

## COSENZO PIZZA CALZONES

6505 JEANNE D'ARC BLVD N. (in the Convent Glen Plaza) cosenzapizzancalzones.ca

613 837 8000



# reans Star L'édition de cette semaine

October 10, 2024 • Volume 39, No. 10

Next edition November 7





A spooky cast of characters is ready to scare the daylights out of you at the sKreamers haunted barn and wagon ride located at the Proulx Farm. See story on page 9. FRED SHERWIN PHOTO

### East end students fare well in provincewide test results

By Fred Sherwin The Orléans Star

Area students have once again proven themselves well in province-wide testing conducted by the Education Quality and Accountability Office last year in the areas of math, reading, writing and literacy.

More than 400,000 students in grades 3, 6 and 9 took the EQAO tests. Students in Grade 3 and 6 took the tests in reading, writing and math, while students in Grade 9 took the math and literacy tests.

When examining the results on a board-byboard basis, students in the French language Catholic board not only outperformed their peers in the Ottawa's English public and English Catholic school boards, they outperformed students across the province. The French public school board did not take part in last year's testing.

Grade 3 students in the Conseil des écoles catholiques du Centre-Est (CECCE) scored five per cent higher than the provincial average for French language school boards in Ontario in math, six per cent higher in reading and nine per cent higher in writing.

Meanwhile, CECCE students in Grade 6 scored six per cent higher than the provincial average among French language school boards in math, one per cent higher in reading and seven per cent higher in writing.

The results are much more glaring when compared to the province's English language school boards

Grade 3 students in the CECCE scored 18 per cent higher in math than the provincial average for English language school boards, 19 per cent higher in reading and 13 per cent higher in writing.

Grade 6 students in the CECCE scored 14 per cent higher in math than the provincial average for English language school boards, 16 per cent higher in reading and two per cent

CONTINUED ON PAGE 2

3712 Innes Rd. next to **Food Basics** caravelaottawa.com



Open Tuesday to Sunday from 11 a.m. to 10 p.m. Two seatings for dinner Fri. and Sat. 5:30 p.m. and 7:30 p.m. only. For reservations call 613-424-9200.



After spending the summer on his home island in the Azores, Fernando has returned to Orléans and Caravela Restaurante where they are now accepting reservations.

### **COMMUNITY BRIEFS**

## Orléans couple's language training journey culminates in immersive Château retreat

ORLÉANS – In a story that bridges continents and cultures, Orléans-based French language experts Robert and Anne-Marie Fontaine are set to bring



their innovative teaching methods to the heart of France. The couple will lead an immersive French language retreat at the historic Château de Saint-Germain-des-Prés in the picturesque Dordogne region from May 10-17, 2025. As the driving forces behind Rebel French, Robert and Anne-Marie are taking their innovative approach to the next level with the French Immersion: Language, Cuisine & Culture Retreat. The retreat promises a unique blend of language instruction, cultural immersion, and culinary exploration. Participants will practice French during guided château tours, wine tastings, market visits, and relaxed evenings with locals. They'll also enjoy meals prepared by chefs trained at Le Cordon Bleu and participate in cooking workshops that blend French cuisine with influences from Haiti and Canada. For more information about Robert and Anne-Marie Fontaine and their upcoming French Immersion Retreat, please visit www.manorandmaker.com/maker/french-immersion.

### **Chateauneuf Family Fun Day**



CHATEAUNEUF – Over 1,500 people gathered in Barrington Park in on Sept. 28 to take part in the Chateauneuf Community Association's annual Family Fun Day where children of all ages played on inflatable rides, had their faces painted and enjoyed popcorn and cotton candy. PHOTO SUPPLIED

www.orleansonline.ca www.isuu.com/orleansstar

## East end students fare well in province-wide test results

Continued from page 1 higher in writing.

As for the Grade 9 math tests, CECCE students scored 11 per cent than the other French school boards in the province and 17 per cent higher than students in the province's English language school boards.

The impressive results were not just limited to the CECCE, Grade 3 students in the Ottawa Catholic School Board (OCSB) scored eight per cent higher than the provincial average in math, six per cent higher in reading and seven per cent higher in writing.

Grade 6 students in the OCSB scored three per cent higher than the provincial average in math and four per cent higher in reading. They tied the provincial average in writing.

