

The Eastender

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November 1, 2007

Your environmentally friendly community newspaper

Volume 6, Issue 47



Ashley Roos manages to smile after receiving a cheque for \$4,000 to help pay for her tuition. Roos is planning to go back to school in January. Fred Sherwin/Photo

Police bust home-based day care

By Fred Sherwin
The Eastender

The owner of a private home-based day care in Queenswood Heights has landed herself in hot water after the police found at least three toddlers left in her care confined to a playpen in the furnace room of her Turner Crescent home.

The police were following up on a complaint they received from a parent who claimed their child had been returned to them

with a black eye, bruises and cuts, when they found the toddlers in the furnace room during a visit to the day care on Monday.

The day care operator, H el ene Ranger, 49, has been charged with four counts of forcible confinement and one count of obstructing a policy officer.

She was arraigned on Tuesday and remains in police custody.

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Orl ans paintball victim anxious to get on with her life

By Fred Sherwin
The Eastender

Six months after being shot in the eye during a random drive-by paintball shooting, Ashley Roos is anxious to get on with her life and put the senseless attack behind her.

The 21-year-old Orleans resident recently went back to work and plans to go back to school in January to continue her studies to become a teacher.

In order to help her get on with her life, a group of paintball operators presented her with a cheque for \$4,000 at a ceremony on Monday to help pay for tuition.

Still unable to see out of her left eye, Roos accepted the cheque from Tom Poirier, owner of JTS Military Surplus

and Paintball Supplies, and Dave Pitts, owner/operator of Commando Paintball Games, as her parents Jan and Steve Roos looked on.

Speaking on behalf of her daughter, Jan Roos said Ashley is "doing great" and looking forward to going back to school.

"I promise I will put it to good use," Mrs. Roos said speaking from a prepared statement written by her daughter. "I can't wait to get back to school in January and it will be nice to have a stress-free semester."

Ashley has already undergone two major surgeries and is scheduled for a third operation to replace the lens in her left eye next spring.

"At this point the doctors are telling us it looks good, but there's a 40 per cent chance that she'll never see again and a 60 per cent she'll regain some eyesight," said her father Steve Roos.

Ashley was shot in the eye while waiting for a bus with her boyfriend at Orleans Blvd. and Lumberman Way on May 7.

Within days of the shooting the police arrested 20-year-old Jean-Luc Archambault of Gatineau, and his 17-year-old girlfriend after receiving a tip from a mutual acquaintance.

Archambault was behind the wheel of the car at the time of the incident and his girlfriend allegedly fired the gun.

The pair are currently awaiting trial.

Orl ans Ward Coun. Bob Monette believes the publicity surrounding the case has made parents more aware of the potential danger of paintball guns.

"I received many messages from parents who didn't know what the potential harm was," said Monette who organized a public forum on the dangers of paintball guns last June. "They never realized that using a paintball gun could have such a serious effect."

To further hammer home the point, Monette reminded people that paintball guns are considered firearms under the city's Discharge of Firearms By-law and that firing the guns in the open, including target practice, is subject to a \$5,000 fine.

Community briefs



Bulldozers have begun the task of demolishing the old fire hall on Tompkins Road to make way for an affordable housing development. Fred Sherwin/Photo

MPP McNeely given new parliamentary assistant job

OTTAWA — Ottawa-Orléans MPP Phil McNeely has been given a new job. The former parliamentary assistant to Transportation Minister Donna Cansfield is now parliamentary assistant to David Caplan, Minister of Public Infrastructure Renewal. In his new position McNeely will help oversee the renewal of the province's hospitals, schools, roads and public transit.

Gloucester student charged for making bogus 9-1-1 call

GLOUCESTER — A 15 year-old student has been charged with mischief in connection with a bogus 9-1-1 call that forced a lockdown at Gloucester High School on Oct. 24. The student was charged Thursday night and released into his parents' custody on a promise to appear. The youth is among five individuals charged with making a rash of hoax 9-1-1 calls at more than half a dozen high schools over the past three weeks.

Teen in critical condition following weekend accident

ORLÉANS — A teenager was left in critical condition after the car he was driving slammed into a lamp post at the corner of Charlemagne Boulevard and Princess Louise Drive at 11:35 p.m. on Saturday night. Police believe high speed may have played a role in the accident.

Toddlers found confined to basement furnace room

> **CONT'D FROM PAGE 1**

Members of the Ottawa Police Service descended on the Turner Crescent home early Monday morning accompanied by several case workers from the Children's Aid Society.

When they arrived they found 11 children on the premises which is six more than is allowed by law.

Under provincial regulations, an unlicensed day care can have no more than five children.

Investigators spent most of the day interviewing parents as they came to pick up their children in an effort to find additional evidence.

Several residents on the quiet street expressed surprise and even

shock at the turn of events, saying that Ranger and her husband have been model neighbours as long as they've known them.

As far as anyone can tell, Ranger has operated a day care on the premises for at least 15 years.

Under the Ontario Day Nurseries Act, if an unlicensed day care offers services to more than five unrelated children the operators can be fined a maximum of \$2,000 for each day the facility was unlawfully run.

The police are asking anyone with information about the Turner Crescent day care to call Det. Leanne Blais at 613-236-1222, ext. 5946, or Crime Stoppers at 613-233-TIPS.

Organizers extend deadline for Orléans Youth Awards

Organizers of this year's Orleans Online Outstanding Youth Awards have extended the deadline for nominations until this Friday at 6 p.m.

The awards are open to anyone 17 years of age or younger as of Sept. 1, 2007 residing east of St. Laurent Blvd.. Each nominee will be judged on their accomplishments between Sept. 1, 2006 and Aug. 31, 2007.

This is the fifth year the Youth Awards have been in existence. Last year, 49 young people between the ages of nine and 17 were nominated and 22 awards were handed out at a gala presentation ceremony at the Orléans Theatre. The awards were established by OrleansOnline.ca and *The Eastender* as way to recognize the extraordinary talents and abilities of east end youth in the areas of community service, athletics, academics and the arts.

Unlike other awards which honour a single recipient in a specific category, the Orléans Online Outstanding Youth Awards are not based

on any predetermined categories, rather each submission is judged on its own merit by an eight member panel made up of prominent members of the community.

Working independently, each panel member goes over the submissions and compiles a list of those they feel are deserving of an award.

Entries are welcome in both French and English and should include the name, address and phone number of both the nominee and the nominator as well as a short résumé listing the nominee's accomplishments.

