

# The Eastender

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Your environmentally friendly community newspaper

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The Maissonneuve family stands in front of the wind turbine erected outside École secondaire Gisèle-Lalonde as part of the first phase of Projet Karyne. Fred Sherwin/Photo

## Feds pledge \$40M to widen Hwy. 174 Trim Road to Rockland

By Fred Sherwin  
The Eastender

For many people who live along the Hwy. 174/County Road 17 corridor between Trim Road and Rockland, the idea of widening the highway from two lanes to four lanes, or even adding a passing lane, has been little more than a pipe dream.

Then, during the provincial election, the Liberals promised to make the project a post-election

priority, saying they were ready to commit their share of the dollars to make it happen and in the puff a smoke the pipe dream suddenly became a very real possibility. However, there was one very large piece of the puzzle missing – the Liberals commitment was contingent on the federal government being a significant partner.

[CLICK HERE TO CON'T p2>](#)

## Sixth east end site added to interprovincial bridge study

By Fred Sherwin  
The Eastender

A sixth potential site has been added to the list of options for a future east end interprovincial crossing currently being assessed by a team of consultants hired by the NCC and the provinces of Ontario and Quebec.

The new site would link the Gatineau Airport to Hwy. 174 across McLaurin Bay and along a corridor running between the Rockcliffe Parkway and Convent Glen.

Other sites that will be looked at include the Masson/Cumberland ferry crossing; Petrie Island; Montée Mineault and Tenth Line Road; Lower

Duck Island linking into the Rockcliffe Parkway just east of the Canotek Business Park and Kettle Island which would link into the existing Aviation Parkway.

Of the six potential sites, Ottawa city council has already chosen Kettle Island as their preferred option.

Most of the councillors were hoping the list of options to be included in the Terms of Reference for the joint Environmental Assessment study would have been parred down rather than increased.

The EA will look at the impacts a bridge would have at each potential site. These range from effects on aquatic life to

noise and traffic.

While the study will look at six possible sites in the east end the Masson-Cumberland ferry crossing, Petrie Island and Tenth Line Road are seen by many as non-starters. Masson-Cumberland and Tenth Line Road because of their proximity to residential housing and Petrie Island because of the impact a bridge would have on the local environment.

Most believe McLaurin Bay and Lower Duck Island are the more likely candidates.

The consultants are in the middle of traffic study to determine the trip characteristics of existing interprovincial commuters. The study will look at

such things as the magnitude of long distance compared to short distance travel and origin/destination travel patterns.

The key component of the study is to determine where the majority of the truck traffic crossing the MacDonald Cartier Bridge is coming from and where it's going to.

The EA will also include a cost benefit analysis of a building a bridge versus a tunnel at each potential site.

The consultants plan to hold a second round of public consultations this November.

The Environmental Assessment will be conducted in two phases over the next four years.

## Community briefs



(L to r) Transportation, Infrastructure and Communities Minister Lawrence Cannon, Glengarry-Prescott-Russell MP Pierre Lemieux and Ottawa-Orléans MP Royal Galipeau unveiled plans to widened Hwy. 174 between Trim Road and Rockland on Friday. Fred Sherwin/Photo

### Ottawa-Orléans MP reappointed deputy chair

**OTTAWA** — Ottawa-Orléans MP Royal Galipeau has been reappointed deputy chair of the committees of the whole in the House of Commons which puts him second in line to the Speaker of the House, Peter Miliken and Deputy Speaker Bill Blaikie. Galipeau became the first rookie MP in Canada's parliamentary history to occupy this position. His 26 predecessors had on average nine years of parliamentary experience at the time of their election.

### Outstanding Youth Awards now accepting nominees

**ORLÉANS** — Nominations are now being accepted for the 2006 Orléans Online Outstanding Youth Awards. The awards are open to anyone residing east of St. Laurent Blvd. Nominees must be 17 years of age or younger as of Sept. 1, 2007. Each nominee will be judged on their accomplishments between Sept. 1, 2006 and Aug. 31, 2007. Entries are welcome in both French and English and should include the name, address and phone number of both the nominee and the nominator as well as a short résumé explaining why the person is being nominated. Nominations can be sent by e-mail to [OYA@orleansonline.ca](mailto:OYA@orleansonline.ca) or mailed to Box 230, 5929L Jeanne d'Arc Blvd., Orléans K1C 7K2. The deadline for nominations is Thursday, Oct. 31. For more information visit [www.orleansonline.ca/OYA.htm](http://www.orleansonline.ca/OYA.htm).

# Widening dependent on city's participation

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The puzzle piece was put in place last Friday with the announcement that federal government is willing to ante up \$40 million.

Ottawa-Orléans MP Royal Galipeau and Glengarry-Prescott-Russell MP Pierre Lemieux made the announcement along with Transportation, Infrastructure and Communities Minister Lawrence Cannon and Environment Minister John Baird during a ceremony at the corner of Trim Road and Hwy. 174. The money is part of federal government's new \$33 billion Building Canada infrastructure plan.

The final piece of the puzzle must still be provided by the municipality of Clarence-Rockland and the City of Ottawa who will have to come up with the remaining \$24 million to make the \$104 million project a reality.

Galipeau says the expanded highway should help address the transportation needs of people living in the far east end of Ottawa and Clarence-Rockland, which has grown by leaps and bounds over the past 10-12 years as anyone who uses the highway during rush hour can attest.

"There's been a lot of growth in the east end of Ottawa and Rockland that has created extra pressure on the infrastructure. Today's announcement recognizes that we've turned good intentions into cash," says Galipeau.

The first phase of the project will include a series of public hearings and an Environmental Assessment process which could take up to three years to complete.