Students in the Ottawa-Carleton District Board results were generally on par with the provincial average in all three grades.

As for Orléans, students at several area schools managed to outpace the provincial average, including at Chapel Hill Catholic School where the Grade 3 test results were 17 per cent higher than the provincial aver-

age in math and 19 per cent higher in both reading and writing.

The Grade 6 test results were 19 per cent higher than the provincial average in math, 10 per cent higher in reading and 12 per cent higher in writing.

The Grade 3 students at St. Francis of Assisi Catholic School also scored substantially higher than the provincial average in all three subjects, as did the Grade 3 students at St. Theresa Catholic School in math and the Grade 6 students at the school in reading.

Students at two area English public board schools also managed to outpace the provincial average. They were Maple Ridge Elementary School in Fallingbrook and Orleans Wood Public School.

But not all schools fared as well, some tests results were well below both the board and provincial average.

Teachers and administrators use the results of the tests to focus on areas where there is an obvious deficiency. It also helps them allocate resources to those schools where help may be needed.

### **Jim Morrison Charity Golf Tournament**



ORLÉANS – The Alex Morrison foursome won this year's edition of the Jim Morrison Charity Golf Tournament held at the Pineview Golf Club on Sept. 25. The annual tournament is organized in honour Alex's father who used to be the co-owner of the old D'Arcy McGee's pub and restaurant before he tragically died from cancer in 2018. Proceeds from the tournament are used to help support children and families in need in Orléans. PHOTO SUPPLIED

### City to begin enforcing three-item garbage limit Nov. 1

By Fred Sherwin The Orléans Star

Ottawa homeowners must now limit the amount of garbage they leave on the curb every two weeks to three items or less. Any item left out over the limit will require the use of a yellow bag which can be purchased from participating retailers for \$17.60 for a package of four. That works out to \$4.40 for each additional bag.

There is no limit to the number of yellow bags which can set out for collection. Bags will be available for sale at various locations across the city beginning at the end of October when enforcement of the program will begin. Until then, notices will be left at any residence that puts out more than three items.

An "item" can include a garbage bag that weighs up to 15 kilograms; a garbage container with a capacity of 140 litres in which the resident can place several waste bags as long as the combined weight of the bags is not more than 15 kilograms per bin; and/or a furniture or bulky item that can't be re-used or donated.

There will continue to be no limit to the number of green, blue and black bins, or leaf and yard waste bags.

The three-item limit is being imposed to encourage residents to rethink how much of their household waste goes to the city's landfill sites and what could be reduced, reused, recycled or composted instead. It also helps extend the life of the Trail Road Waste Facility Landfill as the City explores new options for waste disposal.

The three-bag limit is being criticized by larger families who feel it is unfair. The city counters this argument by explaining that every household in Ottawa pays the same annual fees for waste collection regardless of the number of people who live there. This means for example an individual living alone is paying the same as a family of six. Studies have also shown that 85 per cent of households in Ottawa put out an average of three items or less.

In moving to a three-item limit, Ottawa is following the lead taken by many other municipalities in Ontario in trying to limit the amount of garbage going into landfill sites, but not all the limits are equal.

Oshawa, Whitby and Peterborough all have a four-bag limit. Waterloo has a threebag limit. Smith Falls, Sudbury, Barrie,



Niagara and North Bay all have twobag limits with the option of paying for additional items.

Kingston has one of the most restrictive limits in the province which has been set at one bag per household every two weeks with the option of buying additional garbage bag tags at \$2 per tag.

The City of Toronto has restricted curbside garbage pick up to bins only, except in some areas, with residents having to pay an annual fee for the bins depending on the size of the bin. For instance a large bin which has the capacity of three regular size garbage bags costs \$486.86 a year. Households can increase the size of their bin for an additional cost.

Under the program, low income families are eligible for a rebate.