All recipients and runners up will be notified two weeks prior to the award ceremony which will take place on Saturday, Nov. 24 at the Orléans Client Service Centre on Centrum Boulevard.

Nominations can be sent by e-mail to OYA@orleansonline.ca or mailed to P.O. Box 230, 5929L Jeanne d'Arc Blvd., Orléans K1C 7K2.

For more information visit www.orleansonline.ca/OYA.htm.

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Sens duo descends on Place d'Orléans

By Fred Sherwin
The Eastender

Lindsay Masterson and Chantal Harvey don't plan on washing their stomachs anytime soon after getting them autographed by Mike Fisher and Antoine Vermette during an appearance by the two Ottawa Senator stars at Place d'Orléans Monday night.

The two girls were among more than 200 diehard fans who lined up for as long as two hours to meet Fisher and Vermette at the Bell World boutique.

"I'm obsessed with the Sens. My whole room is covered with Sens stuff," said Masterson, who found out about the appearance at the last minute. "A friend called me and then saved me a place near the front of the line. If I had of known earlier I would have brought a my jersey to get signed."

While Masterson would have preferred to have her stomach signed by her favourite player Chris McGratton, neither girl minded having Vermette or Fisher do the honour. "They're both hot," said Harvey.

Among those who lined up for an autograph or an opportunity to have their picture taken with the two Sens stars were sisters Cassidy, 8, and Ashley Breton, 10, and mom

Lori McLeod and her 10-year-old daughter Samantha who let the cat out of the bag when she informed Fisher, "My mom's in love with you."

"I've been a huge Fisher fan for years," said McLeod who finally got her Mike Fisher Sens jersey signed after seven years. "When they announced they were going to be here I started getting all kinds of phone calls from my friends."

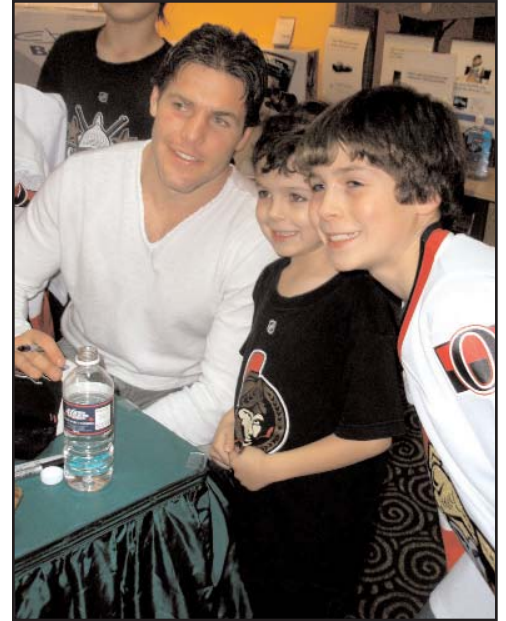
It's hard not love Fisher and Vermette who stayed well past the one hour scheduled appearance to make sure everyone got an autograph.

"It always nice to come out and meet the fans. They've always been there for us, so it's nice to be able to give a little back," said Fisher who's been a big part of the Sens early season success.

In their first 10 games, the Sens are 9-1 and currently in first place in the Eastern Conference with two games in hand.

Fisher and Vermette have been a big part of the Sens' success, contributing six points each.

According to Fisher, the team's chemistry has never been stronger due partly to last season's playoff run and the fact that the team has been kept relatively intact.



Two young fans pose for a picture with Sens superstar Mike Fisher during an autograph session at Bell World in the Place d'Orléans shopping centre on Monday. Fred Sherwin/Photo

"That's a big part of it for sure," said Fisher. "Going as deep in the playoffs as we did and we're still a really young team."

Legion launches local Poppy campaign

By Fred Sherwin
The Eastender

The Remembrance Day poppy has become one of the most recognizable symbols in Canada. Every year millions of Canadians dawn the bright red poppy shaped pins in exchange for a small donation without a second thought as to where the money goes.

More than 18 million poppies are distributed annually, raising millions of dollars in support of ex-servicemen and women and their spouses. The funds are held in trust and distributed in accordance with an established set of guidelines.

Frank Stacey is the chairman of the Poppy Fund Committee for Branch 632 of the Royal Canadian Legion in Orléans. The committee is responsible for distributing the poppies, collecting the proceeds and administering the trust fund.

The lion's share of the money is used to pay for various amenities for ex-service members staying at the Rideau Veterans Centre. A portion of the proceeds also goes to provide Meals on Wheels for local veterans living at home, or to meet specific requests.

"A veteran or a family member can make a request and if it meets the guidelines of the Poppy Campaign then it is usually met," says Stacey who is a veteran himself, having served as a peacekeeper in the Middle East in 1978. "The intent of the program is to improve the quality of life of veterans

and make their lives more comfortable."

Improving the quality of life of veterans can mean anything from providing them with a pack of cigarettes once a month to buying them a motorized scooter so they can get around more easily.

"For a lot of these guys, particularly those staying at the Rideau Veterans Centre, if we didn't buy them some of these things, they'd have to go without," says Stacey.

Money raised through the Poppy Campaign also goes to help support the army and air cadet programs; scholarships for children of deceased veterans; the Canadian Cancer Society, the Heart and Stroke Foundation and the Alzheimer Society of Canada.

Rather than waning, the Poppy Campaign continues to grow year after year, due in large part to events like the opening of the Canadian War Museum, the Year of the Veteran and the dedication of the Tomb of the Unknown Soldier.

Orléans has always been super generous when it comes to donating to the Poppy Campaign as evident by the fact that more than \$72,000 was raised locally last year, setting yet another record.

Stacey started getting calls to empty donation boxes and refill them with more poppies within hours of dropping them off.

"The response so far has been fantastic," says Stacey, who attributes the flood in poppy sales to the Canadian military's involvement in Afghanistan.



Members of the Orléans Legion will be selling Remembrance Day poppies over the next two weeks at a number of locations including the Innes Road Walmart, Zellers in Place d'Orléans and the Real Canadian Superstore. File photo

Point of purchase donation boxes can be found in businesses throughout the east end, while members of the Legion will be manning kiosks in Walmart and the Great Canadian Superstore on Innes Road and Zellers in Place d'Orléans from 11 a.m. to 6 p.m. everyday until Nov. 11.

The Eastender

Fred Sherwin
Editor & Publisher

To submit a letter to the editor to *The Eastender* e-mail the-eastender@orleansonline.ca.

