



Cosenza PIZZA N' CALZONES

6505 JEANNE D'ARC BLVD N.
(in the Convent Glen Plaza)
cosenzapizzancalzones.ca

613 837 8000

10% OFF PICKUP ORDERS
Pick up orders only. Offer must be mentioned upon ordering. Offer valid until May 21. Cannot be combined with other offers.

THE Orléans Star

L'Orléanais
L'édition de
cette semaine
à l'intérieur...

November 7, 2024 • Volume 39, No. 13

Next edition November 21

Remembering Navan's first fallen war hero

By Fred Sherwin
The Orléans Star

There are 19 names on the Cenotaph in Navan. Six of the men whose names are carved in the granite died during the Second World War. Twelve others died during the First World War. But the first name on the Cenotaph didn't pass away in either of the great wars.

Oliver Burns died in the Boer War which was fought in South Africa between troops from the British Empire and members of the Dutch-speaking republics of South Africa and the Orange Free State from 1899 and 1902.

Ollie Burns, as he was known to his family and friends, was the third child of John Lewis Burns and Jane Ann Hand. He was born on the family farm at 3007 Trim Rd. on Jan. 11, 1877.

When the Boer War started on Oct. 11, 1899, Burns was working as a machinist. He was also a volunteer with the Ottawa and Carleton Rifles Militia, which today would be comparable to

the Army Reserves.

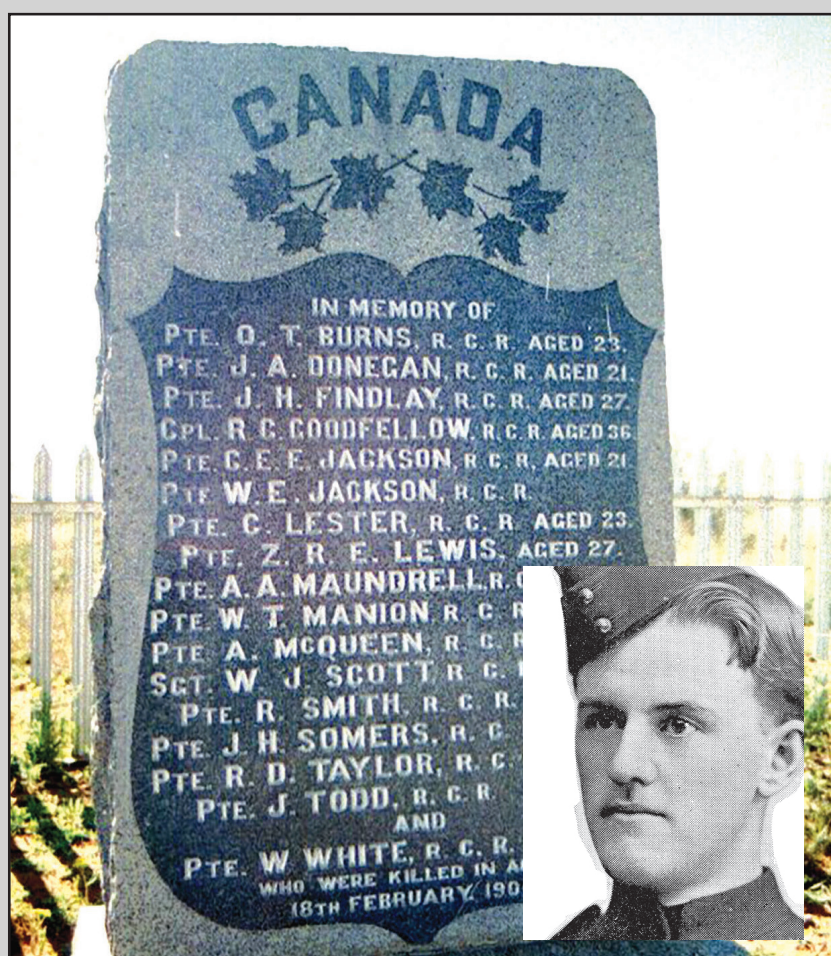
After the fighting began, the Royal Canadian Regiment of Infantry started a recruitment campaign across English-speaking Canada, including Ottawa. Burns was one of the first Canadians to answer the call, enlisting with the service just four days after the recruiting campaign began, along with 865 other young Canadians, almost all of whom were members of various standing militias.

Within sixteen days of the declaration of war, the 2nd (Special Service) Battalion, Royal Canadian Regiment of Infantry (2RCRI) had been formed, equipped and dispatched by steamship from Québec City to Cape Town.

The 866 volunteer members of the battalion were augmented by 43 members of the permanent force, including officers.

The 2nd Battalion RCRI represents Canada's first overseas engagement in a major war and it

CONTINUED ON PAGE 2 ►



Oliver Burns name can be seen at the top of a memorial to the members of the Royal Canadian Regiment of Infantry who died at the Battle of Paardeberg during the Boer War . FILE PHOTOS



*'We will
remember them*

LOCALLY OWNED AND OPERATED

HERITAGE

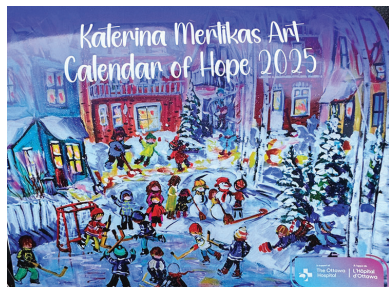
FUNERAL COMPLEX - COMPLEXE FUNÉRAIRE INC.

1250 Trim Road • 613-830-2305 • www.heritagefh.ca

Our priority
is to listen
to your
needs

COMMUNITY BRIEFS

2025 Calendar of Hope now on sale



ORLÉANS – The 2025 Calendar of Hope featuring the artwork of Gina Mertikas is now on sale. This is the seventh edition of the calendar which is produced by breast cancer survivor and Orléans resident Gina Mertikas-Lacvitoire. After undergoing cancer treatment in 2017, Mertikas-Lacvitoire wanted to find a way to repay the doctors and staff who had helped her recover. That's when she teamed

up with her mother to produce the very first Calendar of Hope. Since the pair has raised over \$45,000 from the sale of the calendars with the proceeds going directly to clinical trial research. The calendars cost \$25 each and can be ordered by emailing gmertikas@gmail.com.

Youth Awards deadline extended to Nov. 15

ORLÉANS – The deadline to submit nominations for the Orléans Outstanding Youth Awards has been extended to Nov. 15. Unlike other awards which are divided into categories, the Orléans Outstanding Youth Awards are designed to recognize youth who are outstanding in a variety of areas. For instance, they may excel in a specific sport or an artistic discipline, while maintaining excellent grades and contributing to the community through volunteering, mentoring or tutoring. Anyone can submit a nomination, including a parent, teacher, coach or even the individual themselves. The first step in the process is to put together a resume or CV listing the nominee's various achievements between Oct. 1, 2023 and Sept. 30, 2024. Each submission must also contain the nominee's name, address and phone number as well as the name, address and phone number of the nominator. Nominations can be submitted in either English or French. To submit a nomination simple e-mail the nominee's CV and other information to OYA@orleansstar.ca. For more information and the criteria for nominations visit www.orleansonline.ca/OYA.

Remembering Navan's first fallen war hero

Continued from page 1

wouldn't take long for the battalion to enter the fray.

After arriving in South Africa, the hastily formed battalion went through two months of vigorous training.