To find out more about Ottawa's new curbside garbage limit, please visit



2 & 3
10 am - 4 pm

### Sir Wilfrid Laurier Secondary School 1515 TENTH LINE ROAD, ORLÉANS

**The Tradition continues!** Hosted by National Capital Artisans, featuring over 60 artisans with unique, handcrafted items for sale. With a wide selection of quality handcrafted items, there's something for everyone. *You don't want to miss it!* 

Sir Wil students and staff will run a canteen as a fundraiser for upcoming activities. Please come out and support them. As always, donations of non perishable food items or cash donations in support of the Orléans-Cumberland Community





#### YOUR NATURAL FOOD STORE

Organic items • Groceries for Healthy Living • Bulk food • Herbs • Supplements Wheat & Gluten Free Products • Keto products • Beauty & Personal Care

#### **VOTRE MAGASIN D'ALIMENTS NATURELS**

Épicerie naturelles • Produits en vrac • Herbes • Suppléments Produit sans blé et sans gluten • Produits Keto • Beauté et soins personnels

> 2433 St. Joseph Blvd., Orléans 613-830-5790 • www.pantryplus.ca



## Garbage

The city has finally implemented a three-item limit for garbage collection and some residents are losing their minds over it, and justifiably so.

First, let's address the reason why the city is doing it with the support of our elected city councillors. According to the press release hailing the initiative, it's all about encouraging residents to put more items in their recycle bins and not their garbage bags.

To the city's credit, the press release also states that it will "help extend the life of the Trail Road Waste Facility Landfill site" as they "explore new options for waste disposal".

Bingo. The three-item program is being brought in to extend the life of the Trail Road landfill site because no city council wants to debate where they should create a new landfill site – not this city council, and not any city council dating back to when the city was amalgamated in 2001.

Of all the issues a city council must deal with, where to locate a landfill site is the absolute last thing on their list. It's right below which library branch they should close and where to locate safe needle injection sites.

Of course, all of this could have been avoided if the city built a waste-to-energy conversion plant, also known as an incinerator. It had started to move in that direction when the council of the day sole-sourced a pilot project to Plasco Energy Group and its founder and former Ottawa Senators owner Rod Bryden in 2005.

The project ultimately came to an abrupt halt when Plasco filed for bankruptcy protection in 2015.

Looking back, the city failed its residents by not taking a broader look at various waste-to-energy models prior to giving Bryden the go ahead.

Waste-to-energy was being used around the world back then and even more so today. It's relatively clean, efficient and effective in diverting waste from landfill and it's being used in 35 countries around the world including such environmentally conscious places as Japan, Sweden Denmark and Barbados.

In Sweden, only one per cent of the country's trash is sent to landfills. By burning trash, another 52% is converted into energy and the remaining 47% gets recycled. The amount of energy generated from waste alone provides heating to one million homes and electricity to 250,000.

If only that were the case in Canada, or just here in Ottawa. And, yes, building a waste-to-energy site would be costly, but they somehow found the money to build the LRT. (Editor's note: In hindsight maybe some of that money would have been better spent on a waste-to-energy facility. Just sayin'.)

There are a number of companies out there who would be more than happy to work out an arrangement where by they build the facility and make their money back by disposing of waste not just from Ottawa but from neighbouring municipalities as well.

My grandfather once told me that good ideas never grow old. Shifting our waste management plan to include a waste-to-energy facility is one of those ideas. We just need a city council that can proactive rather than reactive.

– Fred Sherwin

### Orléans Star



Jody Maffett
Editor
The Orléans Star

Fred Sherwin
Owner and publisher
fsherwin@orleansstar.ca

Jean-Marc Pacelli Editor L'Orléanais

The Orléans Star is a bi-weekly publication distributed to over 40,000 residences in Blackburn Hamlet, Orléans and Navan. The newspaper is locally owned and operated by Sherwin Publishing Inc., 745 Farmbrook Cres., Orléans, ON. Inquiries and delivery issues should be sent to info@orleansstar.ca.

#### CITY LIMITS GARBAGE TO 15 KGS PER BAG





## October is both Latin American and German Heritage Month

Commons

Corner

**Marie-France Lalonde** 

As we transition to the fall season, I hope you are all enjoying the beautiful colours it brings.

On Sept. 30, we marked the fourth National Day for Truth and Reconciliation, where we paused to reflect on the journey towards reconciliation and the

road ahead, in memory of the thousands of First Nations, Métis, and Inuit children who never returned home.

October marks Women's History Month, an opportunity to celebrate the amazing women and young girls in our community who work tirelessly to ad-

vance women's rights and promote gender equality.