Letters should be limited to 250 words.

The Eastender reserves the right to edit correspondence for length with a commitment to maintaining the integrity and spirit of the content.

Disgusting

So the Chinese government thinks Prime Minister Stephen Harper's official meeting with the Dalai Lama earlier this week constitutes "disgusting conduct". Well I have a message for the Chinese government – "Screw you!"

Disgusting conduct? You've got to be kidding me. I'll tell you what constitutes disgusting conduct. How about the abduction, arrest and violent intimidation of dozens of perceived dissidents who the Chinese government feared might protest the recent Chinese Communist Party Congress. Or the edict released by a high ranking Communist Party official stating "harshly penalizing one person in order to ... frighten many more into submission," is a legitimate policy heading into the 2008 Olympics. Now that's "disgusting conduct".

The murder of hundreds of peaceful demonstrators in Tiananmen Square in 1989 was "disgusting conduct", as is the continued persecution of the Tibetan people and practitioners of Falun Gung.

If Canada and other Western countries are guilty of disgusting conduct it's in their continued willingness to turn a blind eye to Chinese human rights abuses in order to make a buck.

And what do we get in return? The potential poisoning of thousands of children by lead paint laden toys made in China. Wonderful!

The sad irony is that by continuing to do business with China (\$1.3 billion at last count), the west is prolonging the continued existence of the Communist Party and, in turn, further human rights abuses.

More trade means more jobs. More jobs means greater affluence. Greater affluence means the people are less likely to cause any problems such as plotting to overthrow the government. A booming trade surplus also allows the Communist Party leaders to drive around in Mercedes, smoke expensive cigars and drink cognac.

So the Chinese government can beat their chests all they want and feign outrage over Canada rolling out the saffron-coloured carpet for the Dalai Lama, the truth is that it's nothing but a lot of hot air.

In the meantime, kudos to Prime Minister Harper for doing what is right over what is expedient. I just can't help but wonder if he would have agreed to the "official" meeting if President Bush hadn't extended the Dalai Lama the same courtesy first?

– Fred Sherwin, editor

Time has come to establish private day care registry

By now, everyone's heard about the home-based day care operator in Queenswood Heights who's been charged with four counts of forcible confinement regarding four toddlers under the age of two. And if you're like me you're still somewhat shocked that this type of thing could happen on a quiet residential street in Orléans and even more shocked that it happened under the noses of the parents who entrusted their children to the women in question in the first place.

Since the story broke I've received several e-mails from people which have led me to believe that there might be something to the charges.

They've also raised a number of disturbing questions and a glaring void in the current system.

A quick call to the Ontario Ministry of Children and Youth Services, revealed that there is no process by which parents can do background checks on unlicensed private day cares or even register a complaint.

If you happen to employ the services of a private home-based day care and believe your child has been mistreated you're only avenue is to call the Children's Aid Society who will follow up on your complaint by interviewing the day care operator.

But here's the rub, if nothing comes out of the interview and no further action is taken, the complaint can be expunged from the CAS records through a request by the day care operator usually within a couple of weeks of the interview. And even if the complaint was kept on file, the CAS is not permitted to divulge the information to members of the public

for obvious reasons.

All of this to say that it's impossible to do any sort of background check on a private home-based day cares outside of asking for a couple of references that may not be worth the paper they are written on.

So what is a parent to do? First of all, don't send your child to a private home-based day care unless you personally know the operator.

Even then don't be afraid to ask questions such as what is the

maximum number of children in their care and what are their ages.

Younger children need more attention than older children.

If they have more than five go somewhere else.

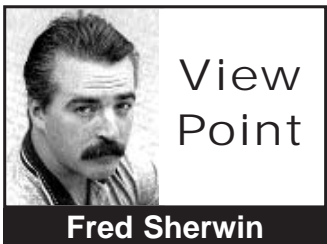
Also, ask them if it's okay to make unannounced visits to check up on your child. If they hesitate to answer or say that they would prefer you called first, your Spidy senses should start tingling.

Finally, ask for contact information for the other parents so you can do further research.

Last but not least, never assume anything and don't be afraid to talk to your children about what they did or how they're being treated.

After everything is said and done, however, it's clear that there's a definite need for some sort of registry of private home-based day cares. I don't care if the province establishes one or the city does, but parents should be able to pick up a phone, call a number and ask if there's been any problems with such and such a day care or day care operator.

All you need is a computer, a person to process the calls and the political will to do the right thing.



View Point

Fred Sherwin



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Keep fit in the comfort of your own home

By Fred Sherwin
The Eastender

As the days grow shorter and the mercury begins to plummet, it's becoming more and more difficult to stay in shape.

One way to beat the bulge and maintain your waistline during the winter months is to purchase a piece of exercise equipment from Robertson Fitness Equipment on Innes Road.

At Robertson Fitness Equipment they have the latest in elliptical machines, stationary and recumbent bikes, stair climbers and treadmills made by such industry stalwarts as Pro-Form, Reebok and Health-rider. They also carry a complete line of York free weights and dumbbells as well as home gyms by Weider.

Located in the same building as Robertson Rent All, Robertson Fitness Equipment has a number of floor models for you to test drive.

Prices for elliptical machines range from \$399 to \$799, treadmills range from \$799 to \$1199 and exercise bikes can be purchased from anywhere between \$349 to

\$839 – all sale priced.

Of course, if you're not sure which piece of equipment would best suit your needs you can always rent them for a month and if you decide that you want to purchase it they will waive the rental fee as well as the delivery fee.

Rental rates vary depending on the machine. The basic rate for a treadmill is \$96 per month for the regular model and \$200 per month for a programmable model.

Elliptical machines can be rented from \$85 per month depending on the model, while a stair climber will run you \$48 per month. You can also rent a standard exercise bike for \$60 per month or one with all the bells and whistles on it for \$100 per month.

Robertson Rent All and Robertson Fitness Equipment are located at 4380 Innes Road, next to the McDonald's.

For additional information about the services they offer and the products they have for rent or sale visit their website at www.robertsonrentall.com.



Robertson Fitness Equipment on Innes Road has a large selection of exercise equipment for both sale and rental. Fred Sherwin/Photo

Local business

Dedicated to dance, committed to excellence

Special to The Eastender

For more than 20 years the Leeming Danceworks studio in Orléans has been producing top notch competitive dancers while providing a healthy, positive learning environment through fun and energetic classes at both the competitive and recreational levels.

