's basic economics. You would think that being a successful businessman, O'Brien would know that.

On the other hand, there is one way to freeze taxes and that's to start slashing services. The city contemplated doing that in 2004 and ended up creating a near riot as residents stormed City Hall demanding that their services be reinstated. The councillors, who valued getting re-elected more than they valued freezing taxes, relented and reinstated nearly all the cuts.

2004 was brought up several times during the Long Range Financial Planning sub-committee meetings this past week by both members of the sub-committee and senior staff. It's safe to say that no one on council wants to go through a repeat performance. It's also safe to say that O'Brien has little if any appreciation of what happened in 2004 and doesn't care.

And that's the truly scary part. He doesn't care. All he cares about is his reputation and his belief that his reputation is irreversibly linked to his ability to fulfill his promise.

Left to his own devices, he would no doubt take a chain saw to the city budget. Fortunately, or unfortunately, depending on how you look at it, he has a council to contend with who care more about getting re-elected than they do about fulfilling a promise they never made in the first place.

Ultimately, it is they who will win the day and O'Brien will be able to save face by blaming the demise of "zero means zero" on them and returning back to the private sector with his reputation untarnished and intact.

– Fred Sherwin, editor

False perceptions and unrealistic expectations

Politics is all about perception and expectations. The story of the rise and fall of Larry O'Brien encompasses both those ideas.

The perception of Larry O'Brien during last fall's municipal election was that he was as a man of action. Intelligent and successful, he was just the type of person who could come in and straighten out City Hall once and for all.

The expectation was that he would make a promise and stick to it – that he wasn't like other politicians who make promises simply to get themselves elected without any intention of following through on them.

So much for expectations.

O'Brien's fall from grace started with his flip flop on the North-South Light Rail project which he ran against and then voted for after replacing the downtown portion of the plan with a tunnel. The only problem is that he never bothered to check with the feds or the province to see if they would be willing to support the addition of the tunnel. When they balked, the North-South Light Rail Plan went down in flames which led to the mega-million dollar lawsuit filed by Siemens PCL.

O'Brien's next big failure was in allowing for increases in user fees and water and sewer rates in last year's budget. During the campaign he said time and again that "zero means zero" included user fees.

Despite his initial failures, a majority of council decided to give O'Brien the benefit of the doubt and bought him some time by agreeing to use \$31.8 million in one time funding to balance last year's budget without having to impose a tax increase.

After the budget was passed, the Mayor decided to hold a series of strategic planning sessions during the

spring, the goal of which was for councillors to establish a series of priorities and objectives for the current term.

You would think the primary objective of the meetings from the Mayor's perspective would be to try and convince council to accept a tax freeze as the number one priority. Instead, the sessions only served to highlight the need for a tax increase.

Rather than spending the last five months putting together a plan and starting a process aimed at building alliances, his actions only served to further widened the divide.

Which brings me to the recent Long Range Financial Planning sub-committee meetings during which it was clear to everyone observing the proceedings that O'Brien is indeed up a creek without a paddle.

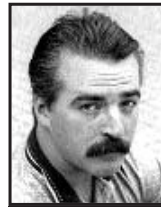
He has no plan, he has no allies and his "zero means zero" tax pledge, which was never achievable in the first place, is dead in the water. And to top it all off, O'Brien has absolutely no one to blame but himself.

It's hard to imagine where he goes from here. His credibility has been reduced to ashes. Anyone you talk to at City Hall believes he will simply go back to his millions in 2010 and let someone else clean up the mess. If he lasts that long.

When senior staff know you're a one term wonder, and a lame duck at that, they're more likely to work against you than for you.

And I haven't even gotten into the Terry Kilrea accusations and the OPP investigation.

In short, O'Brien is done like Sunday dinner – his demise made that much more tragic by the immense expectations and trust placed upon him by the voters.