October is also Latin American and German Heritage Months, as well as the Canadian Islamic History Month. This is a chance for us to learn more about the many significant achievements and contributions these vibrant communities bring to our community of Orléans.

We celebrated World Teacher's Day on Oct. 5. I want to take this opportunity to thank all the extraordinary teachers in Orléans and recognize their hard work and professionalism in supporting our students. You are contributing to their success towards a bright future.

Moreover, I am pleased to see the Federal Government investing in Canadians and members of our community such as seniors and families. Since the implementation of the Canadian Dental Care Plan (CDCP) more than 3,936 residents in Orléans without dental insurance have now access to the oral health care they need.

Additionally, a total of \$91.2M has been provided

to eligible families in Orléans through the Canadian Child Benefit (CCB), providing support to more than 25,960 children. The next CCB payment goes out on October 18th.

Small businesses are the backbone of our local economy. As Small Business Week will be cel-

ebrated from Oct. 20-26 this year, I want to recognize small businesses for thriving in our community and especially thank you, Orléans, for supporting them.

On a local note, I am asking for your support in voting for our Orléans winner of the Québec version The Voice, Sophie Grenier, who has been nominated at the Gala de l'ADISQ 2024. Let's come together as a community and vote for her at vote adisq.com in the two categories she is nominated for: "Révélation de l'année" and "Ma première nomination".

Lastly, I want to wish you all a Happy Thanksgiving. It always feels good to show gratitude and take a moment to appreciate quality time with our family and friends

\*\*La version française est maintenant disponible sur mon site internet à MFLalondeMP.ca

### Wisconsin capital an oasis of diversity in rural midwest

I recently rode my motorcycle to visit the midwestern cities of Chicago and Madison, Wisconsin.

Chicago, with its musical roots in both the blues and jazz, has always been on my bucket list of places to visit, while Madison was meant to be a side trip to visit a friend who I had met in Mexico during my first trip to Puerto Escondido in 2022.

After stopping to spend the first night of my journey at my sister's place near Orangeville, I rode the remaining 10.5 hours through Southern Ontario, Detroit and across Michigan to arrive at my final destination in the windy city.

I strategically booked a bed at the Wrigley Hostel on the north side of Chicago to take advantage of the fact that it was just a block away from Wrigley Field, home of the Chicago Cubs baseball team.

What I didn't count on was the fact that it was only a block away from the L-Train downtown and it was located on a designated residential street which meant that I could park my bike for as long as I wanted on the street for free as long as I parked perpendicularly to the curb.

I only planned to be in Chicago for two days. Unfortunately, the first day was taken up by the necessity to replace both of my



tires. I probably could have extended their life for the return trip to Ottawa, but the forecast called for rain for the ride back between London and Port Hope so I decided to bite the bullet and pay for new tires.

That just left me with one day to play tourist and I made the most of it by visiting the Field Museum of Natural History, Millennium Park with its famous "Bean" sculpture and the Navy Pier. I even walked strolled along the Riverwalk promenade to get from Millennium Par and the pier. By the end of the day, I had amassed over 23,000 steps.

To top the day off, I went to the Green Mill jazz club just north of Wrigleyville and saw an amazing quintet.

The Green Mill is one of the oldest bars in Chicago dating back to 1907. It's also notorious for being a popular hangout of Al Capone during the prohibition era.

Over the years almost every jazz musician of note has played at the Green Mill including Louis Armstrong, Charlie Parker, Billie Holiday and Dizzy Gillespie.

As enjoyable as Chicago was, however, Madison, Wisconsin blew me away.

I knew nothing about Madison before I went there, other than the fact that it was the capital of Wisconsin and the University of Wisconsin was located there.

Being that it was located in the middle of the rural midwest, I had assumed that it was mostly white and mostly conservative. It turned out to be an oasis of diversity in the middle of what is mostly Trump country.

On the ride there, I gave up counting the number of Trump/Vance signs I saw, and not a single Harris/Walz.

The weekend I decided to visit my friend Allison in Madison just happened to be the same weekend as the Willy Street Fair.

The Willy Street Fair is a celebration of Madison's diversity with food vendors offering everything from deep-fried cheese curds or Twinkies, to Chicken Momo dumplings from Tibet and Chitir Chicken Vaasa from Laos.