Owner Sharon Leeming Mann and the dedicated staff at Leeming Danceworks are committed to providing the highest standards of dance instruction for those wishing to pursue a professional career as well as students who simply want to dance for recreational enjoyment.

Classes are offered for both male and female students from three years old to adults.

Levels of instruction range from beginner to advanced in the various disciplines of kinderdance, tap, ballet, jazz and hip hop. Examination and competition results reflect the talents of the studio's highly qualified staff.

In the past four years, students have received the prestigious American Dance Awards Regional titles of Dancer of the Year 15 times, as well as Mini Miss, Mini Mister, Junior Miss, Junior Mister and Teen Mister Candance from 2002 to 2006.

Most recently they received the top overall marks in four different categories at the Ottawa Regional CanDance competition

held in April 2007, including junior solo female, top intermediate solo male, top senior small group and top production. The studio was also rewarded for having the best artistic program and placed second in junior small group, junior duet or trio and senior small group.

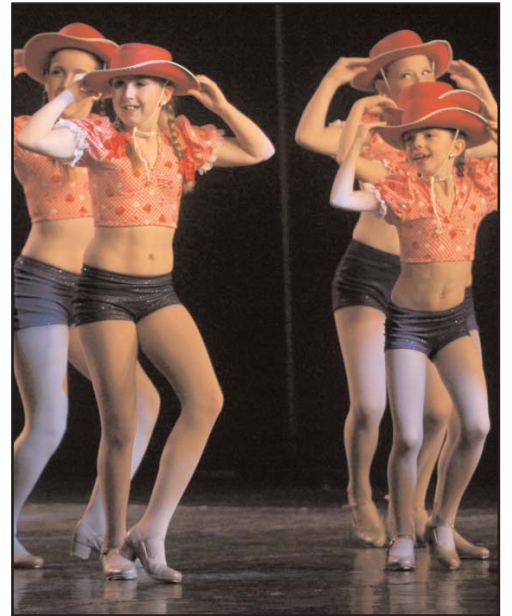
The opportunity to perform is offered to all Leeming Danceworks students during the Annual Dance Showcase recital held every spring, at various community and charity functions and in competitions.

Leeming Danceworks students have been accepted at the National Ballet and the Royal Winnipeg Ballet summer schools and to the Ryerson Dance Program. Former students have gone on to careers in teaching, performing and directing their own schools using the invaluable skills taught and opportunities offered at Leeming.

Above all else the staff at Leeming Danceworks strives to instill a love of dance in all their students by guiding and nurturing them to their fullest potential.

In order to be able to better fulfill their mandate, Leeming Danceworks underwent a major expansion in 2004, taking over an adjacent unit at their 1420 Youville Drive location. The school now has three large studios, larger changing and waiting rooms, more bathrooms and even a kitchen and homework room.

Besides its regular line-up of classes,



Leeming Danceworks on Youville Drive in Orléans has been synonymous with excellence in dance for more than 20 years. File photo

Leeming Danceworks also offers a Summer Camp program, guest teacher workshops and birthday parties for both students and non-students.

For more information about Leeming Danceworks you can visit their website at www.leemingdanceworks.com or call them at 613-830-5230.

Local sports

Colonel By wins girls aggregate title at NCSSAA cross-country championships

By Fred Sherwin
The Eastender

The Colonel By Cougars cross-country running team had a field day on Thursday winning the girls aggregate championship at the National Capital secondary school cross-country championships by three points over two time defending champion Glebe.

The midget girls team led the way with a first place performance in the three kilometre race. Kathryn Tuck won the event by eight seconds over Allanna Macauley from Earl of March in a time of 12.04:91, while fellow Cougar Rachelle Beanlands came in third in 12.20.83. Kathryn Cyr and Yolande Winegarden finished 24th and 25th respectively.

Beatrice-Desloges placed second in the midget girls standings with Julie Lopez (3rd), Emilie Huot (9th), Stephanie Lamb (20th) and Kaitlin Carminico (47th) all earning an invitation to the OFSAA provincial championships next week in Niagara Falls. The top two teams in each event qualified for the provincials as well as the top three runners who didn't qualify as part of a team.

Besides the midget girls team, the Cougars' junior girls squad made up of Emily Cassidy (9th), Anneke Winegarden (20th), Brittany Sinclair (33rd), Melissa Love (42nd) and Lea Kaindl (51st) will also be going to Niagara Falls thanks to their second place performance on Thursday.

The Cougar's senior girls team came within a runner of qualifying for the provincials as well, but couldn't pull off the

trifecta. Instead, Lindsay Anderson will be the lone senior member of the team after winning the senior girls event in 20.04:25.

The triathlon specialist beat out fellow triathlete Sarah Boyd from All Saints by more than eight seconds.

"The weather was perfect. I tried not to kill myself on the first hill and just ran the first loop relaxed. Then on the second loop, I ran the second hill strong and Sarah started to fall back," said Anderson in describing the race.

Despite her impressive performance at Mooney's Bay, Anderson knows she'll have to run a lot faster if she hopes to medal in Niagara Falls.

At a pre-OFSSAA met held a couple of weeks ago the winning time was 17:48 and Jessica Parry and Amanda Truelove, two of the top senior cross-country girls in the province, weren't there.

Anderson recently ran under 19 minutes in placing seventh at a race at Queen's University.

"That was huge for me. It was really encouraging," said Anderson, who finished second in the junior girls event at last year's OFSAA championships and placed sixth at the Canadian Junior Triathlon Championships over the summer.

Other individual runners who will be competing in Niagara Falls include Julia Francki from Sir Wilfrid Laurier who finished fourth in the midget girls race; Gabriel Skupek-Martin from Louis Riel who placed second in the midget boys event; and Tim Huebsch from Gloucester who finished fifth in the senior boys race.



Lindsay Anderson from Colonel By Secondary School crosses the finish line ahead of Sarah Boyd from All Saints to win the senior girls event at the NCSSAA cross-country championships on Thursday. Fred Sherwin/Photo

Among the local athletes who finished in the top 10 in their respective races include Nicole Francki from Sir Wil finished fifth in the senior girls race; Alana Somerville from Cairine Wilson placed seventh in the senior girls event; Scott Bergeron from Sir Wil finished 10th in the senior boys race and Cindie Houde from Garneau placed 10th in the junior girls event.

Former St. Pete star living her hoop dreams

By Fred Sherwin
The Eastender

Two years after leading the St. Peter Knights senior girls basketball team to back-to-back city championships, Courtney Pilypaitis is still pursuing her hoop dreams while on a scholarship at the University of Vermont.