View Point

Fred Sherwin



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Local sports

Orleans Rebels win Ontario Select Midget girls fastball championship

By Fred Sherwin
The Eastender

As seasons go, 2007 has not been especially kind to the Orleans Rebels Midget Girls Select fastball team. In three previous tournaments heading into this weekend's provincial championships they failed to make the semi-finals even once, and during a tournament in Port Hope they lost all four of their games by a single run.

With the Ontario House League Select Championships being held in Orléans, Rebels coach Jeff Toll was hoping the familiar surroundings would give his team a boost. He never could have imagined just how much of a boost it would give them, however.

After knocking off Kingston 8-5 in their opener on Saturday morning, they downed Spencerville 14-2 in the afternoon game to give themselves a shot at making the semi-finals. All they had to do was take care of the Dundas Running Rebels in their final round robin game. A win would automatically give them a berth in the semi-final against the second place team in Pool A, while a loss would set up a complicated tiebreaker situation.

In the end they won 7-6 to finish on top of Pool B with a perfect 3-0 record and set up a semi-final match-up against the Whitby Lightning on Sunday.

For a team that had been unable to score runs with any consistency all summer, the Rebels scored seemingly at will during the provincial championships. After scoring 29 runs in three round robin games, they exploded for 10 more runs against Whitby in the semi-final while Rachel-Anne Bail threw seven shutout innings to record the win.

Thirty minutes later they were back on

the field to take on the Cornwall Selects in the final.

Amanda Toll got things going for the Rebels with a lead off single in the first inning. She eventually scored on a two out single by Erin Middlebrook to give the Rebels the early 1-0 lead.

The Rebels would add another run in the third inning. Lead-off hitter Tenni Arsenian drew a walk and eventually advanced to third base when Emily Renaud hit into a fielder's choice for the second out of the inning.

The next batter up was Holy Sowa who hit a squibber back to the mound. Faced with either trying to throw Sowa out at first base for the inning ending third out, or tossing the ball to the catcher to get Arsenian trying to score from third, the Cornwall pitcher went for the play at the plate and ended up throwing the ball high over the outstretched glove of her catcher.

Down 2-0 at that point, Cornwall managed to load the bases in the top of the fourth inning on a pair of singles and a walk. With no one out, Rebels starting pitcher Kelsey Langford sent Erin Moquin back to the Selects' bench with her fifth strikeout of the game and then Amy Derochie hit a line drive to Bail in centre-field who threw the ball to second base for the inning ending double play.

Cornwall managed to get their lead-off hitter on base in both the fifth and sixth innings, but were unable to bring them home while Orleans added an insurance run in the sixth.

Langford finished off a masterful performance on the mound for the Rebels by striking out the last two batters in the seventh inning. In seven innings of work she gave up six hits and a pair of walks while



The Orleans Rebels Mite Select girls team celebrates after winning the provincial championship on Sunday. Fred Sherwin/Photo

striking out nine, including the final out in the second, fifth, sixth and seventh innings.

Following the big win, Toll was understandably proud of his team's performance all weekend.

"This was the best the girls have played all season. They've been improving every week and it finally all came together. We got some timely hitting, great pitching and great defence," said Toll who believes the team has an excellent chance to defend the provincial title next year.

Of the 12 players on the team, only one is moving on. Two of the girls are 18 and the rest are playing in their first year at the midget level.

Orleans Mites give Rebels second gold medal

By Fred Sherwin
The Eastender

The Orleans Rebels Mite Girls Select fastball team are the newly-crowned Ontario House League Select Champions after downing the Napanee Express 7-4 at Pierre Rocque Park last Sunday.

The Rebels spotted Napanee a 3-1 lead after three innings before exploding for three runs in the top of the fourth to go up 4-3.

Pitcher Jenny David got things rolling in the fourth inning with a lead-off homerun and then Stephanie Goudreau-Patterson and Stefany Raymond crossed the plate after hitting back to back singles.

The Rebels scored three more runs in the fifth inning to take a commanding 7-3 lead,

including a pair of runs with two out.

Napanee would get one back in the sixth before David struck out the last two batters to end the inning without anymore damage being done.