Burns and his comrades were eventually called into action in mid-February when they joined Britain's 19th Brigade in an offensive to try and retake Pretoria. Their first engagement with Boer forces came on Feb. 18, 1900 at a place called Paardeberg.

In the battle that followed, 2RCRU suffered 78 casualties including 18 dead. Ollie Burns was among those who were killed.

The British and Canadians eventually won the battle when the Boer forces consisting of more than 4,000 men, surrendered on Feb. 27 after nine days of fighting.

The dead, including Burns, were buried on the battlefield and a cairn honouring the 18 Canadians who made the ultimate sacrifice was erected on the site some years later.

In 1902, a second monument with the names of the 16 Ottawa-area men who died in the war was erected in what is now Confed-

eration Park. It was paid for with funds raised entirely by Ottawa schoolchildren.

The Canadian government's decision not to expatriate the remains of the men who died in the Battle of Paardeberg became a major bone of contention for the Burns family. John Burns even wrote an impassioned letter to the Minister of Defence asking that the remains of the fallen Canadians be brought home including the remains of his son.

After Ollie was killed, John and Jane moved to Cumberland Village with the youngest of his siblings. The farm on Trim Road was eventually brought back into the family when by Ollie's brother Martin bought it. The farm was later handed down to Martin's son Robert "Bob" Burns, who still lives there today.

A number of Navan's sons followed in the footsteps of Oliver Burns, serving in both the First and Second World Wars, including his brother Martin who served in the First World War. Many, like Ollie, never made it back home.

Their names are etched on the Cenotaph as well and they too shall be remembered this Monday, Nov. 11.



Don't leave it to chance!
Get your updated
COVID-19 and flu
vaccines today.





OttawaPublicHealth.ca/RespVirus



LEST WE FORGET

RCL 632 Orleans
Remembrance Day Ceremony
800 Taylor Creek Drive
Parade starts from Vimont Ct at 1040

All are welcome to partake in a light lunch in
the Legion following the ceremony

WE WILL REMEMBER THEM



NOVEMBER 11

Community Resource Centre launches 2024 Christmas Program

By Fred Sherwin
The Orléans Star

This Monday, Orléans residents will take a moment to remember all those who have served their country both in war and in times of peace as a member of the Canadian Armed Forces.

But in the days afterwards, the Christmas holiday season will unofficially get underway, starting with ads for Black Friday and Cyber Monday. The holiday season is when commercialism and consumerism coincide, and retail spending is at its highest level of the year.

Most people are able to stay within their means while others end up maxing out their credit card.

But there are others, for whom Christmas and the holiday season is the most stressful time of an already stressful year. They are either out of work, underemployed, left abandoned by their spouse, or are experiencing health issues, preventing them from earning a living.

It is an especially stressful time of year

for financially struggling parents of young children, pre-teens and teens.

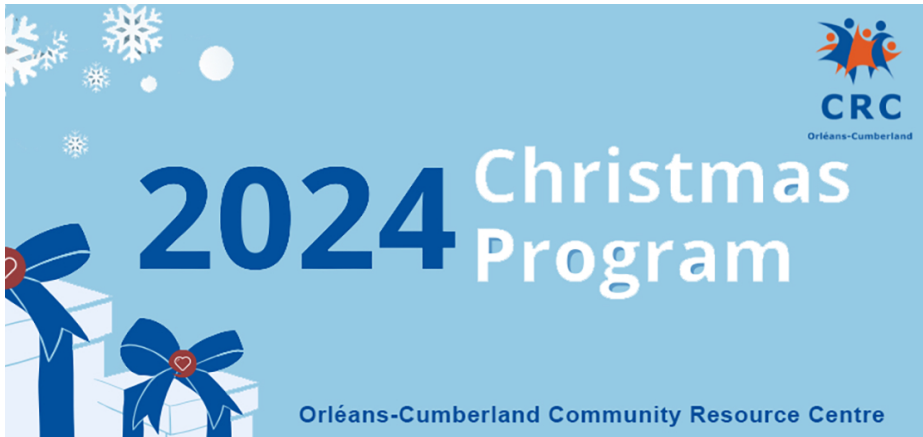
But thankfully there is a place in Orléans that can ease some of that stress.

The Orléans-Cumberland Community Resource Centre (OCCRC) not only operates a food bank year round that can provide families with emergency food supplies, they also run a Christmas program which provides families in financial distress with gifts for their children and seasonal food items through the generosity of area residents who are often their neighbours.

Three hundred and fifty one families benefited from the program last year. This year, due to the rising cost of food and clothing taking up a greater share of household income, the Resource Centre expects there will be an even greater need.

More families needing help means there's a greater need for donations.

There are several ways the community at large can participate in the program. Local businesses can sponsor one or more families either on their own, or with the help of their



employees. After determining the size of the family they want to sponsor, the business provides them with the essentials for a joyful holiday season including food items and gift cards for the children.

Sponsorship levels range from \$150 for a family of two, to \$400 for a family of 12, and everything in between.

Sponsorship forms are available at www.crcoc.ca/en/christmas/.

Individual and businesses can also

make a one time donation by visiting give-can.keela.co/2024-christmas-program.

Other ways you can help those less fortunate during this holiday season is by making a donation to the Snowsuit Fund of Ottawa at snowsuitfund.com, or by donating a toy to the Toy Mountain campaign during Santa's Parade of Lights, which is taking place on Nov. 30 this year, or at select locations in Orléans including most branches of TD bank.

STAY SAFE. STAY WARM. INVEST IN A NEW FURNACE THIS WINTER.

GL J.G. LEMAY
Heating & Air Conditioning

Furnaces by **KeepRite**
www.keeperite.com

Book Your New Furnace Installation Now to Avoid Being Left In the Cold

- High-Efficiency Oil and Natural Gas Furnaces
- Electric Furnace Installation, Repairs and Service
- Humidifiers, Air Cleaners and Thermostats Installation and Servicing
- Central Air Installation and Servicing

Call now to book your winter heating and fireplace maintenance.

BEAT THE COLD WEATHER
Furnace Only Maintenance from \$99.95
Furnace & Fireplace Maintenance from \$189.95

Humidifiers from \$399 Installed

Fully Bilingual Service. We service all makes and models.
(613) 830-1661 • (613) 835-2658

The 2024 Orléans Outstanding Youth Awards

Last call for nominations

The Arts – Academics – Sports
Community Service – Humanitarianism

Do you know someone in your community under the age of 18 whose talents and abilities set them apart during the past year? If so, why not consider nominating them for the Orléans Outstanding Youth Awards? Nominees must be 17 years old or younger as of Sept. 1, 2024, and reside within the City of Ottawa east of Blair Road. Nominees will be judged on their accomplishments between Oct. 1, 2023 and Sept. 30, 2024. All submissions must include the name, address and phone number of both the nominee and the nominator as well as a resume of the nominee's accomplishments. There are no categories *per se* – those nominated will be judged on their accomplishments in any one area, or a combination of areas. Nominations can be submitted by e-mail to OYA@orleansstar.ca or regular mail to The Orléans Star c/o 745 Farmbrook Cres., Orléans ON, K4A 2C1. The deadline for entries is Nov. 15. For additional information visit www.orleansonline.ca/OYA, or call Fred Sherwin at 613-447-2829.