Construction can't start soon enough for commuters who use the corridor on a daily basis. The project is seen as long overdue considering the recent growth of Clarence-Rockland and the safety record of the existing road way.

This announcement came less than 12 hours after a 43-year-old

man was killed when his vehicle left the road and flipped over near Quigley Hill Road, about halfway between Trim Road and Cumberland Village. It was the third fatal accident and fourth such fatality along that particular stretch of Hwy. 174 in the last three years.

Commuters and residents living in the corridor have been hoping the province would at least create a series of passing lanes to alleviate the safety concerns, but turning it into four lanes is even better, says the local MPP.

Jean-Marc Lalonde has been trying to pressure the Ministry of Transportation to widen Hwy. 174 ever since the former mayor of Rockland first got elected to Queen's Park in 2003. Not surprisingly he was elated over Friday's announcement.

"This is great news for the people of Clarence-Rockland and great news for people who live along the Hwy. 174 corridor in Cumberland," said Lalonde. "Everyone who lives, works or commutes to the Ottawa area will benefit."

The only potential road block to the project is the City of Ottawa which has expressed concerns in the past over the potential impact the additional lanes will have on the Hwy. 174/417 split and traffic along Hwy. 174 between the split and Trim Road, but Lalonde says the province has already committed \$40 million to improve traffic flow through the split which should address any potential increase in traffic.

For his part Galipeau believes it will be difficult if not impossible for the city to walk away from the \$80 million sitting on the table.

"The truth is for that for the project to go ahead requires the involvement of all three levels of government including the municipalities. The municipalities have to decide. They can't blame the other levels of government. We've already ponied up," says Galipeau.

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# Phase One of Projet Karyne unveiled at Gisèle-Lalonde

By Fred Sherwin  
The Eastender

Earlier this month the students at École secondaire Gisèle-Lalonde gathered outside for the unveiling of a very special addition to the east end school – a 33-foot wind turbine that will be used as part of the school’s new environmental science program.

But the mere unveiling of the wind turbine is not nearly as special as how or why it came to be.

The wind turbine along with an array of six solar panels on the school’s roof, are the visible culmination of Phase One of Projet Karyne, a fundraising and awareness campaign launched over a year ago in the aftermath of the tragic death of eight-year-old Karyne Maissoneuve. The young Orléans resident died suddenly in July 2006 after contracting hepatitis while undergoing cancer treatment in Montreal.

Shortly after their daughter’s passing, Karyne’s parents Mary Lou and Carl got together with several teachers at Gisèle-Lalonde high school, where her siblings Paul, Marc and Élyse were going, and decided to launch Projet Karyne.

Karyne’s father Carl Maissoneuve says the wind turbine is a fitting tribute to his daughter who had a tremendous interest in environmental issues, while offering a visible symbol of what Projet Karyne is all about.

“That’s what we had in mind. The project needed a bit of a symbol to give it purpose in a very visible way,” says Maissoneuve.

Besides serving as a tribute to a very courageous young girl, Projet Karyne is also motivated by the impact the environment – and air pollution in particular – can have in causing certain cancers.

The goal of Projet Karyne is to encour-

age research and the advancement of various types of renewable energy, starting with educating young people in the schools, to reduce the need for fossil fuels.

The 33-foot wind turbine along with six solar panels which were also purchased using funds raised through Projet Karyne, will be used as part of Gisèle-Lalonde’s new environmental studies program. The program co-ordinator, Carolyne Coté, says the wind turbine and solar panels will be used as tools to help teach various aspects of the program.

“The students will be able to see the very real effects of how much energy is being created and compare that to how much energy is being used. Eventually they will be able to determine what is efficient and what is not. It’s very exciting,” says Coté.

The wind turbine and solar panels which can produce about half the energy consumed by the average household in one year, cost about \$45,000.

Most of the money was raised through donations provided by companies like MED 2020 Health Care Software Inc. in Orléans, Direct Energy, Ecologik Energy Solutions, the Plasco Energy Group and Emergis. The remainder was raised through various initiatives organized by the Projet Karyne fundraising committee which is chaired by Karyne’s older sister Élyse.

The committee sold yard waste bags, Projet Karyne fridge magnets and even auctioned off a Sens baseball hat autographed by Mike Fisher.

Besides purchasing the apparatus, a portion of the money is being used to establish a bursary at the school which will be awarded to a student who’s able to maintain his or her studies while going through a difficult period.



The Maissoneuve family – Carl, Paul, Marc, Mary Lou and Élyse – stand in front of the wind turbine erected outside École secondaire Gisèle-Lalonde as part of the first phase of Projet Karyne. Fred Sherwin/Photo

Now that Phase One has been completed and the wind turbine and solar panels are producing energy, Projet Karyne is about to embark on Phase Two which will include an energy audit of the school. The purpose of the audit is twofold. First, it will provide the environmental studies program with a baseline of how much energy the school is consuming and secondly, it will give the students an idea of where to start in terms of energy conservation.

To find out more about Projet Karyne visit [www.projetkaryne.exofire.net](http://www.projetkaryne.exofire.net).

# Local businesses pitch in to help Carson Grove girl

By Fred Sherwin  
The Eastender

A group of local businessmen have pitched in to help make life a little easier for a 14-year-old Carson Grove girl who suffers from a rare seizure disorder.

Celine Walker first started experiencing absence seizures shortly after she was born.

Absence seizures which cause the individual to appear to be staring off into space and are sometimes accompanied by twitching of the eye muscles, is fairly common in infants who usually grow out of them.

In Celine’s case, she was put on medication to control the seizures until she was two-years-old. By the time she was taken off the medication the seizures had stopped.

She was seizure free for the next two years and then they slowly started coming back.