Pilypaitis is about to start her sophomore season with the Catamounts who finished third in the America East Conference last year and made it all the way to the conference semi-finals.

On a personal note, Pilypaitis had an amazingly successful freshman season last year. She was the team's highest scorer, averaging 13.7 points per game, and ranked second in rebounds (5.3 pg) and steals.

She scored in double figures 22 times, including a streak of 12 straight games and was one of only four rookies in the country

to lead their team in scoring at the Division I level. For her efforts, she was a unanimous choice for America East Rookie of the Year.

After completing her first year at Vermont, she was invited to the Team Canada U21 tryouts and made the team.

During the U21 FIBA World Championships in Moscow, she averaged 2.8 points and 1.4 rebounds per game coming off the bench. Her best outing was a 10 point performance in 10 minutes against China in a game Canada won 78-54.

After the tournament, Pilypaitis returned to Orléans for six days and then was off to the U19 Team Canada training camp in Mississauga. Ten days later they were jetting off to Bratislava, Slovakia for the FIBA U19 World Championships.

Courtney was named a co-captain of the team and averaged 5.3 points, four rebounds and 1.7 assists per game before being a side-

lined with a back injury halfway through the tournament.

Her back was so sore that she had to stand up for the entire eight hour flight from London to New York City. When she finally arrived in Vermont, she received treatment and is now 100 per cent and raring to get the season started.

"I feel great. I had a pretty good year last year and I just want to build on that," says Pilypaitis whose long range goal is to make the women's national team and perhaps play in the Olympics.

Pilypaitis still keeps in touch with former teammate and friend Stephanie MacDonald who is in her final year at St. Pete's and is currently considering scholarship offers from a number of Division I schools including Vermont.

"I'd love her to come here. I think it would be great," says Pilypaitis.

Local sports

St. Peter Knights no match for defending champs

By Fred Sherwin
The Eastender

For about 28 minutes last Friday, the Senior Boys Football team played the St. Mark's Lions about as well as any team has all year.

Down 3-0, the Knights' defense had done a good job in keeping the Lions' offense in check, while St. Pete's offense was trying to find their legs.

Then the bottom fell out. With just under two minutes left in the first half, the Lions connected on what would be the first of three touchdown plays over 90 yards.

Tristen Bailey hauled in a pass at around the 40 yard line and then sprinted 70 yards down the sideline for a 106 touchdown.

It was the Lions second big play of the game. Earlier in the half, the Lions ran back a missed field goal to inside the Knights' 20-yard line which led to their first three points.

After the Lions scored their big touchdown, the Knights were able to get into field goal position in the dying seconds thanks to a 45 yard pass from Matt Magee to Geof Coventry to set up a 25 yard kick by Kevin Joyce. The score at half-time as 10-3 Lions.

Unfortunately for the Knights, the situation quickly went from bad to worse. After

Joyce missed his second field goal of the game early in the third quarter, Shane MacDonald caught another long bomb covering 96 yards for the Lions' second touchdown of the game and then Bailey hauled in a 93 yarder on the next possession to put St. Mark's up 24-3.

On the ensuing kick-off the ball rolled into the end zone for a single point to give St. Mark's a 21 point advantage.

With the game still in the third quarter, the Lions blocked a field goal attempt after the Knights had managed to move the ball down field thanks to some solid running by Parker Morrison and Olivier Pinard. On the Lions' second down from scrimmage, Cassius Henry carried the ball 75 yards unimpeded for St. Mark's third touchdown of the quarter and fourth of the game.

The Lions would add three more points in the fourth quarter on Josh Doyle's second field goal of the game to make the final score 35-3.

It was a humbling loss for the Knights, who have to play without the services of fifth year senior quarterback Reidar Vollebekk for the rest of the season after he broke his collar bone in a 13-13 tie with St. Joseph's on Oct. 11.

Matt Magee and Richard Obas are sharing the quarterbacking duties for now and are doing a fairly decent job considering they have to learn the position on the fly.

Unfortunately they only have a week



St. Peter Knights' running back Parker Morrison is taken out of bounds by a St. Mark's defender during third quarter action in their game on Thursday. Fred Sherwin/Photo

off before the playoffs begin and their first round opponents will be St. Matt's who are a lot better than their 2-4 record would suggest.

If they get by the Tigers they'll have to play either Sir Wil or St. Mark's both of whom are the odds on favourites to meet in the city championship.

Lady Knights on a roll heading into playoffs

By Fred Sherwin
The Eastender

The St. Peter Knights senior girls basketball team has the St. Matt's Tigers Senior Girls Basketball

After losing to the Tigers back in September, the Knights have won their last two meetings by an average of 14 points.

They beat the Tigers by 16 points in the final of the All-Ontario Catholic Classic in Kingston on Oct. 20 and then four days later they handed St. Matt's their first loss of the regular season, downing them 60-47 at St. Pete's.

Knights' head coach Mario Gaetano says it was just a matter of time before his team became a bona fide championship contender.

"Aside from Stephanie and Dayna we're a very young team. We have three Grade 10s and a Grade 9. They're gaining more experience and confidence with each game and showing some real positive growth which is nice to see," says Gaetano.

One of the players who's really come along of late is Grade 9 guard Meghan Kent who started for the Knights in the semi-finals of the Catholic Classic and is

getting a substantial number of minutes coming off the bench.

But the Knights know they'll only go as far as MacDonald and Dover will take them. MacDonald is one of the best players in the province and Dover a fifth year senior who provides a solid presence on both sides of the court as well as the locker room.

In Wednesday's game against St. Matt's, the two girls set the tone early on scoring all 21 of the Knights' points in the first quarter. MacDonald was especially sharp with five baskets including a pair of three point shots.

St. Pete's cooled off slightly in the second quarter allowing the Tigers to get back in the game. Dana Rae Sommerville scored seven and Jessica Bureau added five points to help shrink the Knights' lead to 31-28 at the half, but that was as close as they would get.

The third quarter was all St. Pete's as the Knights went on a 20-9 run led by Dover who scored seven points including her second three point shot of the game. MacDonald and Kent also nailed shots from beyond the arc to give the Knights a 14 point lead heading into the final stanza.

Determined not to suffer a fourth quarter collapse as they did against the Tigers in

September, the Knights kept their cool, took the fouls and promptly made five out of six free throws to win the game 60-47.

