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August 7 2008

Your environmentally friendly community newspaper

Volume 7, Issue 10



Gloucester High School's Stephen Yang earned the top mark in the east end as well as the second highest mark in the OCDSB with a 99.3 per cent. Fred Sherwin/Photo

New school to open on schedule

By Fred Sherwin
The Eastender

Despite reports to the contrary, the new English public elementary school in Avalon will open on time, on budget and with a city-run after school daycare program in place, according to Ottawa-Carleton District School Board spokesperson Sharlene Hunter.

The school, which is located near Portobello Avenue and Aquaview Drive, will cost \$11.5 million to build and will

house 495 students in English and Early French Immersion from Junior Kindergarten to Grade 8.

The school has been a long time coming for families living south of Innes Road who have had to send their kids to Maple Ridge Elementary School on the north side of the busy street while Catholic board families have had the luxury of their own neighbourhood elementary school since 2005.

[CLICK HERE TO CON'T p2>](#)

City faces \$75 million in fines over 2006 sewage spill

By Fred Sherwin
The Eastender

The City of Ottawa has been charged with impairing the quality of water in the Ottawa River during a 15-day period in August 2006 in which more than one billion litres of raw sewage was accidentally dumped into the waterway.

The city also faces a second charge of failing to notify the Ministry of Environment about the spill in a timely manner. Both charges can bring a fine of between \$25-thousand and \$6-million a day for each day the spill occurred.

Within hours of the charges being disclosed, the city solicitor was already downplaying the potential financial impact, say-

ing that similar charges against other municipalities resulted in fines of less than \$200,000.

The situation in question occurred on Aug. 5 when an overflow pipe near 24 Sussex Ave. got stuck in the open position and remained that way for 15 days as raw sewage continued to flow untreated into the Ottawa River. The spill caused a major spike in e-coli levels downstream especially at Petrie Island where regular testing was being done.

For months city officials in the water and waste water division denied any connection between the high e-coli levels and a possible waste water discharge into the river.

It wasn't until May of this year that a

manager at the Robert O. Pickard Water Treatment Plant inadvertently mentioned the spill during a tour of the facility by Orléans Ward Coun. Bob Monette.

Subsequent to the information being found out, the city issued a belated report to the Ministry of Environment about the spill that same month. In offering an explanation, senior city management said that a department head had lied about reporting the incident to the province shortly after it happened. That manager was subsequently fired after everything came to light.

Besides the Ontario Ministry of Environment, the federal Environment Ministry is also investigating the incident as is the city auditor.

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Community briefs

Junior Varsity semi-final on this weekend at Millennium

CUMBERLAND — The Cumberland Panthers Junior Varsity football team will try and make it to the OVFL Junior Varsity final for the first time in their short history when they take on the Brampton Bulldogs at Millennium Park this Saturday. Game time is 5 p.m. The Cumberland Panthers are undefeated so far this season and another win would propel them into the OVFL Junior Championship game to be played next weekend at Ivor Wynne Stadium in Hamilton.

Ottawa-Carleton Plowing Match coming to Navan

NAVAN — The Ottawa-Carleton Plowman's Association will be holding their annual plowing match later this month at Navandale Farm located just south of the Village of Navan. The main day of competition will be held on Saturday, Aug. 16 with action in several different classes. There will also be a number of farm exhibits on the grounds as well. The event is being hosted by Navandale owner Wyatt McWilliams who among other things organized the World Record 50-Horse Hitch, Hay West and Food Aid. The event is usually well attended and a lot less commercial than your usual rural fair.

Developer promises to fix flooded intersection

ORLEANS — Residents living near the corner of Valin and Breezewood streets in Fallingbrook will have to live with the occasional flooding of the intersection until Ashcroft Homes completes construction in the area. For now Ashcroft Homes has promised to clean the two catchbasin drains of debris from nearby construction sites on a regular basis. Adding to the problem is the fact that the intersection has not yet been paved and sits slightly lower than the connecting streets. During a heavy rain like the one we had on Wednesday, the entire intersection can be submerged in water causing nearby residents to joke about having "waterfront" property. Others have started referring to the intersection as Lake Valin. Ashcroft spokesperson Paul Rothwell admits the "ponding" at the intersection is related to construction in the neighbourhood. He promises the company will do a better job clearing debris from the two drains, but that once the final paving has been completed the problem should be eliminated.

New school will ease pressure on Maple Ridge

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The public board is hoping to get back some of the local market share they have lost in the three years since St. Theresa opened.