Pantry plus

YOUR NATURAL FOOD STORE

Organic items • Groceries for Healthy Living • Bulk food • Herbs • Supplements
Wheat & Gluten Free Products • Keto products • Beauty & Personal Care

VOTRE MAGASIN D'ALIMENTS NATURELS

Épicerie naturelles • Produits en vrac • Herbes • Suppléments
Produit sans blé et sans gluten • Produits Keto • Beauté et soins personnels

2433 St. Joseph Blvd., Orléans
613-830-5790 • www.pantryplus.ca

One-ply toilet paper

As someone who has worked from home for almost 20 years, I've been racking my brain about the advantages of RTO - the only one I can come up with is free toilet paper...and it's not exactly Cashmere, is it?

There are folks who truly believe that public servants are totally slacking off at home. "My taxes pay their salaries - they should go back to the office so we can be sure they're working!" These are not children we're talking about, they're adults - do you really think their every move needs to be monitored?

Commuting is bad for the environment no matter what method you use, time (I know people who commute for 15 hours a week), cubicle farms (where productivity goes to die), having video meetings with people elsewhere in the building. Oh, and let's not forget the pesky illnesses going around.

The world changed with Covid - and the majority of public servants hit the ground running. Those who had been told that WFH was never going to happen were thrilled how quickly things got up and running. They were also happier, more productive (StatsCan says productivity went up 4.5% from 2019 to 2023), saved money and supported their own local businesses.

Downtown businesses who pushed to have public servants return have had years to adapt. Being open from 11am to 3 or 5pm and closed on the weekends doesn't help you attract the thousands of people who live downtown. And with the cost of living and the increased cost of going back to the office, who can afford to go out for lunch these days?

People who took advantage and slacked off should be dealt with. Kids should taken care of by someone else. I started permanently working from home when my kids were young, but not too young. When they came home from school, they entertained themselves. If my rowdy twin sons were able to keep out of trouble for a few hours, anyone can.

Simply put, people who work best in an office environment should be able to do so, whereas those who work best at home should not feel judged. Managers who feel the need to hover or micromanage should learn to trust people.

As I mentioned before, I have worked from home for almost 20 years now, but had a history of it - as it turns out, I have one of the easiest jobs to do from home. In 1988, *Ottawa Magazine's* computer drought sent me running from Bank & Nepean to my apartment on Metcalfe to do my work on my own computer. I loved it, was incredibly productive and I was in great shape from all that exercise. When my computer at IBM blew up, I started working from home because I wasn't allowed to bring my computer to the office (IBM never did replace my office one). My boss was a bit hesitant at first, but eventually let us all do it.

There are of course jobs that cannot be done at home - hospitality, emergency services, health care, etc. - but that shouldn't determine that others can't WFH. And hey, the office - and taxpayers - is saving money on toilet paper, am I right?

Jody Maffett, Editor

THE
Orléans Star

Jody Maffett
Editor
The Orléans Star

Fred Sherwin
Owner and publisher
fsherwin@orleansstar.ca

ocna
Ontario Community
Newspapers Association

Jean-Marc Pacelli
Editor
L'Orléanais

The Orléans Star is a bi-weekly publication distributed to over 40,000 residences in Blackburn Hamlet, Orléans and Navan. The newspaper is locally owned and operated by Sherwin Publishing Inc., 745 Farmbrook Cres., Orléans, ON. Inquiries and delivery issues should be sent to info@orleansstar.ca.



Residents generosity contributes to another successful Poppy Campaign

I hope you all had a great Halloween. It was so exciting to see kids out trick-or-treating and to welcome them on a beautiful warm evening. As always, I was impressed with the fantastically decorated houses across our neighbourhood and the originality of the costumes.

From Nov. 5 to Nov. 11, Canadians across our country observe Veterans' Week, a significant period dedicated to honoring the remarkable courage and sacrifice of those who have served their country, both in the past and present, during times of both peace and conflict.

This week serves as a profound reminder of the selfless contributions made by our veterans in safeguarding the values and freedoms we hold dear. It stands as an opportunity for communities to come together in gratitude and remembrance, acknowledging the immeasurable debt owed to these brave individuals for their unwavering dedication to our nation's welfare.

On Monday, I laid a wreath at the Orléans Legion cenotaph during the annual Remembrance Day ceremony on behalf of Canadians in honour of the sacrifices that were made - and that are still made - to ensure our country's safety and freedom.

I want to recognize the immense work that our local Legion members and their volunteers did during this year's Poppy Campaign which benefits local vet-

erans and their families. Thank you Orléans for your generosity during the campaign commemorating our veterans by proudly wearing your poppy.

This monthly column gives me an opportunity to share news with you, but also to highlight concrete measures taken by the federal government that are positively impacting our community. Since its introduction in 2023, the Canada Carbon Rebate (CCR) incentive quarterly payments, have put more money back in the pockets of 67,340 individuals in Orléans which is more than what they pay in carbon tax.

Moreover, to support small businesses, the government has introduced the new Canada Carbon Rebate for small business and reduced the credit card interchange fees by up to 27 per cent as of Oct. 19. This will positively impact 90 per cent of SMEs.

We have seen the inflation rate fallen to 1.6 per cent in September 2024 and the Bank of Canada has cut interest rates three times now - the first country in the G7 to do so - providing relief to Canadians who are looking to buy a home or renew their mortgage. These are concrete actions that can make a big difference.

Lest we forget!

** La version française est disponible sur mon site internet à MFLalondeMP.ca **



**Commons
Corner**

Marie-France Lalonde

A lot to think about and be thankful for this Remembrance Day

On Remembrance Day, we pay homage to those who gave the ultimate sacrifice in service to their country. In more recent years, it has become a day to honour all those who have served their country, whether they died in war, or never experienced a day of combat in their lives.

It remains and always has been a bone of contention among a great number of veterans of the military service. I was fortunate enough to have had five friends who all served during the Second World War in one capacity or another. The very idea that they would be honoured for their service on a day when they themselves were remembering the comrades who never came home, was disconcerting to them, to say the least.

As Syd Davie, put it... “I volunteered and I knew what I was getting into. I never thought of myself as a hero then and I don’t now. We were there to do a job and to defend our families and our country. The real heroes are the fellas who never came home.”

I would always disagree, but I learned to keep my opinion of my friend and his selfless service which continued long after the war and after he had immigrated to Canada and became a member of the Lions, to myself.

I personally believe that Remembrance Day should be a time to honour all those who



have served, both in time of war and in time of peace.

I also believe, like my friend Frank Stacey who is the Orléans Legion’s Veteran of the Year, that we should also take a moment during the Remembrance Day ceremonies to honour the families of military veterans who sacrificed as well. Especially the family members of those servicemen who never returned home. Many continue to suffer for years after their loved one is gone.

So this Remembrance Day when you are taking a moment of silence, use that moment to silently thank all of the service men and women, both living and dead, as well as their family members, for their service. It’s the very least we can do.

We should also use the occasion to think about the conflicts that are currently going on in the world, where innocent non-combatants

are either living through hell or have already perished.

I know I will be thinking of the people of Gaza, who have been caught between a rock, Hamas, and a hard place, Israel’s constant bombardment of their homes.

It’s hard to read reports like the most recent bombing of a five-storey apartment building in northern Gaza in which at least 93 Palestinians were killed, including more than 20 children. The Israeli Defence Force defended the air strike by stating that members of Hamas were using the residents as a shield. No doubt they were. It is a tactic used by terrorist groups for years. It was used by insurgents in Afghanistan and it was used by members of al-Qaeda in the battle for Aleppo in Syria.