David struck out two more batters to end the game, giving her 14 on the day and lock up the gold medal for the Rebels who are all nine- and 10-years-old. For her efforts David was named the Rebels' MVP.

With the win, the Orleans Rebels increased their medal total in provincial championship play this season to five. The Midget girls team struck gold earlier in the day, while both the Squirt and Novice girls teams won bronze. Last month, the Rebels Peewee boys team also won bronze, while the Midget Rep boys squad captured silver.



Local sports

Panthers go 3-for-4 on opening weekend

By Fred Sherwin
The Eastender

The Cumberland Panthers Football Club opened the 2007 National Capital Amateur Football Association season on the weekend winning three of four games against the Cornwall Wildcats.

The bantam team got things off on the right foot with a 39-0 win over the Wildcats on Friday night.

The tyke squad came within a breath of winning their game Sunday morning, but the Wildcats scored a touchdown on the final play of the game to win 14-12.

In the mosquito match-up it was all Cumberland as the Panthers scored five offensive touchdowns and added another on a blocked punt to post an impressive 45-9 win.

All five offensive touchdowns came on the ground. Tyrone Pierre scored twice. Brandon Shepherd scored once and Jaylen King found the end zone twice before leaving the game in the second half with a separated elbow.

On defensive Adam Muzik had an interception and recovered a block punt in the end zone for the Panthers' sixth major of the game.

Jacob Molinski rounded out the scoring with three two point conversions and a field goal.

In Sunday's final game, the clubs' peewee teams took to the field.

The Panthers scored first on a 10 yard run by Jamar King and then added a one point conversion to take the early 7-0 lead.

Cornwall responded with a touchdown of their own early in the second quarter, but a missed one point convert attempt meant that Cumberland would take a 7-6 lead into the second half.

During the opening series of the third quarter, Daniel Gracia scampered 27 yards up the middle to move the ball inside the Wildcats' 10 yard line. The Panthers were unable to score, however, and Cornwall ended up getting the ball back on downs.

After failing to pick up a first down, the Wildcats had to punt the ball from their own goal line which resulted in Cumberland once again getting excellent field position on Cornwall's 16-yard line. Three plays later Gracia powered the ball over the goal line to put the Panthers up 14-6 after they successfully scored the one point conversion.

Cumberland then held on the rest of the way for the win.

All four Panther teams must now prepare for the South Gloucester Raiders who they'll take on in a Labour Day quadruple header next Monday.

The Raiders went 3-1 against the East Ottawa Generals on Sunday, with their only loss coming in the peewee game.

The Panthers are coming off a season in which the mosquito, peewee and bantam



Daniel Gracia powers his way across the goal line in the Cumberland Panthers 14-6 win over the Cornwall Wildcats on Sunday. Fred Sherwin/Photo

teams all qualified for the A-Cup semi-finals. The mosquito team ended up losing to the North Gloucester Giants in the semis, but the peewee and bantam teams both managed to make it through to the finals.

The bantam team eventually lost to the Giants, but the peewee squad managed to defeat the Canterbury Mustangs to win the city championship and finish the season undefeated.

Mosquitoes post loan win for Orleans Bengals

By Fred Sherwin
The Eastender

On a weekend in which all four Orleans Bengal teams had a hard time getting the ball into the end zone, the mosquito squad relied on a dominating defensive performance to post the club's loan win over the Canterbury Mustangs.

The Bengals defence orchestrated a pair of goal line stands in the second half and then scored the team's first points of the game when Deepak Sharma registered a safety to give Orleans a 2-0 lead at the half.

The defense continued to dominate in the second half. During a stretch in the third quarter, they intercepted the ball on three consecutive series.

As ineffective as the Mustangs offense was, the Bengals' offensive didn't do much better. At least not until late in the third

quarter when Jacob Fox connected with Callum Currie for a 15 yard gain on third and two.

Currie then ran the ball for 10 yards up the middle to give Orleans a first down on the one yard line. From there, Fox carried the ball across the goal line on a quarterback keeper to put the Bengals up 8-0 which is how the game ended.