School Principal Sandra Stewart says she has been updating the local school community since February through monthly newsletters. She is excited by the community's school spirit, their support of incoming staff, and their belief that together, they will make Avalon Public School an environment that will inspire learning, build citizenship and foster success.

The school will be open the week of Aug. 25 for parents who have not yet registered their children for classes which start Tuesday, Sept. 2. The school's regular hours of operation will be from 8 a.m. to 2:30 p.m. Morning Kindergarten will run from 8 a.m. to 10:30 a.m. and afternoon Kindergarten will begin at noon and finish at 2:30 p.m.

If parents have any questions regarding the City of Ottawa's Avalon Public School After School Program, they should contact city employees Tracy Kam or Martha Pires at 613-580-2424 ext. 29284.

Local resource centres in need of school supplies

By Fred Sherwin
The Eastender

The Eastern Ottawa Resource Centre and the Orléans-Cumberland Community Resource Centre are in desperate need of school supplies.

As the number of supplies students are expected to bring to school continues to grow and prices continue to increase, more and more single parent and otherwise financially struggling families are coming to count on the two local family resource centres to furnish their kids with the items they need.

Last year the two resource centres handed out over 700 kits containing such basics as pencils, paper, Duotangs, glue sticks, rulers and erasers. Each has a value of between \$20 and \$50 depending on the child and what grade they're in.

Many families on fixed incomes just don't have the means to pay for

school supplies on top of their monthly expenses, especially if they have three or four school-age children.

The other problem is that school supply lists are getting a lot more onerous. Last year some of the lists included cleaning supplies and two pairs of indoor shoes instead of one pair so the kids will have one pair to wear to class and a different pair to use in gym.

You can drop off school supplies or monetary donations at the East Ottawa Community Resource Centre in the Beacon Hill Shopping Centre on Ogilvie Road, or the Orléans-Cumberland Community Resource Centre warehouse at 860 Taylor Creek Dr., Unit 4, on Mondays from 12:30 p.m. to 8:00 p.m. and on Wednesdays and Fridays between 8:30 a.m. and 4 p.m.

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63rd edition of Navan Fair on this weekend

By Fred Sherwin
The Eastender

The 63rd edition of the Navan Fair kicks off today with many of the attractions people have come to expect over the years including the demolition derby, tractor pull, midway rides, livestock shows, home-craft exhibits and a nightly grandstand show.

The Conservation Zone featuring displays and information presented by local conservation groups will also return this year, while new additions include a strong-man competition on Saturday and a bed race along Colonial Road on Sunday.

Things get underway today at 4 p.m., when the midway opens. The exhibit buildings open an hour later at 5 p.m., while the Navan Fair Ambassador competition and the small car demolition derby will take place at 7 p.m.

On Friday, fairgoers can purchase a Pay-One-Price midway bracelet for \$16 which entitles them to unlimited rides from 11 a.m. to 11 p.m.

Friday's schedule also includes action in the senior division of the demolition derby at 7 p.m. while Prism and The Headpins will hit the stage under the domes starting at 9 p.m.

On Saturday, the demolition derby cars will make way for the tractor pull event which starts at 12:30 p.m. in which competitors will be going head to head in three different classes – steel wheel, antique and farm stock. At 1 p.m., the Steel Warriors Strongman Show will take place with indi-

viduals trying to outdo each other in various feats of strength. The Colonial Vet Hospital Pet Parade will also take place at 3 p.m. under the domes.

Of course, the main event on Saturday will be the annual Navan Fair parade which gets underway at 11 p.m and lasts about 40 minutes. This year's theme is "A Family Affair". Meanwhile, the feature band on Saturday will be Kenny Shields & Streetheart.

While the competition outside is sure to be hot and heavy, the competition inside the Navan Memorial Arena where the livestock shows are being held and the Cumberland Agricultural Society Building where the floriculture, culinary arts and homecrafts exhibits are being judged will likely to be equally as intense.

Last year's, Baking Queen Dominique Deschamps is back to defend her crown along with 2003 winner Eileen Corry.

The International Heavy Horse Show is also a must see event with competition taking place in the various categories over the course of the four day fair.

Things wind down on Sunday with the Western Horse and beef cattle show in the Navan Arena at 10:30 a.m. and a baby show upstairs in the community hall at 11 a.m. Eleven o'clock is also when the heavy horse pull takes place in the Navan Arena, while outside the action will be hot and heavy as teams race their souped up beds down Colonial Road.

The fair will be brought to a close with a grandstand show featuring Fred Ducharme



A worker puts the finishing touches on the Free Fall ride which is a new addition to the Navan Fair midway this year. The four-day event kicks off today at 4 p.m. and runs until Sunday evening. Fred Sherwin/Photo

& Ninth Line, doubleBack and Michelle Wright beginning at 3:15 p.m..