Once again Celine’s parents took her to the hospital and once again she was put on medication. The regimen continued for three years. Then when she reached age 7, the seizures started getting worse, spread-

ing to the right side of her body.

More tests ensued and Celine was put on a different batch of medications. In the meantime, the Walkers fears and frustration over their daughter’s condition continued to grow, exacerbated by the fact that no one could offer them an explanation as to what was causing the seizures, how long they might last or what if anything could be done to get rid of them.

After one particular bad period in 2004, Celine was admitted to hospital for treatment during which she suffered a stroke and was left partially paralysed on her right side. Since then she’s had to use a wheelchair to get around, although she can walk short distances.

In order to facilitate an electric wheelchair at their home, the Walkers have to install an expensive ramp and lift. Their story somehow got to the organizers of the Lacroix Source for Sports/Orleans Blues Shoot For A Cure Golf Tournament which managed to raise \$10,000 to help pay for the lift. Another \$1,000 was donated by the



Lacroix Source for Sports owner André Lacroix presents a cheque to Celine Walker who suffers from a seizure disorder. Fred Sherwin/Photo

Ottawa Gloucester Sports Club, a \$1,000 from Lacroix Source for Sports and \$500 each from Diresco Services and Taillefer Plumbing and Heating.

The Walkers say they plan to donate whatever money is left over to the Rotary House at CHEO.

# The Eastender

Fred Sherwin  
Editor & Publisher

To submit a letter to the editor to *The Eastender* e-mail [the-eastender@orleansonline.ca](mailto:the-eastender@orleansonline.ca).

Letters should be limited to 250 words.

*The Eastender* reserves the right to edit correspondence for length with a commitment to maintaining the integrity and spirit of the content.

## Hoaxed

At the risk of swimming against the current of public opinion concerning the rash of bogus 9-1-1 calls at several Ottawa high schools, I thought I'd make a couple of observations.

First, I can't help but question how these calls are being handled in the first place. From what I've read and heard, most of the calls have either originated from cell phones, or were called in from pay phones located on the school premises.

When a 9-1-1 operator takes these calls, why not ask for a return number so that they can be verified? If the caller is legitimate, you would think they would be more than willing to give their name and number, but if the call is a hoax chances are the person will give the operator a bogus number which can easily and quickly be confirmed and dismissed.

As for calls coming from a school pay phone, you know they're bogus because if they weren't the person would simply go to the office and report what they saw. The only other type of call I can imagine responding to, would be one originating from the shooter themselves. The only problem with that theory, however, is that none of the people who committed these crimes in the past ever took the time to call the police first.

The biggest issue I have with the way the police are handling these calls is that it is merely teaching a potential nutbar out there that if they want to keep the cops busy while they conduct the real deal is to call in several 9-1-1 calls to other schools at the same time.

And yes there is always a million to one chance that one of these "hoax" calls could possibly turn out to be the real thing, which is why, at some point, someone has to be able to properly evaluate the risk of each and every call. It may be the 9-1-1 operator. It could be a special person assigned to the 9-1-1 call centre, or even a member of the Ottawa Police Service who automatically gets the call routed to them.

Finally, it should be noted that the first and only high school shooting in Ottawa took place at St. Pius High School in 1975, some 32 years ago. And the last violent attack took place in 2000 at Cairine Wilson Secondary School when a student armed with a knife stabbed four other people.

There has only been two high school shootings in Canada in the last 30 years – in Taber, Alberta in 1999 and at C.W. Jefferys Collegiate Institute in Toronto last June.

– Fred Sherwin, editor

## Widening Hwy. 174 a matter of life and death

It's taken forever and a day, but it looks like the east end is finally starting to get a share of the transportation dollars that have been traditionally spent in the west end.

Back in August, the provincial Liberals announced they were ready to spend \$40 million to expand Hwy. 174 to four lanes from Trim Road to Rockland. Then last week the feds came forward with their share of the \$104 million project.

All that's needed for the project to go ahead is for the municipality of Clarence-Rockland and the City of Ottawa to pony up the remaining \$24 million.

Clarence-Rockland likely won't be a problem. Unfortunately the same can't be said for the City of Ottawa which is worried an expanded Hwy. 174 will add too many cars to the Ottawa portion of the roadway and especially the split.

I'm sure some city officials are already planning to use the city's potential financial participation in the project as leverage to get more money to fix the split, or force the province to take the highway back.

The section of Hwy. 174 between the split and Canaan Road was downloaded to the city back in 1998 as part of a reorganization of municipal and provincial responsibilities.

And while I totally agree that the province should take the highway back, it should not be used as a bargaining chip in securing the necessary funds to widen the highway to four lanes. Nor should the argument about extra traffic.

The province is already committed to widening the westbound lanes at the split and replacing the Cyrville

Road bridge. In light of the Build Canada plan recently unveiled by the federal government, it would be nice if there was \$40 million in there to do more at the split, but that's a debate for another day.

The fact of the matter is that Hwy. 174 can't be widened soon enough, not to accommodate people who moved to Clarence-Rockland to take advantage of cheaper houses and lower taxes get to work faster, but to prevent people from dying.

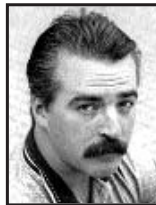
Five people have been killed in four accidents between Trim Road and Canaan Road in the past three years. At least three of the four accidents wouldn't have happened if the highway was four lanes.

Simply put, widening Hwy. 174 is a matter of life and death. The four individuals who have been killed all had mothers, fathers, husbands, wives, brothers, sisters and even sons and daughters – and while no one can say for sure that widening the highway will end the carnage, doing nothing will definitely result in more accidents and additional fatalities.

The blood of the potential victims will be on the hands of any City of Ottawa official who decides to play politics with the project by further causing its delay.