The Knights wrapped up their regular season schedule yesterday with a 65-47 win over Colonel By, while the Tigers easily defeated the Beatrice-Desloges Bulldogs to set up a first place showdown with the St. Patrick's Fighting Irish on Thursday in a game that will decide the top three seeds in the east.

If St. Patrick's wins they will get the top seed and the Knights and Tigers will have to argue their case to see which team is awarded the second seed.

St. Matt's will argue that they should be ranked second because of they have a better +/- points differential in their two regular season match-ups, while the Knights will use their two recent wins over the Tigers to argue they should be ranked second.

Should St. Matt's beat the Fighting Irish, then they will be seeded first, St. Pat's second and St. Peter third. At stake is home court advantage in the East Conference final.

The Knights are trying to get to the 'AAA' city championship for the fifth year in a row, while the Tigers haven't been to the 'AAA' senior girls title game since they won it all in 2001.

Tyke, mosquito Panthers advance to B-Cup finals

By Fred Sherwin
The Eastender

The Cumberland Panthers will get two shots at winning a B-Cup championship next weekend after both the tyke and mosquito teams won their respective "B" Division semi-finals on Saturday.

The tyke team totally dominated the Bell Warriors, winning 30-6 at Sir Robert Borden High School, while the heavily favoured mosquito squad rebounded from last week's disappointing loss to the Myers Riders in the "A" Division quarterfinals to pound the Orleans Bengals 36-0.

In the tyke semi-final, the Panthers took an early 2-0 lead on a safety by Jonathan Papillon and then scored a pair of touchdowns in the second quarter – one by Javontae Nelson on a 16-yard sweep and the other by Kurt Hennebery on a quarter-back keeper – to go up 14-0 at the half.

Two more touchdowns by Nelson and Patrick Madore and a pair of two point converts by Andre Lamoureux would give the Panthers a 30-0 lead heading into the fourth quarter.

A late score by the Warriors on the final

series of the game made the final score 30-6.

The tykes will face the North Gloucester Giants in the B-Cup final. The Giants beat the Gatineau Vikings 45-32 on Sunday.

A week after losing to the Myers Riders by a single point in the "A" Division quarterfinals, the mosquito Panthers took out their frustration on an overmatched Bengals team.

Touchdowns by Jaylen King, Jacob Molinski and Tyrone Pierre along with a pair of two point converts by Molinski gave the Panthers a comfortable 22-0 second quarter lead.

About midway through the quarter, Corey Constantini intercepted a Jacob Fox pass to set up a 15-yard touchdown pass from Molinski to James Haggarty.

King's second touchdown of the game in the third quarter would make the score 36-0, which is how the game ended.

The only team that stands between the mosquito Panthers and the "B" Division championship are the Nepean Redskins who shutout the Canterbury Mustangs 20-0 in Saturday's other "B" Division semi-final.



Cumberland Panthers' running back Brandon Shepherd is tackled by an Orleans Bengals defender during their mosquito B-Cup semi-final on Saturday. Sean O'Brien/Photo

The two teams will hook up at Minto Field next Saturday in the 11 o'clock game.

Panthers advance to NCAFA bantam championship

By Fred Sherwin
The Eastender

The Cumberland Panthers kept their string of consecutive city championship appearances alive on Sunday thanks to a 23-17 win over the Gloucester South Raiders in the bantam A-Cup semi-final.

The Cumberland Panthers football club has won a city championship in each of the past seven years including last year when they won the peewee title.

With this year's peewee team already losing to the Nepean Redskins earlier in the day and the tyke and mosquito squads having been relegated to the "B" Division playoffs, the club's hopes of keeping their string alive came down to the bantam squad, many of whom played on last year's peewee championship team.

The Panthers took a 1-0 lead in the first quarter against the Raiders on a missed field goal attempt by Ryan Begin. Harry Short then scored on a spectacular 65 yard run up the middle in the second quarter to give Cumberland an 8-0 lead.

The Raiders responded with a scoring drive of their own on their next possession to narrow the deficit to 8-7.

Nursing a one point lead, the Panthers struck again in the third quarter on a pass from Alex Skinner to Daneel Lavigne. The Panthers then went for the two point conversion to make the score 16-7.

Cumberland then went up 23-7 in the fourth quarter on a 15 yard pass from Skinner to Kevin Wojick.

With time winding down, the Raiders managed to score on a 23 yard screen pass from Caleb Karam to Art Nault and then added the two point conversion to cut the Panthers lead to 23-15.

Things would get interesting in the dying seconds when the Panthers decided to concede a safety with 13 seconds left on the clock rather than risk punting the ball into the wind. Down by a touchdown, the Raiders elected to take the ball on their own 35 and try a Hail Mary pass instead of having the Panthers kick off from their own 35. When the long pass attempt was broken up and the ball fell to the ground, the Panthers immediately started celebrating.

In the post game huddle, head coach Tony Skinner tried to put the game in perspective while reminding his players they still have a job to do.

"We're closer to our ultimate goal. If we come out and execute the way we did today we're going to be a formidable team," said Skinner.

The Panthers will definitely have their work cut out for them in the city championship game which will pit the East Division champions against the West Division champion Myers Riders who demolished the North Gloucester Giants 35-0 in the weekend's other semi-final.

Unfortunately the season came to a premature end for the Panthers peewee team which lost 20-14 to the Nepean Redskins on a controversial trick play.

The Panthers dug themselves into a hole from the get go when the Redskins ran the opening kick-off back 75 yards to take an early 6-0 lead. Rather than get flustered, the Panthers buckled down and eventually scored on a 45-yard pass from Marcus Blais to Nicholas Paunache.

Earlier in the quarter, the Panthers defence, led by Olivier Miguel, stopped the Redskins five times from inside the five yard line. Miguel made two solo tackles in

the backfield including a bone crunching hit on third and four that prevented a touchdown.

After half-time, the Panthers went up 14-6 on a 26 yard touchdown run by Jamarr King that capped a 56 yard drive.

On the ensuing kick-off, a breakdown in containment led to another long return by the Redskins down to the Panthers' 35 yard line. Three plays later, Redskins quarterback Sean Mellor ran the ball in from the six yard line to make it a one point game at 14-13.

With time winding down, the Panthers would shoot themselves in the foot once again only this time it would prove fatal.

After a six yard punt and a "no yards" call gave the Redskins excellent field position, the Panthers were called for offside and given a face mask penalty on the same play which moved the ball down to the 25 yard line. After Nepean picked up a first down the Panthers defence stiffened, forcing a third down situation.