Admission to this year's fair is \$10 per day for visitors 13 and over and \$3 for children 4-12. A special \$5 cover charge will also be applied for the grandstand shows on Friday and Saturday after 7 p.m. For a complete schedule of events visit www.navan-fair.com.

Midsummer Toast event a hit with local youth

By Fred Sherwin
The Eastender

Despite being postponed a day due to the threat of rain, the second annual Toast event was an unmitigated success, drawing double the crowd that attended the event last year.

The youth oriented event had to be put off a day to avoid a potential rain out. It was a difficult decision for organizer Michael Bergeron, especially coming at the last minute as it did, but it turned out to be the right decision as the weather on Sunday was nearly perfect which contributed to the boost in attendance.

"I'm thrilled. We really couldn't have asked for a better day or a better turnout," said Bergeron.

The weather was only one of the attractions that drew the young audience. A BMX demonstration by Full-On Bikes, a phalanx of temporary graffiti walls, an illusion show by Orleáns' own Thrillusion and live music by several local DJs and a franco-phone rap group combined to help push the crowd over the 500 mark.

Many of those in attendance made good use of the skate park which at times resembled the Queensway at rush hour.

Boarder Kent Thexton liked the BMX demonstration, but would have preferred an in-line skate/skateboard competition.

"We don't have anything like that right now and this would be perfect for it," said the 16-year-old Orleáns resident.

Bergeron says the possible inclusion of a skateboard/BMX/in-line skate competition is the number one question he's asked. His response is to stay tuned.

"It's not as easy to put together as it seems. Especially, the whole insurance and liability aspect of it. Hopefully, we can have something next year," said Bergeron

Sketch Orleans is a virtual youth centre which strives to give young people somewhere to go and something to do. Besides Toast, Sketch Orleans also organized the first ever Sketch Games in March and GART which promotes mainstream graffiti art and local artists.

For more information about Sketch Orleans visit www.sketchorleans.com.



A BMX rider uses a one of the ramps at the Orleans Skate Park to jump a concrete barrier during the 2008 Toast event. Fred Sherwin/Photo

Youngsters get first dibs on 'Lucky Loonie' Olympic coin

By Fred Sherwin
The Eastender

Over 60 youngsters stood in line for a half hour at the RBC branch on Innes Road last Tuesday for a chance to be one of the first people to get their hands on the newly released "Lucky Loonie" and an autograph from former three-time Olympian Jeff Bean.

The Lucky Loonie is the latest in the Royal Canadian Mint's 2010 Vancouver Olympics coin series. It was inspired by the original lucky loonie that was frozen into the centre ice circle at the 2002 Olympic Games in Salt Lake City by Canadian ice-maker Trent Evans.

Both the men's and women's hockey teams would go on to win gold in the tournament, the men's 50 years to the day after their last gold medal victory. Following the Games, Team Canada executive director Wayne Gretzky recovered the coin and gave it to the Hockey Hall of Fame.

A loonie was also used at the IIHF World Hockey Championships between Canada and Sweden on May 11, 2003. It was hidden surreptitiously before the gold medal game which Team Canada won in overtime. After the game Team Canada officials admitted they had placed a loonie in the padding beneath the crossbar of the Swedish net.

Bean wasn't at the 2003 World Hockey Championships, but he was at the 2002 Winter Games and he witnessed both the men's and women's gold medal victories.

"I'm not a big believer in luck, but to see how much the women's team had to overcome in terms of the refereeing in their game against the U.S. and then to be in the building to see the men win was pretty special," said Bean between autographs.

More recently Russian centre Alexander Ovechkin used the pick on his skate blade to dig up the lucky loonie at centre ice after Russia beat Canada in the final of the IIHF World Championships in Halifax. Bean believes the incident will carry over to the 2010 Olympics in Vancouver.

"I'm sure there will definitely be one in Vancouver, although by then it will probably be a lucky toonie instead of a lucky loonie with inflation and everything," said Bean.

The Ottawa native retired last year after a successful career as a freestyle aerialist. Bean competed in 102 World Cup events in 13 countries over 12 seasons, not to mention four world championships and three Winter Olympic Games.

The closest he came to medaling at the Olympics was in Salt Lake City when he finished 21-hundredths of a point out of third place. Asked what he misses most about skiing, Bean didn't hesitate in providing an answer.

"I missed the life and the people. You're on the road for 10 months of the year traveling in your own little bubble. You form a lot of really strong bonds," says Bean who married his high school sweetheart five years ago and has a nine-month-old daughter.