But does eliminating a few Hamas members in an air strike justify killing 10 times that number of civilians, including children. I personally don’t think so, and I would hope that Canada would not use the same tactics if it was in the same situation.

As for the Israelis raid on the last remaining hospital in northern Gaza, basically shutting it down, it was either a necessary military tactic resulting in the surrender or death of over 80 terrorists according to the *Jerusalem Post*, or a war crime, according to witnesses

in the hospital, including some journalists.

And while some people can defend and even justify the civilian casualties in these actions, it’s hard to defend denying medical care to whatever civilian population is still alive in Gaza. For all intent and purposes Gaza is borderline uninhabitable. There is no electricity, no fresh water and no sanitation system. Oh, and no end in sight.

While the rest of the world has been calling for a ceasefire in Gaza, Israeli Prime Minister Benjamin Netanyahu has turned his sights on Lebanon and Iran, threatening to turn what started out as a military operation against Hamas in Gaza into a much broader regional conflict.

You can be both anti-Hamas and anti-killing women and children and then calling them collateral damage. You can be both in support of Israel’s right to exist and the right for Palestinians to exist. You can be both anti-Netanyahu and pro-Israel. All of these concepts are mutually compatible, but whether or not they are mutually attainable is another question altogether.

As for this Remembrance Day, I have a lot to think about, I have a lot to be thankful for, and I have a lot of fond memories of friends who are no longer with us, but will always be my heroes whether they like the title or not.

 JOIN US FOR A

WINTER STAY

Relax and enjoy the winter months in a comfortable suite in a vibrant community. Avoid the winter blues, and daily hassles of the cold weather. Join in activities, entertainment & more! There is always a community of friends looking for their next adventure.

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE

- Join in Activities, events and day tours!
- Nutritious and delicious meal plans
- 24-hour professional nursing care

In-person tours now available.

Book yours today!

Book your tour at one of our 11 Locations today!

riverstoneretirement.ca | 613-627-2090



Ottawa Owned
& Operated

RIVERSTONE

RETIREMENT COMMUNITIES



November 7, 2024 • Volume 39, No. 13 • 5

Embracing the yellow bag program, a sustainable shift for Ottawa

Starting Nov. 4, Ottawa residents will need to adapt to a new yellow bag initiative which requires that any garbage exceeding a three-item limit be placed in special yellow bags, available for purchase at various locations through-out Ottawa.

The introduction of this policy marks a significant step in the city's commitment to reducing landfill waste and promoting eco-friendly practices.

The three-item limit is designed to encourage residents to be more conscientious about the waste they produce.

Landfills are not only a strain on urban resources but also significant contributors to greenhouse gas emissions, particularly methane, which has a detrimental impact on climate change. By limiting the amount of waste that can be left at the curb, Ottawa is sending a clear message about the importance of recycling and composting, which have no limits in terms of what residents can set out for collection.

The yellow bags are priced at \$17.60 for a pack of four and will be available at numerous

retailers, including Home Hardware stores and city client service centres. This accessibility is essential for ensuring compliance across the community, as residents will have the tools they need to manage their waste effectively.

There is no limit on the number of yellow bags that can be used, allowing households to adapt to their specific needs. However, it's crucial to note that large items such as furniture cannot be placed in these bags, highlighting the ongoing challenge of managing bulky waste.

Ultimately, the yellow bag program is more than a logistical adjustment; it represents a cultural shift towards sustainability in Ottawa. It invites residents to rethink their waste habits and embrace recycling and composting as integral parts of their daily routines.

By participating in this initiative, we can collectively contribute to a greener future and significantly reduce our environmental footprint. For more information on the yellow bag program visit ottawa.ca/garbage.



Tim Tierney

Beacon Hill-Cyrville Ward 11

Third annual Christmas card contest – get your artwork in now

My annual Christmas Card Contest is officially underway. The contest has grown over the years, and it is such a fabulous way to engage kids that have an interest in painting and drawing.

Submit your holiday-themed drawings, and one lucky winner's artwork will be used as the cover of my Christmas card this year.

In order to properly recognize the winner, I ask that parents please make sure that the artist's name, grade, and school is clearly marked on the back of the artwork. The child whose art is selected, will also be presented with a congratulatory certificate to thank them for participating.

Artwork can be dropped off at any of the following locations:

- Bob MacQuarrie Recreation Complex
- Orléans, Customer Service Desk, 1490 Youville Rd.
- Lois Kemp Arena, at my ward office, 200 Glen Park Dr.
- Ottawa Public Library, Orléans Branch, 1705 Orléans Boul.

• Ottawa Public Library, Blackburn Hamlet Branch, 199 Glen Park Dr.

New this year, I am accepting both hard copies and digital submissions through my email at Laura.Dudas@Ottawa.ca. Though, please hold on to the original copy in case yours is selected.

The deadline for submissions is Friday, Nov. 22.

Since launching this contest in 2022, it has become one of my favourite Christmas activities. I want to once again congratulate past winners Kayleigh and Quentin, whose artwork continues to live on my website LauraDudas.ca.

With so many holiday activities happening around the community, it is always a challenge to stay on top of all the fantastic local events. In addition to my newsletter, I will also have a page on my website listing many of the upcoming community craft shows, fairs and bazaars that are happening in our area. Please send me a list of all your holiday events for inclusion to Laura.Dudas@Ottawa.ca.



Laura Dudas

Orléans West-Innes Ward 2

We've joined the

Campaign to Create Tomorrow

because it's time to rewrite the healthcare playbook.

Join us!



Dr. Kwadwo Kyeremanteng
Head, Critical Care Department,
The Ottawa Hospital

Ginger Bertrand
Founder & President,
Gab Group Inc.

Kevin Ford
President & CEO,
Calian Group Ltd.

Jeff W. Clarke
CEO & Chairman,
Inflector Environmental Services

CAMPAIGN CO-CHAIRS



The Ottawa Hospital Foundation

Find out how we're reshaping the future of healthcare
CreatingTomorrow.ca



When it comes to maintaining your furnace, experience matters

By Fred Sherwin
The Orléans Star

There's no question that when it comes to maintaining your furnace, experience matters. It can also save you hundreds of dollars.

By hiring a professional to regularly maintain your furnace and humidifier, both units will be able to operate at maximum efficiency, and you will be able to avoid any problems that often occur when a home's furnace is neglected.

"It's the one appliance you can't do without," says Jerry Lemay, who has been installing and maintaining furnaces in the east end for over 47 years.

Now is the time to have your furnace checked out to prevent any potential problems from popping up this winter.

Anyone who has experienced having their furnace malfunction in the dead of winter due to improper maintenance, or no maintenance at all, very seldom makes the same mistake twice. With his wealth of experience, Jerry can pinpoint problems repairmen with far less experience may not which could mean the difference between merely repairing your furnace or having to replace it entirely.

Although he is a sales rep for the Keeprite line of furnaces, Jerry can repair any make and model including gas furnaces, oil furnaces and electric furnaces, which is why he's earned the nickname "Dr. Furnace".

"I've gained a reputation for being the repairman of last resort," Jerry explains "A lot of people call me for a second opinion, or when they can't seem to get the right answer from anyone else."

It's important to note that contracting J.G. Lemay Heating and Air Conditioning to maintain your furnace will not effect your existing warranty.

Besides furnaces, Lemay also repairs and maintains hot water tanks, humidifiers, thermostats, and heat recovery ventilation systems, not to mention gas BBQ hook-ups, kitchen fan installation and dryer hook-ups and installation.