Besides you can't have it both ways. You can't cry about the west end getting everything and then when the east end gets a piece of the pie, complain that the piece is too small.

(To comment on this or any other ViewPoint column e-mail [fsherwin@magma.ca](mailto:fsherwin@magma.ca).)



View Point

Fred Sherwin



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# New friends help in adjusting to new school

Hey everyone. How are you doing? I am just about to finish my second month at St. Peter.

So far I've met some really nice people like my new friends Flavia, Angelica and Quincy.

We're all in the same class but none of us sit together because if we did we wouldn't get anything done.

We also eat lunch together and talk about what it's been like trying to adjust to Grade 7. We all agree that the day goes by really fast.

We kind of grouped together because none of us went to school in Orleáns before coming to St. Pete's. I went to Hopewell downtown where my Mom lives, Angelica went to school in B.C and Flavia went to school in Quebec. I'm not sure where Quincy went to school but it wasn't in Orleáns – or at least I don't think it was.

So far the hardest thing to get used has been having prayer in the morning. Because Hopewell was a public school we never had a morning prayer and we sang O Canada at lunch and not in the morning.



**Maggie Sherwin**

The other hard thing getting used to has been the amount of books we have to carry. They're a lot bigger than the ones we had in Grade 6 and they're a lot heavier too.

But the best part about going to St. Pete's has been being able to buy my own lunch, even though I can only do it once or twice a week.

On Thursdays I usually buy a BLT bagel. I'd like to buy something on Friday, but the cafeteria is usually way too busy.

That's another thing they, really need to buy one or two more microwaves. They already have eight, but there's always a big lineup when you want to use them.

The last time I wrote I talked about Spirit Week when each

day had a different theme. The thing is they made a challenge out of it and the class that dressed up the most won a pizza lunch.

We only found out that we won the other day and everyone is pretty excited about it.

This week the challenge is for each class to decorate their door with a Hallowe'en theme. We're still working on the design, but it should be really cool and hopefully we'll win again.

Speaking of winning, I helped my mother's team win a music trivia contest last week only my Mom wasn't there, but my Aunt Pat was. Mom was really sick so she couldn't make it.

The name of the contest was Juke Box Mania. Most of the questions were about old music but some of it was from last year. There was a question about Jay-Z and Beyonce... most of the questions were about bands like AC/DC and the Beatles and old stuff like that.

I answered about five questions. One was a video clue

where you had to guess which musical it was taken from and I guessed "My Fair Lady" and got it right.

There's was also a clip of Green Day where you had to guess what song they were singing and I got that one right too.

For winning we each got a game console with a bunch of fun games. It was also the second year in a row that my mom's team had won.

The only thing that's new is that I'm going to try curling soon. I've seen it on TV and I've seen my Dad play, but I've never tried it myself.

All I know is that you slide on ice, throw things called rocks and sweep them with a brush. It sounds really weird but it looks like fun. Besides, the brooms come in pretty colors like pink and blue, and the shoes are really nice too.

Wish me luck. I'll tell you how it went next month.

tfn

*(Maggie Sherwin is a Grade 7 student at St. Peter High School in Orleáns.)*

## Local business

# Wine Kitz stocks latest breakthrough in beer making

Special to The Eastender

Anyone who has ever made their own beer at home can attest to the fact that it requires plenty of work and lots of patience.

The advent of a number of brew your own establishments has lessened the amount of work somewhat, but it still takes up to 10 weeks for your beer to ferment and then there's the whole bottling issue.

But fear not beer lovers. There's a new product on the market that completely eliminates all the muss and fuss and produces the equivalent of a six pack of beer in just 10 days for only six bucks.

It's called The Big and Easy Bottle Brew and it's available at the Wine Kitz store in the Orleáns Town Centre.

Big and Easy Bottle Brew is made using selected barley malt, imported hops and purified water. There are no preservatives or other additives.

The three main ingredients are "cooked" to create "wort" – which is actually pasteurized, unfermented beer – and bottled with a yeast capsule and a special pressure cap.

All the consumer has to do when they purchase the product is twist off the top, drop the capsule into the bottle, replace the cap and place it somewhere out of the sun for 10 days until the liquid becomes clear.

The final and most important step is to refrigerate the beer for 12 hours before opening it. When you do voila, you have excellent tasting beer every time and for a fraction of the cost of the big labels.

The beer comes in three different varieties – Premium Pilsener, Mexican Cerveza and Red Lager.

It will keep for a minimum of eight weeks after the fermentation process is complete or much longer if you keep it refrigerated.

There's no cleaning, no mixing, no transferring and best of all no knowledge required. In fact, the instructions are limited to one sentence.

It's perfect for beer drinkers on a budget or anyone else who's fed up with the price of beer nowadays.

The only drawback, and it's a small one, is the sediment that's left at the bottom. Although it doesn't get stirred up during pouring, it can be unsettling to some of the purists out there.

If it does bother you that much, you can always collect a few empty wide mouth energy drink bottles, wash them thoroughly and then slowly refill them with you're new brew. You can even make you own labels and slap them own if you want.



Orleáns Wine Kitz owner Leslie Larkin holds up a bottle of The Big and Easy Bottle Brew on sale for only \$5.99 per two litre bottle. Fred Sherwin/Photo

To check out The Big and Easy Bottle Brew simply drop by the Wine Kitz outlet in the Orleans Town Centre which is located in the corner of St. Joseph Blvd. and Prestone Drive.

## Local sports

# Peewee, bantam Panthers advance to A-Cup semis

By Fred Sherwin  
The Eastender

Heading into the NCAFA quarterfinals on Sunday, the Cumberland Panthers had every reason to be confident. The bantam and mosquito teams both finished their respective regular seasons undefeated and the peewee squad had only lost one game.