As for his Olympic experience, Bean says the only one he was able to really enjoy was the 2002 Olympics in Salt Lake when he got to stick around and take in some of the other competition.

"It's hard to explain. You spend your whole life trying to get there and when you finally do it's like any other competition only on a much bigger stage. At home you get to see everything and see the other competitions, but when you go there to



Theo Mahon was one of the lucky youngsters who traded in an old loonie for a 2010 Vancouver 'Lucky Loonie' at the Orleans branch of the RBC last Tuesday as well as an autograph from former Olympian freestyle skier Jeff Bean (right). Fred Sherwin/Photo

compete you're in a little bubble preparing for your event. You don't have a chance to follow anything else," says Bean.

To the young people who showed up at the Innes Road RBC branch to trade their old loonies for a brand new Lucky Loonie, meeting an Olympic hero was an added bonus.

If you're interested in getting your own Lucky Loonie, you can do so at any RBC branch. Over 10 million coins which show a loon landing on water along with the official emblem of the Canadian Olympic team have been minted.

Belcourt Manor hosts family BBQ and Open House

By Fred Sherwin
The Eastender

Residents at Belcourt Manor in Orléans were blessed with beautiful weather last Tuesday as they were able to get outside and enjoy a wonderful BBQ with family and friends along with some lively entertainment provided by "La tournée du Bonheur".

Although the Belcourt Manor staff rented several large tents in case of rain, they weren't needed as the sun shown throughout the afternoon. Besides the BBQ, there was cotton candy and ice cream for the grandchildren in attendance and plenty of dancing for anyone who wanted to get up and kick off their shoes.

It was the perfect way to showcase the facility which recently underwent a major facelift. Marketing co-ordinator Michele Belec was kept busy taking prospective residents on tours of the manor.

The Belcourt Manor apartments offer

residents the very finest in independent living with the added bonus of having access to the Manor's many amenities including an attractive air-conditioned dining room, library and billiard room.

The Manor itself has a full range of services for residents who need assisted living including regular medical visits, nursing care, medication management, pharmacy services, assistance services, housekeeping and linen service.

At present there are only five assisted living quarters available although they may fill quickly judging by the reaction to the open house.

"So far everyone has really liked what they've seen," says Belec. "It's been very, very positive."

Belcourt Manor is owned and operated by Allegro Residences. The building is located on Belcourt Boulevard just south of St. Joseph. To reach them by phone you can call 613-841-2079.



'La tournée du Bonheur' frontman Jean-Guy Piché entertains residents during the Belcourt Manor family BBQ last week. Fred Sherwin/Photo

The Eastender

Fred Sherwin
Editor & Publisher

Letters should be limited to 250 words.

The Eastender reserves the right to edit correspondence for length with a commitment to maintaining the integrity and spirit of the content.

To submit a letter to the editor to *The Eastender* e-mail the-eastender@orleansonline.ca.

Coaching Little League baseball a real blast

As I mentioned in my last column, I am once again coaching Little League baseball, only this season I've made the jump to the summer competitive ball as the coach of the Gloucester A's Minor 'B' team.

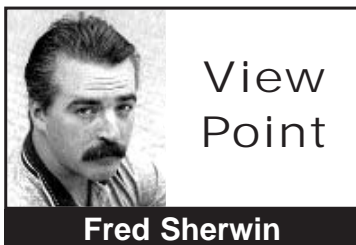
Now some of you may be wondering, why is a guy from Fallingbrook coaching baseball in Gloucester? I'm glad you asked. I had every intention of returning to Orleans Little League to coach instructional ball this past spring, but was refused to register my two boys because I was a few weeks late with my registration fee, even though I had already been assigned a team and we had our first a practice.

In fact, I had even paid my registration in cash only to get an e-mail the next day telling me that the league executive had met the night before and decided to deny all late registrations including those of my two boys Jamie and Dylan. When I called Orleans Little League president Gordon Crookston and asked him for an explanation he told me what had transpired and that my money would be returned to me as soon as possible.

But here's the kicker, when I told him that my sons had their hearts set on playing baseball and asked him what I should tell them, he responded, and I quote, "Well you know there's lots of other sports out there they can play."

Excuse me. And you wonder why Little League numbers have been steadily going down over the past few years.

Never in my 19 years covering minor sports in the far east end have I ever heard of the head of a minor sports organi-



zation suggest to a parent that his or her kids could always play another sport.

To say I was flabbergasted would be a gross understatement.

The next day I decided to call Dwayne Cowick, who is on the executive of Gloucester Little League and a long time coach. When I told him of my predicament, he said Gloucester would be more than happy to take my boys and that they could always use an extra coach.