The Redskins then made it look as if they were going to attempt a field goal. During a timeout they purposely put an extra player on the field and then started yelling for him to come off. In the confusion two players started running toward the sideline. One was the extra player who managed to get off the field before the snap and the other was Corey Russell who approached the sideline and then turned upfield uncovered.

Jordan Finn, who was put into the game to replace Mellor at quarterback, made the easy toss to Russell all alone in the end zone for the go ahead touchdown. The play immediately sparked a storm of controversy, but it stood and the Redskins hung on to win the game 20-14.

Grads top off lucrative week with 4-2 win over Orleans

By Fred Sherwin
The Eastender

The Cumberland Grads wrapped up a lucrative week on Sunday night, downing the Orleans Blues 4-2 to take five of eight possible points in a four game stretch that included a 3-3 tie against the Pembroke Lumber Kings in Pembroke.

The started off with a 2-0 loss to the expansion Kemptville 73s who used the trap to perfection in limiting the Grads to 28 shots most of which were from long distance.

Kemptville scored a power play goal with 1:14 left in the second period and then added an empty net marker with just under a minute left to go in the game.

Fortunately for Cumberland, the schedule makers had them play the hapless Ottawa Jr. Senators the next night in a game that saw the Grads outshot the Jr. Sens 57-33.

Jason Akeson scored in the first period on a pass from Jeff Clarke and then O'Dell scored on a set up from Clarke and Akeson in the second.

After Ottawa scored to narrow the deficit to 3-1 in the second, Akeson and Trevor Doucette both tallied for Cumberland in the third period to put the game out of reach.

Following a well-deserved day off, the Grads travelled up to Pembroke to take on the Lumber Kings who had yet to lose at home prior to the game.

After weathering the storm in the first period in which they were out shot 12-5, the Grads got on the board first on Clarke's 13th goal of the season with assists to Akeson and Eric Beamish.

The Lumber Kings then tied the game at the 14:27 mark of the second period. Four minutes later Brock Ouellet scored on a feed from Andrew Klassen to put Cumberland back in front.

Two penalties in the final minute of the second period by Pembroke including a

bench minor assessed to the Lumber Kings coaching staff would give the Grads a 5-on-3 power play to start the third period which they took full advantage of.

Akeson's power play goal just 58 seconds into the third stanza would give Cumberland a 3-1 lead.

A power play goal by the Lumber Kings' Eric Selleck midway through the period would make for an exciting finish.

The Grads were less than two and a half minutes away from becoming the first team in the CJHL to beat Pembroke at home when Doucette was sent off the ice for hooking.

Cumberland's penalty kill unit managed to keep Pembroke's potent power play at bay for 46 seconds before they finally beat Grads' netminder Adam Laderoute who got the start in goal.

In overtime, the Grads outshot the Lumber Kings 8-2 buoyed by a tripping call against Brandon Richardson, but they couldn't score the winning goal and had to settle for a well-deserved 3-3 tie.

Cumberland wrapped up their busy week at home against an Orleans Blues team that appears to be in turmoil after their recent sale to Paul Jennings.

After already trading Mike Rowbotham to Kemptville for Chad Gillis and Shane Ramsey, they dealt defenceman Pat Burns and Kyle Couvieu to Ottawa for Corey Frizell and Brett Shutron on Friday.

Rumour has it the trade was made by the owner without any discussion with the team's head coach and general manager Mike Ruest who reportedly informed the players of his impending departure prior to their going on to the ice against Cumberland.

Perhaps distracted by the off ice goings on, the Blues were a no show in the first period, getting outshot 11-2 by the Grads who scored a pair of power play goals in

the opening stanza.

After getting their act together between periods, the Blues did their best to battle back in the second, scoring at the 6:48 mark. The goal was later nullified when O'Dell scored his second of the game with 20 seconds left in the period to re-establish a two goal lead.

To further add to their misery, the Blues lost the services of their top point getter Patrick Millette in the second period when he had to be taken to the hospital with a separated shoulder.

Despite the loss of Millette, the Blues did manage to get back to within one in the third period on a goal by Chris Sommerville, but the Grads quickly responded with their third power play goal of the game by Chris Murphy.

The result could have been a lot worse for the Blues if not for the play of their goaltender Steven Cross who turned away 33 of 37 shots, including a pair of spectacular glove saves, to earn third star honours.

Matt Fiander had a strong game in net as well. Although he only faced 19 shots he made a save in the crease in the dying seconds to keep Orleans from making it close.

After the game, Grads head coach Mark Grady said he was happy with the way the team has been playing of late especially in Pembroke and especially considering they have been without the services of Dan Sauvé who suffered a concussion against the Brockville Braves last Sunday.

Sauvé, who is arguably the Grads best blueliner, is expected to be back in the lineup when the Grads play their next game against Kanata on Nov. 9.

Grady will miss the Grads' next two games while he helps coach Team Canada East in the upcoming World Junior A Challenge in Trail, B.C.

Gloucester Synchro wins four gold medals at U.S. Masters

By Fred Sherwin
The Eastender

The Gloucester Synchro Masters team recently returned from the U.S. Masters Synchronized Swimming Championships in Tucson, Arizona with four gold medals around their necks.

The team won gold in each of the events they entered including Duet Routine (20 to 29 years of age), Technical Team Routine (20-29 years of age), Free Team Routine (20-29 years of age) and Free Combo Team Routine (20-34 years of age).

Gloucester Synchro head coach Lianna Jeffrey-Sottile says the club is thrilled with the results posted by the Masters team, several of whom are coaches.

"These women have been working very hard on their routines over the past year," says Jeffrey-Sottile. Not only are they great

competitors, but they are wonderful role models for the younger swimmers in the club."

Most of the girls on the Masters squad have been competing together for at least 10 years and in some cases even longer.

Chelsea Coté and Chandra Costello, who won the Duet Routine, have been swimming together since they first joined the club almost 12 years ago. They along with fellow teammates Amy-Jo McKinnon, Sarah Cargill, Melanie Bournais, Jackie Campbell, Veronique Moreau, Christine Freelan and Allison McKinnon train for

90 minutes twice a week, which is no small task considering their various occupations as teachers, federal civil servants, under-graduate students and medical students.

"We all still really enjoy swimming

and competing," says McKinnon who also coaches the club's Tier 4 Combo team. "We all have a really good time. It's guaranteed exercising at least twice a week and it's guaranteed socialization. We have such a good time together, we can't give it up."