The only team not expected to advance to the A-Cup semi-finals was the tyke squad which had to go up against the 8-0 Myers Riders after finishing in fourth place in the East Division.

In a perfect example of why games are decided on the field and not on paper, all four games were closer than predicted with two of them coming down to the final series and one of them being decided in overtime.

The opening game at Millennium Park pitted the 8-0 mosquito team against the 5-3 Myers Riders.

Babatunde Adeleke scored his first of four touchdowns on the day in the first quarter and Coste Jones added a two point conversion to give the Riders an early 8-0 lead. Jacob Molinski then scored for the Panthers early in the second quarter, but a missed convert left them trailing Myers by two points.

After the two teams traded converted touchdowns the score was 16-14 at the half.

Adeleke's third touchdown extended the Riders' lead to 22-14, but the Panthers managed to battle back on a touchdown by Tyrone Pierre and a two point conversion by Molinski to tie the game heading into the fourth quarter.

The back and forth game tilted back in the Riders' favour when Adeleke scored yet again and Jones split the uprights on the convert to give the Riders the lead at 30-22.

Refusing to give up, the Panthers offense went back to work, marching the ball downfield to tie the game on a converted touchdown by Molinski and force overtime.

After winning the coin toss to see who would get the first possession in the extra session, the Panthers marched the ball down to the Riders' 20 yard line where they were left with a third and three situation. Rather than try to kick a field goal, they decided to go for it. Unfortunately they came up short and the ball was handed to the Riders who worked their way down to the 20 yard line.

Knowing they only needed one point for the win, they elected to punt rather than try a field goal. The Panthers sent one man back with instructions to kick the ball out of the end zone to avoid giving up the single. Unfortunately he never got the chance as Reed Adams' punt sailed over the player's head and out the back of the end zone for the win.

As the Panthers stood stunned at what had just transpired the underdog Riders erupted in jubilation.

In hindsight, Panthers head coach Chris Molinski said they probably should have put two players in the end zone on the punt with at least one of them guarding the back

line, but they didn't. Adams got off an excellent kick and it bounced their way.

"Hindsight's 20/20. In retrospect we made some mistakes on the field and we made some mistakes on the sideline, but that's football. You win as a team and you lose as a team. It's unfortunate, but sometimes the ball doesn't bounce your way," said Molinski.

The mosquito team will join the three other losing teams from Sunday's quarterfinals in the B-Cup semi-finals next weekend where they will be the prohibitive favourites.

After watching the mosquito team fall short in their quest to make the A-Cup semi-finals, it was the peewee team's turn to take the field against the Riders.

The game was barely five minutes old when Anton Pankov scored on one of the strangest plays of the season.

The Riders punted the ball deep in the Panthers' end zone where Olivier Miguel managed to track it down. Desperately wanting to avoid giving up the single, Miguel slipped two tackles before running into a wall of Panther and Riders players at the goal line.

While trying to reach across the goal line, the ball got knocked out of Miguel's hand and hit the ground. A quick thinking Pankov then picked it up and managed to squeeze through an opening in the wall of players. Before anyone knew what was going on, Pankov was off to the races galloping 110 yards for the touchdown.

In the blink of an eye the play went from Olivier trying to avoid conceding a single point to almost being a touchdown for the Riders on the fumble, to being a touchdown for the Panthers.

The Panthers came close to scoring again in the second quarter on a run by Jamarr King, but he was brought down on the one yard line. On the next play, Daniel Gracia coughed up the ball and the Riders took over on the five.

The rest of the game turned into a comedy of errors for the Panthers who committed eight turnovers including five in the second half alone. Their second turnover on a punt return, set up the Riders' lone touchdown. One fumble came after a block punt had given them excellent field possession.

Remarkably, despite all the miscues, the Panthers still had a chance to win the game late in fourth quarter. A pair of runs by King would get the ball down to the eight yard line when disaster struck once again.

With less than three minutes left in the game, the Panthers defence came up huge and the Riders were forced to punt.

Needing a minor miracle to pull out the win, Marcus Blais hit Juan Nava with a 40-yard pass down the sideline to them inside the 15 yard line. After a pair of runs by King got them down to the one, the Panthers decided to go for the touchdown rather than attempt what would have been a 12 yard field goal.



Cumberland Panthers running back Jamarr King tries to fight off a tackler during the Panthers 12-8 win over the Myers Riders in the A-Cup peewee quarterfinal on Sunday. Sherwin/Photo

With eight seconds left on the clock and the season hanging in the balance, Blais kept the ball and plowed into the middle of the line behind his center. All eyes were on the sideline judge as he raised his arms in the air to signal the game winning touchdown.

"Oh my God I thought I was going to have a heart attack," Panthers head coach Jason Pilon said after the game. "Our defence was huge, but the play of the game was that long pass to Nava."

Joining them in the A-Cup semi-finals next week will be the bantam team which needed a touchdown on their final series to beat the Nepean Redskins 18-14.

The Panthers led the entire game on a pair of field goals by Ryan Begin and a third quarter touchdown by Harry Short, before the Redskins scored in the fourth quarter to take a 14-12 lead.

The winning drive was aided by a 12 yard pass on third and 10 from Alex Skinner to Daneel Lavigne and a 15 yard personal foul against Nepean.

Earlier in the day, the Panthers tyke team gave an undefeated Myers Riders squad all they could handle by jumping out to a 14-10 half-time lead before losing 24-14.

Like the mosquito team, the tykes will be playing for a berth in the B-Cup final next week when they take on the Bell Warriors in the B-Cup semi-finals.

The mosquito team will be up against the Orleans Bengals in a rematch of their emotionally charged meeting in Week 5 which the Panthers won 40-14.