Jerry warns against signing contracts offered by door-to-door salesmen who are often nothing more than con artists.

"No reputable furnace salesperson or maintenance guy is going to walk around with a clipboard. Stay away from those guys," says Lemay.

For quality work you can trust, it's best to go



J.G. LEMAY
HEATING & AIR CONDITIONING

FRED SHERWIN PHOTO

Jerry Lemay has been in the home heating and air conditioning business for more than 47 years. FRED SHERWIN PHOTO

with someone who has the type of experience and solid reputation earned by serving the community for more than 47 years.

To book an appointment and have your furnace checked out today call 613-835-2658 or 613-830-1661.

TURKISH VILLAGE RESTAURANT
One show only!
SATURDAY, NOV. 23 AT 7:45 PM

**Reserve early –
our shows sell
out quickly!**



*Prepare to
be delighted by
the lovely & captivating*
Joëlle!

Reserve your table today by calling: 613-824-5557
2095 St. Joseph Blvd., Orléans | www.turkishvillage.ca

Holiday shows  **SHENKMAN 15**
CENTRE DES ARTS ARTS CENTRE

Sultans of String  Dec 12	Cantata Singers of Ottawa  Dec 11
Orléans Holiday Arts Market  Dec 07	The Celtic Tenors  Dec 10
13th ANNUAL NEW YEAR'S EVE COMEDY NIGHT  Dec 31	

Tickets | Billets: 613-580-2700
shenkmanarts.ca  



Remembrance Day

Remembering the forgotten casualties of war

By Fred Sherwin
The Orléans Star

In Canada, Remembrance Day is reserved for the men and women who served and died in the five major conflicts the country has participated in – the Boer War, the First World War, the Second World War, the Korean War and the Afghanistan War – as well as the thousands more who served and have since passed.

But we often forget that soldiers aren't the only casualties of war. During the Second World War, 390,000 civilians, many of them children, died in France alone. That's more than five times the number of civilian casualties in Great Britain.

When the Germans first launched their offensive into the northern and eastern parts of France in May 1940, it sparked a mass exodus of refugees fleeing the advancing forces. An

estimated 8-10 million refugees fled their homes in an effort to escape the Nazi invasion – almost a quarter of the French population at the time.

Among the millions of refugees was former Orléans resident Miza Davie.

Born Mireille Bosc, Miza was just six years old when the Germans invaded France. As the advancing army approached Paris, Miza escaped to Marseilles with her mother Paule and younger siblings Robert and Françoise who were four and two respectively.

It didn't take long for the Germans to complete their invasion of France.



Miza Davie

Miza's mother, who was a radio personality in Paris before the war, was forced by the Nazis to broadcast propaganda.

For the better part of two years, Miza and her siblings were raised by their grandparents – first in Nîmes in the south of France and then in Gênerac near Bordeaux.

Later in the war, they were reunited with their mother in Paris before fleeing to an uncle's place in the north to escape the bombing of the French capital by the Allies leading up to Normandy and its eventual liberation.

After immigrating to Canada in the 1950s, Miza began writing a collection of short stories about her life as a young girl growing up during the war. Prior to her passing in 2005, those stories were assembled in a self-published book entitled "A Child's Memory of the Second World War".

CONTINUED ON PAGE 10 ►



We will remember them.





MPP | Député provincial Orléans

Stephen BLAIS

(613) 834-8679 | SBlais.mpp.co@liberal.ola.org | StephenBlais.ca





Marie-France LALONDE

MP/Députée Orléans



On November 11, let's remember those who fought and sacrificed so much for our freedom and our country!

 **Constituency Office**
255 Centrum Blvd., 2nd floor
Orléans, ON K1E 3W3
 marie-france.lalonde@parl.gc.ca
 613.834.1800  MFLalondeMP.ca



Lest we forget...





MATTHEW LULOFF
Orléans East-Cumberland



LAURA DUDAS
Orléans West-Innes



TIM TIERNEY
Beacon Hill-Cyrville



CATHERINE KITTS
Orléans South-Navan



Remembrance Day

Former RCL 632 president named Veteran of the Year

By Fred Sherwin
The Orléans Star

Former Orléans Legion president and Poppy Campaign chair Frank Stacey is this year's Veteran of the Year.

Stacey served in the Canadian Armed Forces from 1957 until 1977. He joined the forces when he was just 18. He had failed Grade 12 French and was told that he would have to repeat the entire grade again. Rather than go back to school he joined the Air Force on June 7, 1957, 40 years to the day after his grandfather was killed in WWI.

After signing up for the Air Force, Stacey was trained as an electrician, first serving .

He initially signed up for the Air Force and was trained as an electrician. After taking his electrician courses at CFB Borden he was posted to Cold Lake, Alberta where he met his future wife Lynne Stacey. There was just one problem, she was an officer and he was an ordinary airman.

Despite their difference in rank and the fact that they weren't supposed to be fraternizing with each other, they fell in love and in order to get married, one of them had to leave the forces.

In the end, Lynne resigned her commission and stayed on with forces as a civilian physiotherapist and they've been married ever since.

After Cold Lake, Frank was transferred to

the Canadian Air Force base in Zweibrücken Germany.

From Zweibrücken, he was transferred to Gimli, Manitoba and then Penhold, Alberta where he switched from electrician to air conditioning and refrigeration technician, servicing radar sites across Canada.

In 1977, Frank and Lynne, who had started a family by then, moved to Ottawa where Frank was posted at the DND Medical Centre off Smyth Road.

The couple bought a house together in Queenswood Heights, which was a brand new sub-division back then, where they still live in to this day.

After a couple of years at the DND Medical Centre, Frank was made the site supervisor at CFB Carp, more commonly known as the Diefenbunker, which was still operational at the time. He served there for a year and a half before finally retiring from the military in 1983.

During his 27 years in the Canadian Armed Forces, Frank was never involved in an armed conflict. The closest he came was in 1978 when he was sent to Lebanon to fix several refrigeration units for the French peacekeepers. During a sightseeing outing with a fellow member of the Canadian Armed Forces who was sent with him to act as his interpreter, the vehicle they were traveling in was stopped by a 14-year-old with an AK47



Frank Stacey, who served in the Royal Canadian Air Force from 1957 to 1984, is this year's Orléans Legion Veteran of the Year. FRED SHERWIN PHOTO

and they were briefly taken prisoner.

Frank recalls being held at gunpoint and every time he moved a muscle, the teenager would move the gun as if he was about to shoot him.

Fortunately, the driver of the jeep was able to use the radio microphone to signal the nearest base for help and an armoured personnel carrier with several French peacekeepers in it came to their rescue.

After leaving the military, Frank became

an active member of the Orléans Legion and was president of the Legion in the 90s. He was also chairman of the Orléans Legion's Poppy Campaign.

Being this year's Veteran of the Year is an honour for him.

"It's a real honour to be able to represent all of my fellow veterans and their families," says Stacey, who will be attending his 40th Remembrance Day ceremony on Monday since leaving the Armed Forces.



CANADA REMEMBERS

ServiceOntario

Orléans Licence Bureau

53 years in business, servicing Orléans families.
Providing licence and registration services, accessible parking permits, photo ID cards and OHIP cards.

2864 St. Joseph Blvd.
613-824-5749

Open Mon-Wed & Fri 8:30am - 5pm
Thursdays 8:30am - 7 pm
Closed Saturday and Sunday



Renovations or just cleaning up...