There were also vendors selling clothing and other items from West Africa, Mexico

and Central America.

And the music was also phenomenal, including a tribute to Bob Marley, a Rolling Stones tribute band and a Prince tribute artist all of whom were from Madison along with several other bands like the Old Soul Society and the The People Brothers Band.

But it was the local residents themselves that completely took by surprise. Willy Street is vernacular for Williamson Street which is located on the east side of Madison.

The residents are a mixture of aging hippies, artists, musicians and every letter of the LGBTQ+ community. They are white, black, brown and every other colour under the rainbow. In a nutshell, they are all members of the enlightened segment of American society which the mass media tends to overlook.

I only spent two days in Madison, but it was long enough to fill me with a renewed sense of America the good.

Chicago was nice, but Madison made the 15-hour ride there and back not only worthwhile but utterly enjoyable.

If a future trip should every take you through the American Midwest, I would highly recommend a stop in Madison, I promise you will be as pleasantly surprised as I was.



## our roads safer for everyone

**Beacon Hill-Cyrville Ward 11** 

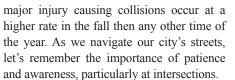
Tim

Tierney

to safety, especially when it comes to pedestrians and cyclists.

In recent weeks, our city has faced

multiple serious collisions involving the more vulnerable road users. It's heartbreaking to learn that some individuals have not only sustained severe injuries, some have lost their lives. Fatal and



Always make eye contact with pedestrians, whether they're crossing at a marked crosswalk or not. We all share the responsibility for keeping each other safe. A split-second decision can make the difference between a safe arrival and a tragic outcome.

Drivers, when approaching intersections, always check your side mirrors and blind spots for cyclists. These riders can be hard to spot, especially when you're driving a

Ottawa drivers, it's time to commit larger vehicle, and it's easy to overlook their presence if you're not fully attentive.

> Speaking of cyclists, if you find yourself on two wheels, remember that vigilance is your

> > best ally. Never assume that drivers can see you, particularly when they are turning or changing lanes. Wear bright or reflective clothing, especially during evening hours, to make it easier for drivers

to see you. Safer Roads Ottawa distributes FREE reflective bands and zipper lights at in-person events throughout the year. You can find their upcoming events at Ottawa.ca.

With Halloween just around the corner, let's be especially cautious in residential neighborhoods and around popular trick-ortreating spots.

By looking out for one another and being more mindful of our surroundings, we can foster a safer environment for pedestrians, cyclists, and drivers alike. Every small effort counts. Let's commit to safer streets this season and beyond.

Take care everyone and be safe.

### Let's work together to help make | Entrepreneurial spirit and economic opportunity alive and well in Orléans

The Autumn weather is here and as an avid lover of the outdoors, there is just something about the crisp air, crunchy leaves and gorgeous colours everywhere.

I am also partial to the season as it includes one of my favourite holidays Halloween.

Taking my kids out in costumes, going doorto-door, seeing carved pumpkins, decorations, I

sometimes forget that this is really only a Canadian/American tradition.

Every year though, community Facebook pages are filled with questions or comments about only having a handful of kids come to the door, leaving bowls of leftover candy to have to be eaten by adults (the horror). As busy families, it is easy to take a pass on the whole thing. Turn off the lights, watch a movie, or leave kids to their tablets.

I may be biased, but I cannot help feeling like something is being lost. I am sure many of us have fond memories of our own childhood Halloweens, likely wearing homemade costumes that were scary for the

Laura

**Dudas** 

Orléans West-Innes Ward 2

You saw dozens of families out, and the whole neighbourhood engaged in way we just don't see the rest of the year.

> We are fortunate here in Orléans to have access to locally grown pumpkins, at the Orléans Fruit Farm, Proulx Farm, Cléroux Farm, to name a few, or at locally owned grocers/markets.

There are folks that go all out on carving or decorations; some even taking the opportunity to raise funds for great causes like CHEO. However, even if your artistic skills are as bad as mine, carving a jack-olantern is fun way to spend a fall evening as

Halloween is a wonderful season for memories, meeting neighbours, and taking everything a little less seriously for a night.

On Nov. 1, I will also be co-hosting an annual Pumpkin Parade with Étoile de l'Est School. The parades offer a great way to dispose of jack-o-lanterns and see some amazing creations.