As for the Panthers peewee and bantam teams, they will host the Nepean Redskins (6-2) and the Gloucester South Raiders (5-3) respectively in the A-Cup semi-finals next weekend with a shot at landing a berth in the NCAFA A-Cup championships.

## Local sports

# East end runners sweep boys races at OCDSB cross-country championships

By Fred Sherwin  
The Eastender

East end athletes led the way at the Ottawa-Carleton District School Board intermediate cross-country championships on Thursday winning all three boys races at Walter Baker Park in Kanata.

Sebastien Saville from Henry Larsen Elementary School in Orléans won gold in the 13 and over (Grade 8) event, covering the three kilometre course in 10 minutes and 24 seconds.

Yahye Mohamed from Henry Munro Middle School won the 12-year-old (Grade 7) boys race and Taffy Scoggan from Emily Carr Middle School won the 11-year-old (Grade 6) event.

The win was especially sweet for the Saville who finally beat Sarmad Al Biladi from Henry Munro Middle School after finishing second to him the last three times they met including last year's board-wide championships.

Saville passed Al Biladi near the half-way mark, but Al Biladi managed to retake the lead before the pair started up the steep toboggan hill that dominates the park.

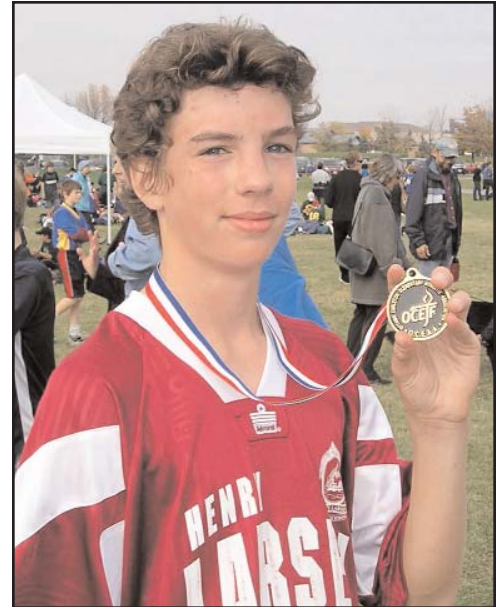
As they crested the hill, Saville made his move, out-sprinting Al Biladi to the bot-

tom. From there he maintained a one second lead right till the end.

"My mom and I talked about strategy before the race and my plan was to stay behind him until near the end and then make my move, but he started fading about halfway through so I passed him coming down the hill," an elated Saville said after the race.

Saville, who's been running almost since he could walk, comes by his talent honestly. His mother and father had the fastest male and female times among the Canadian runners in the 1992 New York City marathon and his great-grandfather was an accomplished long distance runner and snowshoe racer in Montreal before the First World War.

Among some of the other runners from the east end who fared well were Grace Bennett from Fallingbrook Community Elementary School who placed 20th out of 123 runners in the girls 13-and-over race; Cailin Morris from Emily Carr finished 16th out of 117 competitors in the 12-year-old event; Alexander Green from Maple Ridge Elementary School placed ninth in the 12-year-old boys race; and Shaunia Lavalee from Fallingbrook finishes ninth



Sebastien Saville from Henry Larsen Elementary School won the 13 and over event at the Ottawa District School Board intermediate cross-country championships last Thursday. Fred Sherwin/Photo

out of 129 runners in the 11-year-old girls event.

## Sir Wil improves record to 5-0 with win over St. Matt's

By Fred Sherwin  
The Eastender

The Sir Wilfrid Laurier Lancers senior boys football team took advantage of six St. Matthew Tiger turnovers last Friday, including on four straight possessions in the

### Senior Boys Football

second half, to hammer out a 16-0

win over their east end rivals and improve their record to a perfect 5-0.

The Lancers took a 1-0 lead in the first quarter when Andrew Mullings' field goal attempt sailed wide and rolled out of the back of the end zone. They would go up 7-0 in the second quarter on a two yard run by Lancers workhorse running back Brendan Gillanders.

After the half-time break, a reinvigorated Tigers team managed to pick up a pair of first downs on their opening drive before they fumbled the ball away. Matt Madeiros was there for the Lancers to gather in the

loose ball.

When Sir Wil couldn't move the ball on the next series, the Tigers took over on their own 15 yard line. This time they fumbled on the first play from scrimmage as Matt Quigley jumped on the loose ball.

Thankfully for St. Matt's, their defensive unit was able to hold Sir Wil a second time and the Lancers were forced to settle for a single when Mullings' punt rolled out of the end zone.

Down 8-0, the Tigers shot themselves in the foot once again when they fumbled for a third straight time on a botched hand-off that was recovered by Lancers' defensive end Brian Clarke.

Incredibly, an exhausted Tigers defence managed to prevent the Lancers from picking up a first down yet again and St. Matt's took over on their own 35-yard line.

This time instead of fumbling the ball on their first play, Shaymus McFadden threw an interception that was picked off by Sir Wil defensive back Jesse Holt.

With the Tigers defense barely able to catch their breath, the Lancers ran the ball straight at them. Gillanders carried the ball three times including once for 22 yards to set up a 14 yard touchdown run by Harry Short that sealed the game for Sir Wil.

The Lancers would add one more single on an Andrew Mullings punt into the end zone to make the final score 16-0.

Given the playing conditions, Lancers head coach Eric Kukkonen was happy with the way his team played.

"I thought we dominated them. We were definitely the better team on the field," said Kukkonen.

The Lancers have one more game regular season game remaining against the winless Sir Robert Borden Bengals before they start their quest for a possible city championship.

If everything goes to form, they will face the defending champion St. Mark's Lions in the title game, who are also undefeated at 5-0.