Waste, Recycling & Construction Debris
Recycle and Landfill • Roll Off & Front Load Service
2 to 30 yard containers available • Free estimates



WASTE CONNECTIONS OF CANADA

We will remember



613 749-8000
www.wasteconnections.com

3354 Navan Road (3.5 Km from Innes Road)

Remembering the forgotten casualties of war

Continued from page 8

Here are just two of those stories. The first is about having to sell her toys in order to buy some food. The second is about how she and her siblings were forced to flee Nîmes and travel to her paternal grandparents home in G  n  rac.

Please Don't Sell My Toys

The war was in full battle and we had returned to Paris. The shortage of food was so bad that my mother had hardly anything to feed us.

That afternoon a phone call came. I was playing in my room not far from the telephone conversation. I heard my mother say, "Will the doll pram, celluloid baby doll and the teddy bear be enough?" Then, "I shall have it ready this evening."

My mother looked sad and happy at the same time. She finally took my hand and sat me on the edge of the bed. "Miza you are the oldest. You are a big girl. There is no food to give to your sister, your brother and you. I have to trade your toys for some food to feed us."

"But why mommy? Why my toys?" I was crying. Mother replied, "Your toys have a bigger value. They will bring a larger amount of food that will last several days."

I did not ask any more questions. I went to look at my celluloid baby doll with her rosy fat cheeks and my huge teddy bear. It seemed like they knew we were going to be separated forever. I hugged them both, tears running down onto the face of the bear.

That night from my bed I heard whispers, then some noises as they pulled the pram out of the door. I knew it was over. The tears on

my face were warm and bitter. Finally, sleep took me to dreamland, where there were only toys.

The next morning, on the kitchen table, my mother had some small pieces of dark bread, a little jar of jam and some apples. She looked into my eyes. The joy on her face made me forget the pain.

N  mes 1942

Autumn had just started and a warm wind was blowing leaves in every direction. The town was quiet. Night was setting in slowly. A blackout was in effect and everyone in the town was hidden behind blacked out windows. My grandmother put me to bed and placed my clothes on the little wooden stool. In the middle of the night, I woke up to the sound of guns and screaming. Voices were coming from the street. I was scared and hid myself under the bedclothes.

In the morning I was awakened by my Grandma Elia, the mother of my mother. She dressed me. Not a word was said. I quickly washed my face and hands, then I ate my breakfast in total silence. It seemed since the war started, people did not talk or laugh very much anymore.

My heavy wool coat was placed on me and we went out of the apartment. As we stepped out into the street people were crying and there was a strange smell of blood and burning smoke. As we reached the great avenue, on either side of the road from each oak tree there was a man hanging, head down on to one side, very greyish white with their eyes looking at the sky in despair.

"What happened, Grandma?" I asked. She rushed me to the side of the street and we entered a small grocery store filled with people whispering. Two ladies were crying in silence. I was shaking. I could not understand why there was so much carnage.

Finally, my mother got me to the bus to G  n  rac here the parents of my father lived. On the bus, I traveled with several German officers. I tried to hide my seat and did not move.

When I arrived at my paternal grandparents' house, I was told that the officers on the bus to reside in our house!

Connecting northern mines to southern manufacturing might

We're rebuilding Ontario's economy by connecting northern mines and critical minerals to new electric vehicle and battery plants, ensuring every region in the province benefits with more jobs.

It's all happening here.

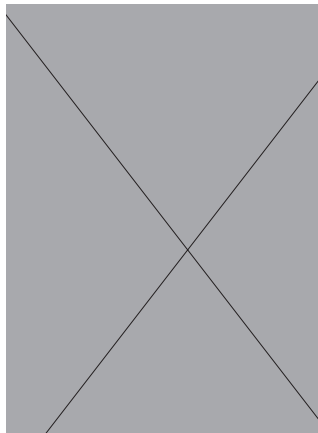
ontario.ca/RebuildingOurEconomy
Paid for by the Government of Ontario

Ontario 



Be ready.

Because life can change in a heartbeat.



Inspired by her father's traumatic brain injury, Jody Maffett's journals are a light-hearted way to start the conversation no one really wants to have.

Examples include: Who will take care of your pet(s)? Who is their vet? If you have a community mailbox, which slot is yours? Email addresses and passwords. Where are your legal papers and who is your lawyer? Do you have keyless entry and if so, what is the code? Have you made final arrangements – who with? Loans, mortgages, rent payments, store cards, recurring payments, bank accounts, safe deposit boxes and investments...and so much more.

AVAILABLE IN PRINT AND INTERACTIVE PDF, CANADIAN ENGLISH AND FRENCH.

www.maffett.ca/shop



TIER 2 CHAMPIONS – The St. Peter Knights varsity girls field hockey team won the NCSSAA Tier 2 field hockey championship with a 2-1 overtime win over Maplewood Secondary School on Oct. 21. Team roster: Alyana Jiron, Amelia Quincey, Amminson Stone, Anna Rioux, Ariana Ibit, Arianna Navarro, Cadence Burleau, Chloe Watson, Dakota Kennedy, Diljin Mihammadi, Kailey Oates, Kristine Vuong, Lexi Bender, Liannah Mason, Lila Bernier, Liv Lavoie, Makenzie MacDonald, Meagan Powley, Morgan Abuthnot, Naomi Tam, Nola Fellbaum, Quinn Thompson, Sarah Mueller, Sheryl Onyancha, Surraya Dar and Sydney Deschambault.

HearingLife

Love your ears



Hearing healthcare is not one-size-fits-all, by listening to our clients and asking questions, we can recommend the right solutions for your unique hearing and financial needs.

Katie Koebel,
Audiologist & Senior Manager,
Audiology

Key Features of the Latest Hearing Aids:



- Improved sound clarity
- Long lasting rechargeable battery
- Discreet and comfortable wear
- Seamlessly connect to phone, TV & other devices

Experience the benefits of personalized
hearing care and on-going support.

Our Biggest Sale of the Year!

**BLACK FRIDAY
SAVINGS**

UP TO \$2,100 OFF

your purchase of a pair of the latest hearing aids**

Get started with a **FREE** hearing test today!*

We provide bilingual services in English and French.

Orléans – St. Joseph
(Formerly Robillard Hearing Centres)
1999 St. Joseph Blvd, Unit 10
1-888-344-8386

Orléans – Watters Rd
900 Watters Road
1-888-344-8486



Mention code: **NSP-BKFD-ONTR**

Book online HearingLife.ca/2100

*A comprehensive hearing assessment is provided to adults ages 19 and older at no cost. The results of this assessment will be communicated verbally to you. If you request a copy of the Audiological Report, a fee will apply. **This promotion is valid for select premium or advanced hearing aid models and cannot be combined with any other discount. Applies to private sales of select premium or advanced hearing aids and discount is applied after any Government funding has been deducted. Some conditions apply, see clinic for details. Offer not valid in Quebec. Offer expires 12/31/2024.

Kin Club of Orléans: Good friends. Good deeds. Good memories.

Special to the Orléans Star from the Kin Club of Orléans

The Kin Club of Orléans has been part of your community since 1976, raising money for local projects, and meeting new people while they are at it.

The Club is part of Kin Canada, the only all-Canadian service organization, with more than 400 clubs across the country.

Volunteer members work together to identify where they can best help their community and then mobilize to make a meaningful impact in those areas.