I ended up skipping one of three instructional league teams and after a rather slow start we managed to win the championship.

When no one could commit to coaching the competitive Minor League team for a full season, I stepped up to the plate and gladly volunteered.

The result has been one of the most fulfilling and rewarding experiences of my life.

With two games left in the regular season we have yet to lose, having amassed a record of nine wins and one tie.

The kids are unbelievable. They are keen, as evident by the near perfect attendance record for practices, and they never give up.

Besides being blessed with 14 great players, I also have three wonderful assistant coaches in Peter LaBarbera, Bob Doherty and Sylvain Boyer and a group of extremely supportive parents.

The irony is that my own Little League career lasted less than a season. I was the kid that always laid down in the outfield and chewed on a piece of grass while watching the clouds float by.

It wasn't until I read a book about the history of baseball as a 13-year-old that I became fascinated with the sport. We had just moved to Ottawa about the same time and my Dad took me to my first Expos game at Jarry Park which further fueled my passion. Guys like Rusty Staub, John Boccabella and Ron Hunt became my summertime heroes.

But I didn't become a student of baseball until I saw an ad for the Strat-O-Matic baseball game on the back of a comic book. I just had to have it.

Strat-O-Matic baseball is a dice game with cards for each individual player. The game taught me all about the hit and run, how to formulate a proper batting order and how to manage a pitching staff. I used to play for hours on end in my bedroom at our old house on Baseline Road.

I've always wondered what happened to that game. I'm sure it ended up in the same place as my old hockey cards that laid unclaimed in a shoebox when my parents moved out.

As for how my two boys are doing, Jamie called it quits back in May, but Dylan has stuck with it.

Every time he gets on base is an adventure, owing to the fact that he is the slowest runner in Little League and I'm not exaggerating. During one game in particular, he barely beat out the tag at third base after shuffling his little legs as fast as he could. All the parents were yelling their lungs out from the

sidelines urging him on.

When he called safe he was so proud he was smiling from ear to ear. As a reward I bought him a pair of cleats which has only made him a fraction faster, although he did get his first hit and RBI the other day which cost me a large Slurpee and a Mars bar.

Our goal now is to win our final two regular season games (knock on wood) and run the table in the playoffs. Stay tuned.

The Navan Fair is on this weekend and once again I'll be taking part in the Culinary Arts competition.

Last year, I submitted eight recipes and walked away with four red ribbons, two blue ribbons and a white ribbon.

My winning entries last year were my blueberry muffins, my chocolate cake, my blueberry pie and my cherry loaf.

Admittedly it's going to be a tough act to follow, but I'm going to try my best despite the fact that they dropped lemon loaf from the Quick Breads class and instead of chocolate cake, they changed it to chocolate beet cake, whatever that is. For some reason chocolate and beets together doesn't sound very appetizing.

My dream is to still take a run at being the first ever Navan Fair Baking King, but unfortunately I just didn't have the time to cook the 50 or so entries you need to take a solid run at the title. Perhaps next year.

As for this year, my goal is to win at least two red ribbons and hopefully do better in the pie class. I'll let you know how I did in next week's column.



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Summer safety tips for your four-legged friends

By Natasha Farinaccio
The Eastender

Hey everybody – you might have noticed that I haven't been writing too much lately. I guess I took an early summer vacation. Well actually, I've been busy, so I haven't found the time to sit down and write an article, but now I have.

The summer has been LOTS of fun so far! I competed with my dog "Mika" in two Dog Agility trials; one on June 8 and one on July 26. Mika was amazing, even earning her Agility Dog of Canada title on June 8. She also went for her first swim in our pool, with her spiffy new lime green lifejacket. She's got swimming a few times this summer and she's learned to tolerate it.

You and your family might be going away for summer vacation. You might want to bring your dog or cat with you. What fun! However, when travelling, you need to be aware of summer safety for your pet.

It's also important to make sure your pet is comfortable in the heat. Overheating can kill your pet, so make sure to always have lots of water on hand.

Remember, it's very easy for pets to get heat stroke. Try dumping some water on your dog (cats might not like this). You can even get a cooling jacket or soaker coat if your dog spends a lot of time outdoors.

When walking your dog, remember that the road is VERY hot in the middle of the day during the summer, and can burn paw pads, so don't make your pet stand in one place on the road for too long when it's really hot.

The summer is a great time to lose weight, for both you and your pet. However, it's best if you keep your walks in the morning and evening. I usually walk Mika between 9 a.m. and 11 a.m., take a break during the heat between noon and 6 p.m., and then go for another walk between 7 p.m. and 9 p.m.