### Orléans Outstanding Youth Awards now accepting nominations

By Jody Maffett The Orléans Star

Nominations are now being accepted for the 2024 Orléans Outstanding Youth Awards, which recognize the outstanding achievements of youth age five to 18.

Unlike other awards that are divided into categories, the Orléans Outstanding Youth Awards are designed to recognize youth who are outstanding in a variety of areas. For instance, they may excel in a specific sport or an artistic discipline, while maintaining excellent grades and contributing to the community through volunteering, mentoring or tutoring.

Anyone can submit a nomination, including a parent, teacher, coach or even the individual themselves.

The first step in the process is to put together a resume or CV listing the nominee's various achievements between Oct. 1, 2023 and Sept. 30, 2024. Each submission must also contain the nominee's name, address and phone number as well as the name, address and phone number of the nominator. Nominations can be submitted in either English or French.

The CVs will then be vetted by eight judges who will select the top 10 nominees who they feel are deserving of an Outstanding

Youth Award. Each set of top 10 nominees will then be collated and the individuals who receive the most top 10 selections will receive an award.

The Outstanding Youth Awards are made possible thanks to the generous support of this year's presenting sponsors – Collège La Cité, Collège Boréal and Université St-Paul, along with platinum sponsor Richcraft Homes, and gold sponsors M.L. Bradley Ltd., and Sobeys.

The program was started in 2005 by orleansonline.ca as a way to recognize the many accomplishments of local youth and to act as a means of positive reinforcement for

youth in the community.

Past recipients include Olympic speed skaters Ivanie Blondin and Vincent de Haïtre, three-time Canadian curling champion Rachel Homan, Canadian actress and singer Steffi D. and CTV's "The Launch" winner Michelle Treacy.

To submit a nomination simple e-mail the nominee's CV and other information to OYA@orleansstar.ca. The deadline for submissions is Oct. 31. The winners will be notified the week of Nov. 11.

A special award ceremony will be held at École secondaire catholique Béatrice-Desloges on Sunday, Dec. 8.

### The Orléans Star wants your favourite holiday recipe

Would you like to share your favourite family recipe with the readers of this year's *Orléans Star Christmas Recipe and Songhook?* 

The publishers of the *Orléans Star* and the *Christmas Recipe and Songbook* are in need of original recipes for this year's book. If you are interested, please send your rec-

ipe with cooking or baking instructions to editor@orleansstar.ca.

All recipes will be considering including baking recipes and recipes for various side dishes as long as they have a holiday theme.

Our cooking experts will then recreate your recipe and present to a panel of taste-testers.

Learn more at **ottawa.ca/rain** 

The very best recipes will then be included in this year's *Christmas Recipe and Songbook*.

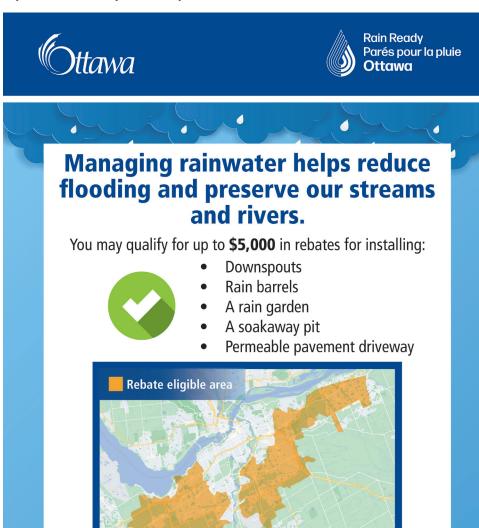
Recipes must be submitted by email to editor@orleansstar.ca no latter than Oct. 15.

This year's *Christmas Recipe and Song-book* will be available at a number of outlets in Orleans beginning the first weekend in

November.

In the past, the booklet, which is full of holiday recipes and the lyrics to classic Christmas songs, has been extremely popular with copies flying off the shelves.

In fact, the booklet, which is available to the public for free, usually "sells out" within two to three weeks.