# Local sports

## St. Peter Knights post 2-1 win over St. Pat's

By Fred Sherwin  
The Eastender

The St. Peter Knights senior boys soccer team downed the St. Patrick's Fighting Irish 2-1 last Wednesday and in the process picked up three important points to leap frog past the Irish into third place in the Far East Division with one game left in the regular season.

The Knights caught an early break against the Fighting Irish when a St. Patrick defender pulled down Mike Novacaska in the penalty area with the game only four minutes old.

Milan Arsenault-Varelli made no mistake as he buried the penalty past the Irish keeper to give St. Pete's the early 1-0 lead.

The score remained that way until late in the first half when St. Patrick's managed to get the equalizer off a scramble in front of Knights' keeper Chris Shaw.

As the second half began the Knights stuck to their game plan of trying to put through balls to the forward players who were much fleetier afoot than the Irish defenders.

### Senior Boys Soccer

picked up three important points to

The tactic eventually paid off when Arsenault-Varelli delivered a beautiful lead pass up the middle to Nick Viens who timed his run perfectly and split the two defenders before deftly putting the ball into the back of the Fighting Irish net.

St. Pat's would have three excellent chances in the dying moments of the game. One went off the top of the crossbar and the other two were stopped by Shaw who was the starting keeper for the Ottawa Fury U17 squad this past summer.

Knights' coach Ben Markatti says the team has been on top of their game of late. Since losing 3-1 to Hillcrest on Oct. 3, they lost 1-0 to the Glebe Gryphons in a game they should have at least tied, they beat Beatrice-Desloges 2-0 and know they've picked up three points against the Fighting Irish.

"I like the way we've played the last three games. The guys are working hard out there. They're playing well positionally. It's all about effort," says Markatti.

The Knights last game of the regular season is against the St. Matt's Tigers, a team they should beat. A win would give them 12 points and catapult them past Colonel By into second place in the Far



Edwin Ma controls the ball under pressure during the St. Peter Knights' 2-1 win over the St. Patrick Fighting Irish last week. Fred Sherwin/Photo

East Division.

The Cougars ended their regular season on Wednesday with a disappointing 1-1 tie against Beatrice-Desloges.

## Jr. Knights dodge bullet against game St. Matt's squad

By Fred Sherwin  
The Eastender

The St. Peter Knights junior boys football team improved their record to 5-0 last Friday, but not before the St. Matt's Tigers gave them their biggest scare of the season late in the game.

Playing in a steady downpour, the Knights built up a 5-0 lead on a 32-yard field goal in the first quarter by Ryan Begin and a safety early in the second quarter.

The Knights' defence was especially sharp in the first half in not allowing the Tigers to pick up a single first down.

The Tigers defence were no slouches either. After allowing three first downs on the opening drive that led to the field goal, they only allowed one first down the rest of the half.

The game was shaping up to be a titanic defensive struggle and then the Tigers struck out of nowhere.

After the Knights went three and out to start the second half, the Tigers managed to rip off two long runs included a 43 yard dash down the sideline by Steve Fullum to get them inside the 20 yard line.

After a pair of runs up the middle by J.P. Hamelin, big Xavier McNeil bulled it over from the one to give the Tigers a 7-5

lead following the extra point.

The two teams then exchanged the next six possessions as neither side was able to get a first down.

Then the Tigers made a crucial mistake, fumbling the ball away on second down near midfield. Shane Patrick was Johnny on the spot for the Knights making the fumble recovery on the Tigers' 53 yard line which is where St. Pete's offence went to work.

On the first play from scrimmage, Jamar King picked up 20 tough yards. Connor Devine then scrambled for eight before King made back to back carries of 15 and 14 yards, the later of which found him in the end zone to give St. Pete's a four point lead at 11-7.

With time running out, the Tigers gathered themselves to make one last ditch effort to snatch victory from the jaws of defeat.

Faced with second down in Knights territory, the Tigers dug into their bag of tricks and came up with a slotback option play from Steve Fullum to Nick Rozman that covered 50 yards to give St. Matt's a first down on the Knights' 25-yard line.

Another pass from quarterback Mcauley Banning to Rozman would move them down to the six yard line.

The game then came down to one last play. As Banning stepped back into the

pocket, the Tigers offensive linemen did their best to keep the Knights at bay.

After spotting his intended receiver, Banning drew the ball back and launched it only to see it batted out of midair by Knights middle linebacker Nick Lecour. It was a spectacular defensive play which preserved the win for the Knights and dropped the hard luck Tigers to 2-3.

It was the third tough loss for St. Matt's who played their proverbial hearts out. Both of their other two losses to Ashbury and St. Mark's, came on the final play of the game.

Head coach Al Rozman was hoping to do the same against St. Peter, and although there were unable to pull it off, they still earned themselves a great deal of respect in very nearly handing the best junior team in the city their first loss of the season.

"This game was all about respect. I feel really good for the boys. They played one heck of a game," said Rozman.

Both teams have one game left before the playoffs begin. As things stand now, St. Pete's and St. Mark's will both get a first round bye for winning their divisions while St. Matt's will earn a first round date with Ashbury. Should they win they will get a rematch with St. Pete's in the semi-finals.

# Artscetera

## Arteast exhibit showcases talented local artists

By Fred Sherwin  
The Eastender

The east end is home to some extremely talented artists as evident by Arteast's annual Art and Photo Show on display until Oct. 26 at the Visual Arts Centre Orléans in the Bob MacQuarrie Recreation Centre.

The juried exhibit features a number of excellent pieces in a variety of different mediums including oil, watercolour and pastels.