Considering the Bengals were trounced 34-0 in their final exhibition game just a week ago, head coach Denis Prouse couldn't have been more pleased with his team's performance against Canterbury.

"We've come a mile since last week. Our goal was to get better and we did, especially on defence," said Prouse who has a young team this year.

Eight players, including the entire starting backfield, are playing in their first year

at mosquito and 16 of the kids are playing organized football for the first time.

"We're really rebuilding on the fly. We need our defence to keep us in games until our offence comes along," says Prouse. "The really nice thing is that some of our best players today were first year guys. Hopefully that bodes well for the future."

Prouse coached the Bengals tyke squad to a 7-1 record last year and a berth in the A-Cup semi-finals. The mosquito squad meanwhile, were 3-5 and finished eighth.

Prouse is hoping to finish in the top four this year, although anywhere in the top six would be an accomplishment.

In other action on Sunday the Bengals tyke team lost 6-0, the peewee squad lost 22-0 and the bantam team came out on the short end of a 16-7 final all at the hands of the Canterbury Mustangs.

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Local sports

East end teams claim four ERS� league championships

By Fred Sherwin
The Eastender

It's been a tough year for local soccer teams competing for a spot near the top of the standings in the ERS�. With league play at the Division 1, Premier and Regional levels winding down, the Gloucester Hornets and the Cumberland Cobras have only four league championships between them. In 2006 the two organizations combined for nine league championships and in 2005 they won 12 titles.

The Cumberland Cobras U12 Regional girls team was the first to clinch an ERS� championship, doing so several weeks ago.

The Cobras completely dominated their opponents this season, compiling a record of 11 wins, one loss and two ties. They scored 52 goals for and only 11 against in 14 league games for a plus/minus ratio of +41. The next best team was only +9.

Julia Davis has led the way for the Cobras on the scoresheet with 21 goals, while Krista Magee scored 10. Ten other players have scored at least one goal.

The team's only loss in league play came on July 4 when they came out on the short end of a 1-0 score against Capital United.

By far their most impressive accomplishment of the season was coming within a goal of making it to the finals of the Ontario Cup.

Unfortunately, they lost to the Oakville Hurricane '95 in the semi-finals last Saturday in what was a heartbreaker of a game. After jumping out to a 2-0 lead, the Cobras allowed a pair of goals in the second half and then the Hurricanes scored a Golden Goal in extra time for the win.

The team is now focused on getting to the finals of the ERS� Cup. They're taking on the Ottawa Internationals this Monday, with the winner moving on to the ERS� Cup final on Sept. 16.

Cobras coach Bill Dickson says the team had a magnificent season especially considering that this is their first year playing 11 aside and on the much larger field.

"I'm very demanding and I ask for a high level of discipline. We're definitely among the top U12 teams in the province," says Dickson.

Sticking with the Cumberland Cobras, the girls U10 Division 1 team has also wrapped up a league championship after finishing the season 13-1-0. The only blemish on their record came in the last game of the season when Ottawa South United battled them to a 2-2 draw.

Besides winning the league championship, the Cobras are one win away from capturing the ERS� Shield after downing Kanata 'B' 3-2 in the Shield semi-finals last weekend. They must now take on Kanata 'A' in the finals on Sept. 9.

Head coach Marc Giroux says that one of the biggest reasons for their success has been their ability to keep improving as the season progressed.

"They're very coachable and they work very hard," says Giroux. "At the start of the season we told them to have a good time, learn the game and work hard and they have, which is always nice to see."

The team has also managed to spread their scoring around with no fewer than 12 players scoring at least one goal. Alexa McGunagle led the way with 11 league and two shield goals and Kiana Deland had nine league and one Shield goal.

On defense they allowed just seven goals in 14 games. Every other team in their division allowed at least 20 goals.

By winning the league championship, the Cobras win an automatic promotion to the Premier division next season.