The Kin Club of Orléans organizes several fundraising events during the year starting with the Kin Club Trivia Night held in March. Proceeds from the event go towards community projects in the Orléans area.

Last year, in May, the Kin Club held its first Orléans Blooms Spring Garden Event and Sale in the lead up to Mother's Day. Besides the opportunity to buy plants, the event also featured gardening advice and

presentations from local suppliers along with a fun educational corner for kids who want to get started in gardening.

Plans are already underway to hold the event again next year.

In August 2025, the Club will hold the annual Marsha Morton Memorial Golf Tournament. The tournament is named in honour of the daughter of two long-time members of the Kin Club, who succumbed to cystic fibrosis (CF) in 1988 at the age of 12. Over the years the tournament has raised close to \$300,000 for CF Canada.

According to Club president Kathy Trim, service organizations like the Kin Club are a great way to feel a part of your community.

"There's no secret handshake to learn or fees to pay," explains Trim. "You just need to want to lend a hand and a bit of your time to make your community a better place."

The Club is open to all who want to have fun and get a great deal of satisfaction from organizing events in their community. If you're looking for a way to connect with



The Kin Club Trivia Night held every March is an important fundraising event for the east end service club. PHOTO SUPPLIED

your community, the Kin Club of Orléans might be for you.

For more information about the Kin Club of Orléans visit www.kincluboforleans.ca. The date for the next monthly meeting is

listed under 'upcoming meetings.' Feel free to join us.

You can also contact us by emailing info@kincluborleans.ca. We hope to meet you soon!

**Good Friends
Good Deeds
Good Memories**



Kin Club of Orléans & District

Become a member today, or be a guest at one of our meetings to see what we're all about. To find out more, please email us at info@kincluborleans.ca

kincluboforleans.ca

Your Orléans Community Photography Store
• SINCE 2019 •

Michael
Willem's
PHOTO

- Portraits
- Lessons
- Wall art
- Buy & Sell
- Film developing
- Printing & Frames
- Photo restorations
- Passport/ID photos
- Slide/Video/Film conversion

Book an appointment for your family, group or individual portrait today. Great for Christmas cards.



www.michaelwillemphoto.com

613-702-1874

LOCATED IN PLACE D'ORLÉANS
(beside the Bay on the first floor)



Club Richelieu Orléans: In the service of francophone youth

By Fred Sherwin
The Orléans Star

The Club Richelieu Orléans was founded in 1972 by Dr. Pierre Soucie who is now an honorary life member and still regularly participates in the club's activities.

The Club Richelieu Orléans is a member of Richelieu International whose founding dates back to 1944. The primary activity of Richelieu International and its member clubs is to serve the francophonie and youth through "social, educational, cultural, non-partisan political and economic actions".

Prior to the COVID pandemic, the Richelieu Orléans Club organized regular fundraising events, the most well known and popular of which was their annual lobster dinner which raised over \$12,000 per year and allowed the club to distribute more than \$200,000 in donations in the community.

During the pandemic the club's activities were greatly curtailed and many of its fundraising events had to be canceled never to return, including the lobster dinner.

Since the pandemic ended, the club has become involved with the Lola Charitable Gaming Association with members volunteering a few hours a week as attendants in a bingo hall, which allows them to continue to raise significant amounts of money.

Fifty years ago, the average age of the club's members was under 40. Today, the average age is around 60, but this hasn't taken away from their *joie de vivre* and Francophone pride and their ability to raise money to help others.

In addition to awarding scholarships to French-language high schools, the club has, among other things, made donations to food banks, Solidarité Jeunesse, the Miriam Center, which provides pregnancy care for those who find the circumstances surrounding their pregnancy difficult, the Conseil des écoles catholiques du Centre-Est Foundation and the Coopérative Ami Jeunesse which provides food security for young people attending French-language schools in Ottawa.



Members of the Richelieu Club of Orléans present a cheque for \$1,000 to the Coopérative Ami Jeunesse. PHOTO SUPPLIED

The Richelieu Orléans Club has been able to renew itself and adapt to changes since the pandemic under the guidance of strong leadership including that of its

current president Louise Nadon.

For any questions or to join the club, you can contact the club's secretary Paul Bard at paulbard@rogers.com.

*Fiers du passé, garants de l'avenir :
Au service de la jeunesse francophone*



Pour plus d'informations, veuillez consulter
notre site web ou contactez paulbard@rogers.com

www.richelieu.org



*Now that hat
season is upon
us, if you think
that a good
haircut doesn't
matter,
think again.*

Open 7 days a week.

**JOE'S
BARBER SHOP**

613-824-5382

Place D'Orléans Mall

(Located across from Mark's)

Gift certificates available!



Singing city councillor Matt Luloff releases latest EP

By Fred Sherwin
The Orléans Star

The job of a city councillor can often be all-consuming because the issues they have to deal with are happening 24/7. With that in mind, the most difficult task a city councillor faces is in trying to find a reasonable work-life balance. Most have families. And some, like Orléans East – Cumberland councillor Matt Luloff have young children.

Balancing being a father and a husband and a city councillor is no easy task, but throw in the fact that he is also a talented singer songwriter and you have the makings of a very busy life.

Before he got elected to city council and before the Afghan War veteran joined the Canadian military, Luloff was the lead singer in a number of different bands in Orléans, dating back to the days when he was a high

school student at St. Matts.

After graduating from high school, Luloff joined the Governor General’s Foot Guards and eventually enlisted in the regular forces. Throughout his basic training and his tour of duty in Afghanistan, his guitar was his constant companion, as was his notebook in which he jotted down ideas for new songs.

After he received a medical discharge in 2009, he kept writing as an outlet for his post-traumatic stress disorder (PTSD) which lead to the formation of the band Hearts&Mines, a play on the policy of meeting with village elders to win the hearts and minds of the locals in Afghanistan.

The band played dozens of gigs in Ottawa and even toured along the 401 corridor. They also recorded four albums before breaking up in 2016 when Luloff was elected to city council.

After he was elected, Luloff continued to write and eventually started to record and produce his songs in his home studio, usually late in the evening after putting his daughters Elizabeth and Madeleine to bed.

Over the past year, he has produced five EPs containing 19 songs, all but two of which are original songs that he’s written himself.

The first EP was released last December. The second one in February. The third one in March. The fourth one in May. And the fifth just last month.

The latest EP is made up of five songs, “Over Now For Us”, “So Lonely”, “All Because of Love” “End of Heartache”, and “Let You Down”.

All of the songs, including many from the earlier EPs, can be found on Spotify and Apple Music.

Luloff not only sings and plays guitar on the recordings, but he plays the other instruments as well except for a guest appearance by his former bandmate with Hearts&Mines, Scott Norris who plays lead guitar on “So Lonely” and a cover of Killswitch’s “End of Heartache” which also features the screeching vocals of Michael Labelle on the parts where Luloff didn’t want to wreck his voice.

For Luloff, writing music is both cathartic and a necessary extension of himself.

“I have to write. I write all the time,” says Luloff. “It builds up inside of me and I have to get it out. It’s what I’ve always used to deal with difficulty things, bigger thoughts, bigger feelings and bigger ideas. I often listen to songs after I’ve recorded them and learn about myself from what I’ve written. It’s like self therapy.”

As for any kind of message he’s trying to convey to his audience, he simply wants them to hopefully come away with a view and understanding of the human experience that they might share through the music and words.