Also, while you're out on your walk, make sure not to let your dog walk on grass that's been sprayed with pesticide or insecticide. You shouldn't let your dog walk on people's lawns anyway (most people don't like it)...and remember, pick up after your dog! I'm very surprised at

how many people don't do this. It gives dogs an undeserved bad reputation.

Efficient coat care is also vital during the summer. If your dog has a big thick coat, it's best to keep it clipped to about one or two inches long to help prevent overheating. However, don't shave your dog down completely so that it has no fur left. Your pet's fur provides protection from the sun, so it's important not to cut it too short.

When you are traveling by car it's a great idea to put an ID card with your pet's information on it in their crate or cage. This could save your pet's life if you get in an accident and your pet is lost or injured. Put all of your pet's important information on the card. It's also helpful to glue a photo to it. This simple card could make a difference between life and death, in a severe situation.

Doggie seat belts are a great idea too. You wouldn't let your child travel in the car without a seat belt, so why not buckle up your dog? If you really don't want to get your dog a seat belt, at least put it in its crate. It will

remain secure and make it feel safer.

Many people let their dog sit beside them and look out the window. It may be cute, but it can also be dangerous. What if you get in an accident? Your dog could be seriously injured. Also, dirt and debris often flies into a dog's eyes when it sticks its head out of the window of a moving car, which irritates the eyes.

It's also a good idea to keep a stack of photocopies about the dangers of leaving a dog in a parked car in your glove compartment, so if you see a dog in a car alone, you can leave a photocopy on the front of the car for the owner to see when they return.

If it's a hot day and the owner is nowhere in sight, you should notify a nearby security guard or parking attendant and call the Ottawa Humane Society Emergency Services at 613-725-1532. Well that about sums up summer safety for your pet. Enjoy the rest of the summer and remember, keep your pets safe.

(Natasha Farinaccio is a regular contributor to The Eastender and OrleansOnline.ca.)

Local Business

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about the interior of the house such as an extra large dining room, a big kitchen, or a large private back yard that will attract a potential buyer," says Hider.

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Local sports

Cumberland Panthers earn berth in Junior Varsity semi-final

By Fred Sherwin
The Eastender

The juggernaut that is the Cumberland Panthers junior varsity football team moved one step closer to the Ontario Junior Varsity championship on Saturday after crushing the Oshawa Hawketes 40-1 at Millennium Park.

Everything went the Panthers way from the opening kick-off when Ryan Begin's kick sailed over the head of the Hawkeyes return man who had to retreat to retrieve the ball before getting tackled on the one yard line. On the very next play the Panthers caught the Hawkeyes in the endzone for a safety.

After the ensuing kick-off, the Panthers drove the ball downfield to set up a touch-down run by Kevin Wojick to give the home team an early 9-0 lead.

When the Hawkeyes failed to move the ball on their next possession, the Panthers out together another scoring drive, this time capped by a 14-yard pass over the middle from Alex Skinner to a wide open Matt Russell.

The Hawkeyes next possession was interrupted by Jeff Veinotte who found himself Johnny on the Spot when he hauled in a batted ball for a rare offensive lineman interception. Four plays later Begin split the uprights on a 19-yard field goal attempt to improve the Panthers lead to 19-0.

Cumberland would go 26-0 on their fourth possession of the game when running back Art Nault scampered 50 yards and just

managed to brush the pylon before getting pushed out of bounds.

The Hawkeyes had their best chance to put some points on the board late in the first half, but Cody Enman's 45 yard pass to Austin Giuntoli was called back for offside. On the next play the Panthers intercepted an Enman pass, but were called for interference on the play.

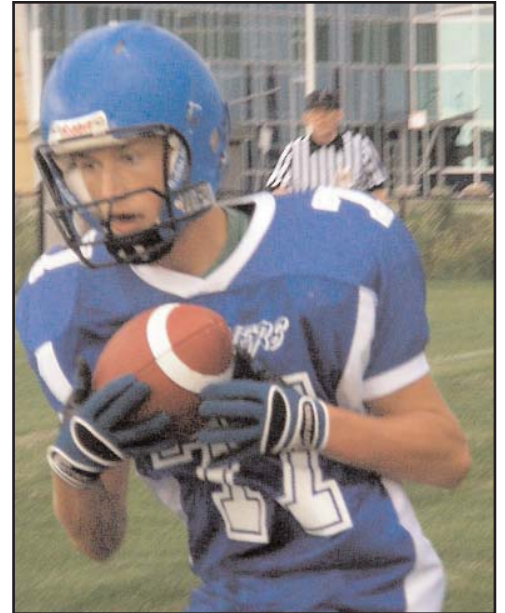
Two objectionable conduct penalties in addition to the interference call would give Oshawa a first down on the Panthers' 15-yard line. It was there that Cumberland decided to stand their ground. The series ended when Panther linebacker Will Parker caught the Hawkeyes ball carrier in the back-field on fourth and 10 to force a turnover on downs.