The Cobras fourth league championship was won by the U18 Premier boys team which finished the season 13-0-1 and went on to win the ERS� Cup with an impressive 9-1 win over the Catarauqui Clippers.

Of the five east end teams that managed to clinch an ERS� league title this season, the Gloucester Hornets U16 (B) Girls Premier team is the only squad that has a chance to finish with a perfect record.

After getting past the Hornets (A) Premier team 2-1 on Monday to improve their record to 13-0-0, the Hornets need to win their lone remaining game against West Carleton next Thursday to finish 14-0-0 and get an automatic promotion to the Regional division next year.

The Hornets only slip up this season was in the ERS� Cup semi-final which they lost 4-2 to the Ottawa South United Regional team. But what many people don't know is that the Hornets are actually a U15 team playing U16.

Because the Hornets have so many girls at the U15 level they decided to take some of the late cuts from the U15 Regional team and mix them in with some U15 Premier players and enter a second squad in the U16 Premier league with their regular U16 Premier team. The result is that the two U16 teams have a very good chance of finishing 1-2 in the division.

Although the U16 Premier squad will end up being the only Hornets team to win a league championship this year, seven other Hornets teams will likely end up finishing second including the U11 and U12 Premier boys teams, the U12 and U16 (A) Premier girls teams, the U13 and U17 Regional girls teams and the U13 Division 1 girls team.

The Cobras, meanwhile, have five teams that'll finish in the runner-up position – the U14 Regional boys team, the U16 Premier boys team, the U12 Division 1 boys team, the U11 Premier girls team and the U13 Division 1 girls team which will likely end up tied with the Hornets.

The hard luck story of the season may well be the Cobras U12 Division 1 boys team which could have won the league championship outright with a win or tie against the Ottawa Internationals in their last game of the season. Instead, they lost 3-2 and ended up finishing in second place thanks to a complicated tie-breaking system.

With the loss the Cobras finished tied in the standings with Capital United at 9-2-1. Not only did they have the same won loss record as Capital United, but they also had the same number of goals for and against and they had each beaten the other during the regular season.

Cumberland won their opening season match-up 1-0 and Capital United won the rematch 5-2 which is what ultimately gave them the league crown based on goals for and against in head to head play.



Gloucester Hornets U16 Premier (B)



Cumberland Cobras U12 Regional

Orléans dojang reaps medal haul at World Taekwon-Do Championships

By Fred Sherwin
The Eastender

For the past 12 months, a small group of taekwon-do practitioners from Demers Taekwon-do in Orléans have been honing their skills up to six and seven times a week with the goal of competing at the ITF World Taekwon-Do Championships in Birmingham, England and returning home with a medal around their necks.

In a word – mission accomplished. Five of the members were on the Canadian junior women's team which won two silver and a bronze. Three were on the senior women's team which won a gold and two bronze and five were on the senior men's team which won a bronze medal for finishing third overall.

The junior female team members were Tania Bariteau, who also won two individual bronze medals in sparring and power breaking, Evelyne Gagnon, Samah Syed, Sana Syed and Melanie Bourke. Trish Thorpe, Lucie Gagnon and Tina Ford were on the female team and Shawn Ford, Brian Thorpe, Richard Brazeau, Steeven Ouellet and Maxim Brisson were on the senior men's team.

For many of the dojang's members it was the first time they had ever competed at a world championship.

Not surprisingly Demers Taekwon-Do founder and owner Michel Demers is thrilled with the results.

"I'm very proud. I knew that they would

do well, I just didn't think that they would do that well," says Demers who started the club in Gatineau in 1983 before moving to Orléans in 1994.

Among the team members from Demers were sisters Sana and Samah Syed, mother and son Tina and Shawn Ford and husband and wife Trish and Brian Thorpe who competed internationally together for the first time.

"We were lucky to be able to go together as a husband and wife. It was a huge life-time experience. I can't imagine not doing it together," says Trish Thorpe who like her husband is a 2nd Degree Black Belt.