The women, who range in age from 20 to 34, have been there for each other through a gambit of boyfriends, break-ups, weddings and even children.

"We have helped each other through some really tough times and we've been there during the good times too," says McKinnon. "When it comes to weddings we're the first people on each others' lists."

Four of the team members – McKinnon, Bournais, Moreau and Campbell – were on the Gloucester Masters team that won a bronze medal at the 2006 FINA World Championships.

Artscetera

OYP about to embark on another exciting year

By Fred Sherwin
The Eastender

The past year has been filled with a number of challenges for the Orleans Young Players Theatre School, not the least of which was the recent departure of long time general manager Heather Jamieson.

But the show must go on, as they say, and so it shall as evident at the theatre school's recent annual general meeting during which artistic director Kathi Langston introduced several new teachers, two of whom are former OYP students including Jamieson's daughter Louisa Haché who recently graduated from Bishops University.

OYP has grown by leaps and bounds over the years. Launched in 1989 with two volunteer teachers and 16 students, it now boasts 12 professional teachers and over 300 students enrolled in 23 different classes ranging in age from seven to seventeen.

They also offer a course for parents and other budding thespians called OOPS which is short for Orleans Older Players.

Last year, the students staged 53 performances inspired by the work of Canadian playwright and poet James Reaney.

This year the performances will be based on works by artists from each and every

province and territory in the country with the theme – "Canadian Art and Artists from Seas to Sea".

During the annual general meeting OYP's board of directors took time to honour Jamieson who plans to enjoy retirement with her husband Jean Haché after being with the school almost since its inception.

Jamieson started out as a parent volunteer in the early 90s when her daughter first started at OYP. She was hired part-time to help run the administrative side of things in 1995 and was later made general manager.

Langston says Jamieson will be dearly missed by everyone at the school.

"Everyone is going to miss Heather," says Langston. "She has been the face of OYP for the past 15 years. She knew everybody. She knew all the kids. She knew all the parents. It's hard to imagine Orleans Young Players without her."

Besides Jamieson, former board member, parent volunteer and OOPS alumni Sheila Watts was also recognized for her many contributions to OYP.

The two ladies received a lifetime pass to any and all OYP productions, while Jamieson was also given a key to the office so that she would always feel welcomed.



From its humble beginnings in 1989, the Orleans Young Players Theatre School now boasts more than 300 students in 23 classes. File photo

The future is brighter than ever for the theatre school which will be moving into the Shenkman Arts Centre when it opens in the spring of 2009.

Community calendar

FRIDAY, NOV. 2

REMEMBRANCE DAY DINNER AND DANCE at the Orléans Legion. Cocktails at 6 p.m. Dinner at 7 p.m. Guest speaker WWII veteran Frank Cauley. Entertainment provided by Lauren Hall. Tickets \$30 available at the Legion. The Legion is located at 800 Taylor Creek Rd. For more information visit www.rcl632.com.

DISCO NIGHT at Jacques' Trap Roadhouse in Carlsbad Springs from 7:30 p.m. to 11:30 p.m. No cover. For more information visit www.jacquestrapp.ca.

SATURDAY, NOV. 3

COUNTRY STYLE BREAKFAST served from 9 a.m. to 11 a.m. at the Orléans Legion, 800 Taylor Creek Rd. This is a Legion fundraiser

CHRISTMAS CRAFT FAIR presented by the Cumberland Arts and

Crafts Guild from 10 a.m. to 4 p.m. at Sir Wilfrid Laurier Secondary School on Tenth Line Road. Free admission. Donations to the Orleans-Cumberland Community Resource Centre food program would be greatly appreciated.

TINSEL TEA AND BAZAAR from 10 a.m. to 2 p.m. at the Gloucester Senior Adults Centre, 2020 Ogilvie Rd. (above the Earl Armstrong Arena). Attractions include a tea room, art gallery, bake sale, straw draw, crafts, beautiful quilts, knitting/crocheting, grocery basket, Chinese raffle and white elephant tables.

FESTIVARTS from 10 a.m. to 4 p.m. at Place d'Orléans. Come see and meet representatives from the east end's diverse arts community including the Orleans Young Players,

Arteast, MIFO, the Gloucester Pottery School, Visual Arts Centre Orléans etc. There will also be a full lineup of musical presentations on the main stage.

OPEN MUSICAL JAM SESSION from 2 p.m. to 5 p.m. at the Orléans Legion, 800 Taylor Creek Rd. All entertainers welcome.

HOMETOWN will be performing everything from rock to country at Jacques Trap Roadhouse in Carlsbad Springs from 8 p.m. to 11:30 p.m.

SUNDAY, NOV. 4

SUNDAY BRUNCH at the Bearbrook Resort on Russell Road. Menu includes game meat as well as regular breakfast items, special salads and deserts. Bring the family and enjoy your Sunday at the farm. Seatings at 11 a.m., 12 noon and 1 p.m. Cost is

\$18.69 plus taxes for adults and \$9.35 plus taxes for children age 4 to 14. Children under 4 eat for free. By reservations only. Call 613-835-2227.

BUFFET BRUNCH at Jacques' Trap Roadhouse in Carlsbad Springs from 10 a.m. to 2 p.m. \$13.95 for adults and \$6.95 for children. For more information visit www.jacquestrapp.ca.

CHRISTMAS CRAFT FAIR presented by the Cumberland Arts and Crafts Guild from 10 a.m. to 4 p.m. at Sir Wilfrid Laurier Secondary School on Tenth Line Road. Free admission. Donations to the Cumberland Resource Centre Food Program would be greatly appreciated.

THURSDAY, NOV. 8

FREE FLU SHOT CLINIC at the Community Penetcostal Church, 1825 St. Joseph

Blvd. from 2:30 p.m. to 8:30 p.m.

DRUG AND ALCOHOL AWARENESS SEMINAR at St. Peter High School, 750 Charlemagne Blvd. starting at 7 p.m. in the school library on the second floor. Come and get some expert advice on how to navigate your way through the confusion and misinformation surrounding drug use among today's teens. Guest speakers Louise Logue from the Ottawa Police Service and substance abuse councillor Jennifer Laewen from Rideauwood. Presented by the St. Peter School Council.

SUNDAY, NOV. 11

REMEMBRANCE DAY CEREMONY at the Orleans Legion, 800 Taylor Creek Rd. beginning at 11 a.m. Come early to get a good parking spot. Refreshments and sandwiches served afterwards.