Oshawa would eventually get a single point on a missed field goal attempt, but the rest of the game was all Panthers as they continued to roll up the score.

Early in the second half, they put together another long drive highlighted by several long runs by Demetri Delakos and capped by a one yard pass from Skinner to Addison Dark.

Another touchdown pass by Skinner, this time to Chad Batty on a play action in the third quarter, would make the final score 40-1.

The undefeated Panthers now have a week to prepare for the Brampton Bulldogs (4-5) who upset the Metro Toronto Wildcats (8-1) in the other Wettges Division semi-



Cumberland Panthers receiver Addison Dark hauls in a touchdown pass from Alex Skinner during the Panthers' 40-1 win over the Oshawa Hawkeyes last Saturday. Fred Sherwin/Photo

final. The two teams will go at it next Saturday at 5 p.m. at Millennium Park for a chance to play in the OVFL Junior Varsity Championship which will be played on Aug. 16 at Ivor Wynne Stadium.

The Panthers have only given up 37 points in nine games while averaging over 45 points per game on offense.

Gloucester Rangers name Vince Mallette new head coach

By Fred Sherwin
The Eastender

After changing their name from the Orleans Blues back to the Gloucester Rangers, the Rangers have gone out and hired a new head coach with a history of success in the CJHL as well as an extensive resume that includes stints with the Ottawa 67s and the Peterborough Petes.

After recently being let go by the Petes, Vince Mallette turned down several inquiries from other OHL teams and at least one AHL club, in order to come back to Ottawa where his wife and two children have remained for the past two years.

"For myself and my family it's a really good situation. While I was in Peterborough I probably got back to Ottawa maybe twice during the regular season and they would come down maybe three times. It was definitely a challenge," says Mallette.

Mallette joined the Petes after eight seasons as an assistant coach with the Ottawa 67s. Before that he enjoyed a successful career in the CJHL, coaching the Ottawa Jr. Senators to the championship in 1992 when he was named Coach of the Year. Prior to that he was named First Team All-Star Coach four times.

In his first season with the Petes, Mallette had them two points out of first place before they traded two of their top veterans for younger players and draft picks which saw them enter a rebuilding phase. They ended up missing the playoffs that season, but rebounded in 2007-08 to make the playoffs before losing to the Belleville Bulls in the first round.

Mallette comes to the Rangers after a year of turmoil in which they came under new ownership when Paul Jennings took over the club last fall and they traded away several

key players. In the end they only won 14 of 60 games and missed the playoffs by 14 points.

Mallette says his first order of business will be to infuse a greater work ethic into the team.

"Without a work ethic there's no room for improvement. You need to work hard every game and every shift. I want us to be a team that's difficult to play," says Mallette, who will be joined behind the bench by Alex Armstrong who was an assistant coach with Nepean last year.

It's not every day that a Tier II hockey team gets the chance to hire someone with Mallette's extensive resume. A fact not lost on team owner and general manager Paul Jennings.

"We're very fortunate that Vince has agreed to be our new head coach. He brings a wealth of experience with him and we're happy to have him," said Jennings.

Artscetera

Steffi D lands role with traveling Broadway show

By Fred Sherwin
The Eastender

Orleans' favourite performer Steffi Didomenicantonio has taken one giant step closer to realizing her dream of performing on Broadway after landing a role on a Broadway National Tour.

Better known as Steffi D to her many fans, Didomenicantonio will play the lead role of Ilse on the Broadway National Tour of "Spring Awakening".

"It's the most exciting thing because 'Spring Awakening' is my favourite musical of all time, which is very odd and cool. I actually saw it for the first time about two years ago when I was in New York for some auditions and I fell in love with it right away," said Steffi before leaving for the Big Apple where the show is currently in rehearsal.

Steffi made it all the way to the top five during Season 4 of Canadian Idol in 2006. During her run on the popular reality show she was praised for her quirkiness and stage presence. Several of the judges predicted she would have a successful musical theatre career. One of the judges even went so far as to say that she would end up making more money than any other contestant on the show.

Ironically, Steffi auditioned for Idol as a lark with her friend and puppetry collaborator Ben Durocher. Durocher, who hails from Stittsville, failed to make it past the first round of auditions, but Steffi sailed through to hell week in Toronto and made the Top 22 selected for the live show.