Tania Bariteau was the most decorated junior team member, winning a total of two individual and three team medals. She went to the World Championships, which combined competition at both the junior and senior levels for the first time, with her eyes wide open having competed at the 8th World Junior Championships in Brisbane, Australia last year as a 15-year-old.

Knowing what to expect, she used her experience to her advantage in winning a bronze medal in sparring and power breaking and then helped the junior team win silver in patterns and sparring and a bronze in power breaking.

"I didn't win any medals in Australia, but I went there more for the experience than anything," says Bariteau who is 5'1" and weighs 110 lbs. "A lot of the same people were in England, but there was a lot of new



Sixteen-year-old Tania Bariteau won two silver and three bronze medals at the ITF World Taekwon-Do Championships held last week in Birmingham, England. Fred Sherwin/Photo

people too. There were a lot more countries there."

The Grade 10 Béatrice-Desloges student started learning taekwon-do when she was just six. Her older brother joined the club and she followed. She earned her Black Belt at the age of nine and is now a 2nd Degree Dan. Like many of the other Black Belts at Demers she often trains five or six nights a week.

Her current goal is to compete at the ITF Junior World Cup in Nepal next year and beyond that, the 2010 World Championships which will be held in Ottawa.

Bariteau will be 18 at the time which is the cut-off age to compete as a junior. At the rate she's progressing, she will have a shot at five more medals including one or two gold. But for now she loves the discipline and precision that's required to excel at any martial art and taekwon-do in particular.

Since returning home, Bariteau has been spending her spare time on her computer staying in touch with some of the friends she made at the World Championships from places like Argentina, Australia and Spain.

"When you compete it's like a war, but afterwards you have fun together and you can still be friends," says Bariteau.

For more information about Demers ITF Taekwon-Do visit their website at www.taekwon-do.ca.



A contingent of athletes from Demers ITF Taekwon-do in Orléans recently returned from the ITF World Taekwon-Do Championships in Birmingham, England with a suitcase full of medals. Fred Sherwin/Photo

www.orleansonline.ca

Artscetera

Exhibit documents changing landscape of Cumberland Twp.

By Kristen Shane
City of Ottawa

Glenn Charron stands beside two images hanging side-by-side. The first is a painting of a white farmhouse surrounded by empty fields. The second is a panoramic aerial photo, taken from the same vantage point, showing the Place d'Orléans shopping centre alongside St. Joseph Boulevard. It's hard to believe the images depict the same piece of land, 50 years apart.

"For me it just shows how much things can change in a small period of time," says Charron who is the curator of collections at the Cumberland Heritage Village Museum where the 182-year-old farmhouse was relocated in 1977 to make room for the mall.

The images are a part of "Through the Lens", an exhibit created by Charron on display at the Cumberland Heritage Village Museum's Community Hall until Oct. 4.

Charron developed the idea for the exhibit after flipping through Memories of Cumberland Township, a pictorial history of the villages of Cumberland, Leonard, Sarsfield, Navan, Vars, Bearbrook and several

'lost villages' like Canaan.

The Cumberland Township Historical Society produced the book to celebrate its 20th anniversary in 2006.

"We wanted pictures that had a historical background. We didn't just want houses. It had to be... something significant, something that people could recognize, and maybe something that was lost or gone too," explains Jeannie Smith, part of the historical society executive team who compiled photos for the book.

Charron, Smith and other members of the executive selected photos from the 186-page book to be enlarged and mounted alongside some from the museum's own photo collection for the exhibition.

The photos capture both the ordinary and the extraordinary – from the construction of a silo in 1890, to Second World War tank exercises in Navan. There is even a snapshot taken in the 1980s when the building in which the exhibition is housed was moved to the museum.

Sensing others were just as curious as he, Charron started working on the exhibition early this year. He wrote text for four



One of several photos on display until Oct. 4 as part of the 'Through the Lens' exhibit at the Cumberland Heritage Village Museum. Photo supplied

corner panels which tell the history of photography through photos of the township.