“Of course, I want them to like it, but I can’t control that,” says Luloff. “In a way I’m writing for me and not so much for the person who will listen to it. If they can relate to it than that’s great. That’s what I mean by sharing the human experience.”

While his music can be found on Spotify and Apple Music Luloff isn’t planning to perform any of it live anytime soon. For one thing he would need a band which could learn the music with the intention of performing just one or two shows, and for another he would need the time, which as both a city councillor and the father of two young daughters, he doesn’t have a lot of.

Ontario is helping you keep **more** of what's yours

\$

+\$320

Average household savings from gas and fuel tax cuts*

\$

+\$600

Average amount saved by scrapping the licence plate sticker fees†

\$

+\$40 million

Annual amount saved by Ontarians by eliminating the Drive Clean program‡

Learn more about how you're saving more at ontario.ca/KeepingCostsDown

*since July 1, 2022, including the extension to December 31, 2024
†for most vehicles
‡Paid for by the Government of Ontario

Ontario 

NOTICE OF APPLICATION

NOTICE IS HEREBY GIVEN that on behalf of (Marie Cormier) application will be made to the Legislative Assembly of the Province of Ontario for an Act (to revive Holy Trinity Restaurant Inc.).

The application may be considered by the Standing Committee on Procedure and House Affairs. Any person who has an interest in the application and who wishes to make submissions, for or against the application, to the Standing Committee on Procedure and House Affairs should notify, in writing, the Clerk of the Legislative Assembly, Legislative Building, Queen’s Park, Toronto, Ontario, M7A 1A2. Dated at Stittsville, this 17 day of October, 2024.

COMMUNITY BILLBOARD

SATURDAY, NOV. 9

HOLIDAY MAGIC CRAFT SHOW presented by the National Capital Artisans Guild from 11 a.m. to 4 p.m. at Lester B. Pearson High School, 2071 Jasmine Cres. Shop from local artisans selling their amazing handcrafted works, with many of your favourite vendors returning. Whatever you're looking for you're sure to find.

ST. HELEN'S ANGLICAN CHURCH CHRISTMAS BAZAAR from 9 a.m. to 2 p.m. 1234 Prestone Dr. in Queenswood Heights. Crafts, quilts, preserves, baking, thrifting, games and more! Cash, debit or credit cards accepted.

THE STRAY DOG BREWING COMPANY will be hosting the 1, the Mountain album release

party with special guests Tin Constellations. Tickets \$20 available at straydogbrewing.ca. The Stray Dog Brewing Company is located at 501 Lacolle Way in the Taylor Creek Business Park.

TAPROOM 260 presents Table 9 live from 8 p.m. No cover charge. Located in the Orléans Town Centre on Centrum Blvd.

MONDAY, NOV. 11

THE ORIGINAL NAVAN MARKET CHRISTMAS MARKET from 10 am to 3 pm at the Navan Fairgrounds. Dozens of local vendors and artisans will on site.

MONDAY, NOV. 11

REMEMBRANCE DAY CEREMONY on the parade grounds at the Orléans Legion Branch 632. Colour party

parade will begin at 10:30 a.m. Ceremony at 10:45 a.m. Light snacks and assorted dessert to follow.

NAVAN REMEMBRANCE

DAY CEREMONY starting at 10:45 a.m. in front of the Navan Cenotaph beside the Navan Arena on Colonial Road.

WEDNESDAY, NOV. 13

OYSTER NIGHT from 6-9pm at the Orléans Brewing Co., 4380 Innes Rd. \$2.50 / shuck Unlimited goodness like lemon, horseradish and hot sauce! Shucking goes until 9 p.m. or when out of stock.

SUNDAY, NOV. 17

FILL-A-CRUISER FOOD DRIVE at Sobey's Trim & Innes to benefit the Orléans-Cumberland Food Bank.

IN MEMORIAM



Marie Sonia Cherestal, 62
Passed away on October 27, 2024

Jesseline Gregory, 90
Passed away on October 26, 2024

Danielle Yuill (née Dugas), 68
Passed away on October 24, 2024



www.heritagefh.ca/obituaries

BUSINESS DIRECTORY

PAINTING



Lancaster Painting

613-355-1700

Home - Office - Commercial Space

CHURCH LISTING

Church of God International Canada

*Please come and join us
in worship and fellowship*

Weekly Sabbath Services (Saturday) at 1:00 p.m.

**DO YOU NEED PRAYER?
PLEASE EMAIL US.**

Please call or email for location 613-416-1533
or info@cgiottawa.ca

www.cgiottawa.ca [cogcanada](https://www.facebook.com/cogcanada)

CHURCH LISTING



**Orleans Seventh-Day
Adventist Church**

**Please join us on Sabbaths
for worship and fellowship**

**Saturdays: Sabbath School @ 9:30
and Divine worship @ 11:00 a.m.**

Location: Grace Presbyterian Church
1220 Old Tenth Line Rd. • 613-834-9638

PAINTING



Call a Pro! 613 299.9534

CLEANING SERVICE

www.MarissaCleans.com

**A TRUSTED
LOCAL
CLEANING
SERVICE**

OUR SERVICES :

- RESIDENTIAL & COMMERCIAL
- BASIC CLEANS
- DEEP CLEANS
- MOVE IN / OUT
- CUSTOMIZED
- PRE / POST SALE CLEANS

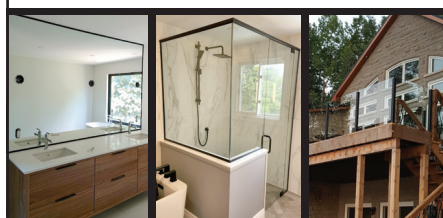
"Experience the Difference"

4.7 ★★★★★

WINDOWS & GLASS

YOUR ONE STOP GLASS SHOP

COMMERCIAL & RESIDENTIAL



OUR SERVICES INCLUDE:

Replacement of thermal panes • Custom showers
Repair & replace hardware on windows
Custom glass railings • Cut to size glass & mirrors
Repair damaged screens & fabricate new screen frames

1241 Cousineau St., Orléans
(613) 715-3856 or (613) 824-2664

Website: www.mggs.ca Email: Marty@mggs.ca

INSULATION SERVICES

**Ottawa's Best Attic
Insulation Services**

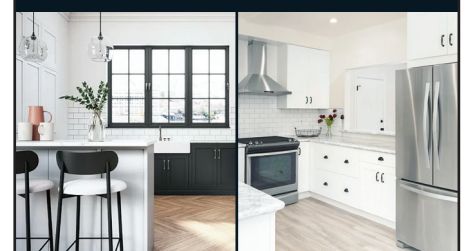


ATTIC PROS

GREEN INSULATION SERVICES

Our team has been providing outstanding insulation services to Ottawa residents for over 10 years! Contact us today for assistance and advice. Call 613-702-8374 for your FREE insulation quote today.

HOME RENOVATIONS



QUALITY & SERVICE FOR LESS!

613-292-6339 • 613-824-0860
1439 Youville Dr., Unit 4, Orléans

www.patlavigneflooring.com

www.inneskitchenrenos.com

Starting at **\$3,200**/mon.



My *Home*

**Affordable Suites for Seniors
with Early Dementia!**

613-830-4000
crcforestvalley@symphonyseniorliving.com
1510 St. Joseph Blvd Orléans, ON K1C 7L1

Experience comfort and security while keeping
your health caregiver through Ontario
Health at Home.