Among the winning entries were "Prairies in Pastel" by Boni Pena which took first place in the pastels division; "Tuscan Villa" by Jinny Slyfield earned the judges' nod in the oil category; by Norm Goddard

was a double red ribbon recipient with "Tranquil Reflections" in the watercolour division and "Into The Dawn" in acrylic; Nicole Henderson's "Fandango" in oil and watercolour won the mixed media category and "Tranquility" by Agnes Davies won the photography division.

But the best part about any Arteast juried exhibit is that the general public can purchase many of the paintings on display including some of the winning entries.

The variety and styles are endless and you can always find a couple of real gems in the bunch which would look fantastic in any home.

Prices start at \$175 and go



'Coffee Time' by Maryke Van Oosten

up to \$650.

The Visual Arts Centre Orléans is located on the main floor of the Bob MacQuarrie

Recreation Centre on Youville Drive. The gallery is open Monday to Friday from 9 a.m. to 4 p.m.

## Community calendar

THURSDAY, OCT. 25

### SKREAMERS

**HAUNTED BARN** – The Kiwanis Club of Orléans invites everyone to check out the Skreamers Haunted Barn at the Proulx Farm in Cumberland. Admission \$10 per person. Hours 6:30 p.m. to 8 p.m. To get to the Proulx Farm drive east along Innes Road past Trim Road. When you get to O'Toole Road turn left and keep an eye out for the farm which will be on the right hand side.

FRIDAY, OCT. 26

### SKREAMERS

**HAUNTED BARN** – The Kiwanis Club of Orléans invites everyone to check out the Skreamers Haunted Barn at the Proulx Farm in Cumberland. Admission \$10 per person. Hours 6:30 p.m. to 9 p.m. To get to the Proulx Farm drive east along Innes Road past Trim Road. When you get to O'Toole Road turn left and keep an eye out for the farm which will be on the right hand side.

**RON PRESCOTT** will be bringing his karaoke

machine to the Orléans Legion from 7:30 p.m. to 11:30 p.m. The Legion is located at 800 Taylor Creek Rd.

**JAYMZ HAWLEY** will be performing at Jacques' Trap Roadhouse in Carlsbad Springs from 7:30 p.m. to 11:30 p.m. No cover. For more information visit [www.jacquestrap.ca](http://www.jacquestrap.ca).

SATURDAY, OCT. 27

**COUNTRY STYLE BREAKFAST** served from 9 a.m. to 11 a.m. at the Orléans Legion, 800 Taylor Creek Rd. This is a Legion fundraiser

**OPEN MUSICAL JAM SESSION** from 2 p.m. to 5 p.m. at the Orléans Legion, 800 Taylor Creek Rd. All entertainers welcome.

**SKREAMERS HAUNTED BARN** – The Kiwanis Club of Orléans invites everyone to check out the Skreamers Haunted Barn at the Proulx Farm in Cumberland. Admission \$10 per person. Hours 6 p.m. to 9 p.m. To get to the Proulx Farm drive east along Innes Road past Trim Road. When you

get to O'Toole Road turn left and keep an eye out for the farm which will be on the right hand side.

**HALLOWEEN BASH** with AC/DC tribute band Great Scott at Jacques' Trap Roadhouse in Carlsbad Springs from 10 p.m. to midnight. For more information visit [www.jacquestrap.ca](http://www.jacquestrap.ca).

SUNDAY, OCT. 28

**BUFFET BRUNCH** at Jacques' Trap Roadhouse in Carlsbad Springs from 10 a.m. to 2 p.m. \$13.95 for adults and \$6.95 for children. For more info visit [www.jacquestrap.ca](http://www.jacquestrap.ca).

**SKREAMERS HAUNTED BARN** – The Kiwanis Club of Orléans invites everyone to check out the Skreamers Haunted Barn at the Proulx Farm in Cumberland. Admission \$10 per person. Hours 6 p.m. to 8 p.m. To get to the Proulx Farm drive east along Innes Road past Trim Road. When you get to O'Toole Road turn left and keep an eye out for the farm on the right hand side.

MONDAY, OCT. 29

### SKREAMERS

**HAUNTED BARN** – The Kiwanis Club of Orléans invites everyone to check out the Skreamers Haunted Barn at the Proulx Farm in Cumberland. Admission \$10 per person. Hours 6:30 p.m. to 8 p.m. To get to the Proulx Farm drive east along Innes Road past Trim Road. When you get to O'Toole Road turn left and keep an eye out for the farm on the right hand side.

TUESDAY, OCT. 30

### SKREAMERS

**HAUNTED BARN** – The Kiwanis Club of Orléans invites everyone to check out the Skreamers Haunted Barn at the Proulx Farm in Cumberland. Admission \$10 per person. Hours 6:30 p.m. to 8 p.m. To get to the Proulx Farm drive east along Innes Road past Trim Road. When you get to O'Toole Road turn left and keep an eye out for the farm on the right hand side.

WEDNESDAY, OCT. 31

**HALLOWE'EN MOVIES** -- Children's

Hallowe'en movies and television shows will be shown in Laura's Court in Place d'Orléans starting at 10 a.m. Crafts from 11 a.m. to 3 p.m. where children can decorate their own trick or treat bags.

**PLACE D'ORLÉANS TRICK OR TREAT TREK** -- Participating Place d'Orléans stores will be providing little Trick or Treaters with treats. Trick or treating will begin following the movie. Children will be given a special map indicating which stores will be participating in the event. For those children who can't be at the mall at 11 a.m., maps will also be available at the Guest Services counter.

**SKREAMERS HAUNTED BARN** – The Kiwanis Club of Orléans invites everyone to check out the Skreamers Haunted Barn at the Proulx Farm in Cumberland. Admission \$10 per person. Hours 6:30 p.m. to 8 p.m. To get to the Proulx Farm drive east along Innes Road past Trim Road to O'Toole Road and turn left.