In a central display case, he arranged various types of photographs, old and new cameras from the museum's large collection, film canisters, albums and lenses.

Charron extended the exhibition timeline to the present day, from the 1890-1960 era explored in the book.

Smith says it's important to preserve how landscape changes overtime so that future generations can have a permanent

record of their history.

"I'm only 57, but in my lifetime...the changes that I've seen going from Cumberland to Ottawa are drastic," says Smith. "They're growing houses instead of all these marvelous crops. And everybody is in such a rush. People don't have the connections to their past like they once did."

"Through the Lens" can be seen in the Cumberland Heritage Village Museum's Community Hall, 10 a.m. to 5 p.m. from Wednesday through Sunday until Oct. 4.

Community calendar

FRIDAY, AUG. 31

LIVE ENTERTAINMENT at the Orleans Legion, 800 Taylor Creek Rd. from 7:30 p.m. to 11:30 p.m. The dining room will be open from 5 p.m. For more information visit www.rcl632.com.

SINGER SONGWRITER TERRY TUFTS will be performing at Jacques' Trap Roadhouse in Carlsbad Springs from 7:30 p.m. to 11:30 p.m. Free cover. For more information visit www.jacquestrap.ca.

SATURDAY, SEPT. 1

CUMBERLAND FARMERS MARKET from 8 a.m. to 1 p.m. Located next to the Cumberland Arena on Dunning Road. Fresh organic fruits and veg-

etables grown by local farmers.

DISCO NIGHT at Jacques' Trap Roadhouse in Carlsbad Springs for cash and prizes. First place contestant gets \$500. For more info visit www.jacquestrap.ca.

TUESDAY, SEPT. 4

BINGO BUS -- The Orleans Lions Club is providing a free bus service to the Rockland Bingo in partnership with the Rockland Lions Club every Tuesday night. Stops at St. Joseph Church, Place d'Orléans and the Cumberland Arena.

WEDNESDAY, SEPT. 5

LEEMING DANCEWORKS REGISTRATION from 5 p.m. to 8 p.m. at 1580

Youville Dr. Course offered for students from three to adult in ballet, jazz, tap and hip hop. For more information visit www.leeming-danceworks.com.

GLOUCESTER-CUMBERLAND BASKETBALL ASSOCIATION REGISTRATION from 7 p.m. to 9 p.m. in the cafeteria at Sir Wilfrid Laurier Secondary School on Tenth Line Road. Programs for youth age eight to 19 as well as the junior tykes introductory program for boys and girls age 5-7. Fee for fall/winter program is \$190.

THURSDAY, SEPT. 6

LEEMING DANCEWORKS REGISTRATION from 5 p.m. to 8 p.m. at 1580

Youville Dr. Course offered for students from three to adult in ballet, jazz, tap and hip hop. For more information visit www.leeming-danceworks.com.

FRIDAY, SEPT. 7

LEEMING DANCEWORKS REGISTRATION from 5 p.m. to 8 p.m. at 1580 Youville Dr. Course offered for students from three to adult in ballet, jazz, tap and hip hop. For more information visit www.leeming-danceworks.com.

OTTAWA SWIM CLUB REGISTRATION from 5 p.m. to 6 p.m. at the Ray Friel Centre. Developmental courses offered twice a week. For more information visit www.ottawaswim-club.ca.

SATURDAY, SEPT. 8

GARAGE SALE hosted by the East Ottawa Community Resource Centre in the parking lot at the Beacon Hill Shopping Centre on Ogilvie Rd., just east of Montreal Road. Proceeds to benefit the many programs provided by the EOCCRC.

QUEENSWOOD HEIGHTS BASKETBALL ASSOCIATION REGISTRATION for Co-ed Basketball ages 8-10 and 11-14 from 9 a.m. to 11 a.m. at Jeanne Sauve School, 1917 Gardenway Cres. Games are played Saturday mornings from September to April at Jeanne Sauve School. For more information call Dave Armstrong at 613-824-4407, or e-mail darmstrong@sympatico.ca.