As an aside, Durocher ended up auditioning for the CBC reality series "Triple Sensation", which aired last fall, and made it all the way to the final two.

In the aftermath of her Canadian Idol appearance, Steffi became a bonafide

celebrity. She was recognized wherever she went and was constantly asked for her autograph or to pose for pictures with admiring fans.

"I would walk down the street and people would be stopping me. I would just be grocery shopping and people were asking me for an autograph. It was exhilarating and crazy all at once," says Steffi.

After returning to De La Salle high school to complete Grade 12, she enrolled at George Brown Theatre School in Toronto to pursue a career in musical theatre. Before going off to college, however, she auditioned for and landed a supporting role on the French television series "Moitie Moitie" which aired on TFO in February.

The series was about two twins, Matisse and Mahee, who split their time between living with their father in the country and their mother in the city. Steffi played Mahee's city. Despite her brush with television fame, Steffi's sights were still set on Broadway.

"My main goal will be and has always been Broadway," Steffi told a reporter shortly after the series aired. "I'm a big musical theatre geek."

Now that she's been hired to play the lead role on "Spring Awakening", Steffi will have to put school on hold for awhile. The traveling show will run for a year starting later this month and will include stops in a number of major American cities. Unfortunately the only Canadian city scheduled on the tour so far is Toronto.

"I'm really excited because I think it's going to be a challenge. Of course, because a year is a long time to carry a role and it has to be my job, like everybody else in the musical, every night has to be my best performance," says Steffi.

The character she is playing, Ilse, is



Fourteen-year-old Kira Isabella from Fallingbrook recently won the Rising Star Award at the Ontario Open Country Singing Contest in Blyth, Ontario. File Photo

somewhat of a free-spirit who runs away from home to live as a Bohemian and ends up falling in love. At first she wasn't sure if she got the part or not. Her agent left her a cryptic voice message while she was in class. Right away she called her mom, who told her the good news.

"I tried to calm down and then she tells me that they cast me in the show for the national tour. I was jumping everywhere in the middle of the hallways, so everybody heard me screaming ... when I got off the phone everybody was in suspense and were like, 'What? Tell us what's going on!' and I (told them) and everybody just started screaming and hugging me and it was great," says Steffi who is well on her way to achieving her lifelong dream.

Community calendar

THURSDAY, AUG. 7

OFFICIAL OPENING OF THE NAVAN FAIR

Gates open at 4 p.m. Midway rides, food concessions, exhibits, dairy cattle show, Navan Fair Ambassador competition and much more. Visit www.navanfair.com for all the details.

FRIDAY, AUG. 8

NAVAN FAIR –

Pay-one-price day. Gates open at 8 a.m. Concessions and exhibits open 10 a.m. Midway opens at open 11 a.m. Demolition derby starts at 7 p.m.

Concert featuring Prism and The Headpins under the domes at 9 p.m. Visit www.navanfair.com for more details and to check out the schedule.

SATURDAY, AUG. 9

NAVAN FAIR –

Gates open at 8 a.m. Concessions and exhibits open 10 a.m. Midway opens at open 11 a.m. Navan Fair parade 11 a.m. Tractor and truck pull 12:30 p.m. Steel Warriors strongman show 1 p.m. Concert featuring Streetheart and The Ryde under the domes

at 9 p.m. Visit www.navanfair.com for all the details.

THE CUMBERLAND PANTHERS FOOTBALL CLUB

is hosting the National Capital Amateur Football Association (NCAFA) Mosquito Madness Football Tournament between 9 a.m. and 4 p.m. at Millennium Park on Trim Rd. The tournament showcases boys and girls aged 11- 12-years-old.

THE CUMBERLAND PANTHERS take on

the Brampton Bulldogs in the Ontario Varsity Football League junior semi-final for the right to play in the league championship game. Kick-off is at 5 p.m. sharp at Millennium Park.

SUNDAY, AUG. 10

NAVAN FAIR –

Gates open at 8 a.m. Concessions and exhibits open 10 a.m. Midway opens at open 11 a.m. Beef and Western Horse Show 10:30 a.m. Bed race from RBC to Fire Hall 11:30 a.m. Navan fair Talent Show 12:30 p.m.

SUNDAY, AUG. 10

CUMBERLAND-GLOUCESTER RINGETTE ASSOCIATION WALK-IN REGISTRATION

from 6:30 p.m. to 8:30 p.m. in the upper foyer hallway at the Bob MacQuarrie Recreation Complex on Youville Dr. (formerly the Orléans Recreation Complex).