The Arts - Academics - Sports Community Service - Humanitarianism

Do you know someone in your community under the age of 18 whose talents and abilities set them apart during the past year? If so, why not consider nominating them for the Orléans Outstanding Youth Awards? Nominees must be 17 years old or younger as of Sept. 1, 2024, and reside within the City of Ottawa east of Blair Road. Nominees will be judged on their accomplishments between Oct. 1, 2023 and Sept. 30, 2024. All submissions must include the name, address and phone number of both the nominee and the nominator as well as a resume of the nominee's accomplishments. There are no categories *per se* – those nominated will be judged on their accomplishments in any one area, or a combination of areas. Nominations can be submitted by e-mail to OYA@orleansstar.ca or regular mail to The Orléans Star c/o 745 Farmbrook Cres., Orléans ON, K4A 2C1. The deadline for entries is Oct. 31. For additional information visit www.orleansonline.ca/OYA, or call Fred Sherwin at 613-447-2829.

#### Presenting sponsors











# NEIGHBOURHOOD

### **Draft Budget 2025**

Drafting the 2025 Budget has officially begun, and I can honestly say that this is one of the most consequential budgets from my time on Council. While the Mayor has changed the budget direction process this year, my objective remains the same: securing investments in our community, while balancing that against the need to ensure a level of affordability for all taxpayers. The cost of daily living continues to increase, and it is important that City Hall remembers that the same budget constraints the City experiences, are also felt by us at home.

During a recent meeting with the Mayor, the City Manager, the Chief Financial Officer, and senior City staff, I stressed the need for continued investments in our community's aging infrastructure, our roads, sidewalks, pathways, and parks. The need to see better services offered equally across Ottawa, and the need to see investments in community safety. At the end of the day, it is your priorities that I will represent and amplify during the coming budget

conversations at City Hall. Your involvement in this process, as always, is so greatly appreciated and I look forward to hearing your thoughts. If you have not already, please take a moment to fill out my Budget Survey at: lauradudas.ca/2025-city-budget-survey/.

#### **BUDGET CONSULTATION DATES**

Joint East End Budget Consultation

- Saturday, October 26 from 12:30 to 2 pm
  - Ray Friel Recreation Complex in the Rendez-Vous Room, 1585 Tenth Line Road

Ward-specific consultation drop-ins

- Saturday, November 16 from 1 to 2:30 pm
  - Orléans Branch of the Ottawa Public Library in the Bériault Room, 1705 Orléans Boulevard
- Saturday, November 23 from 10:30 am to 12 pm
  - Bob MacQuarrie Recreation Complex Orléans in the foyer, 1490 Youville Drive
- Thursday, December 5 from 6:30 to 8 pm
  - Lois Kemp Arena in the Community Room, 200 Glen Park Drive

### Infrastructure **Updates**

- Upgrade and replacement of both of the Roy Park and Joe Jamieson Park splashpads
- Major repairs to the Roger Senecal Arena ceiling at Bob MacQuarrie
- Resurfacing of the Bob MacQuarrie parking lot, the complete rebuild and upgrade of the skateboard park, and the EV charging station
- Completion of the Jeanne d'Arc South resurfacing project; with finishing touches on the Frank Bender intersection
- Continuation of the multi-year resurfacing of Innes Road, most recently with the section east of Mer Bleue to Tenth Line
- Resurfacing of Meadowglen, from Boyer to Orléans Blvd
- Resurfacing of multiple multi-use pathways across the Ward
- Conversion and upgrade of the St. Joseph/ Jeanne d'Arc Roundabout to signalized pedestrian crossovers with pedestrians now having the right of way over vehicles
- A new children's bike track at Gerald Poulin Park
- Permanent traffic calming measures on Bilberry, as well as resurfacing between Du Bois and Jeanne d'Arc North



**Connecting with you in the community** 



This summer, I had the opportunity to connect with many of you out in the neighbourhood during my Summer Pop-up Series, other community events, and at your door. I appreciated hearing from you about your priorities and ideas for community and our city. This is an evolving conversation, as our community's needs change over time. Never hesitate to reach out to me, I want to hear from you. I am always just a phone call or email away at Laura. Dudas @Ottawa.ca.



**Ward 2 Orléans West-Innes** 613-580-2472 // Laura.Dudas@Ottawa.ca // www.LauraDudas.ca

### Orléans karter continues to achieve success on the race track

By Fred Sherwin

The Orléans Star

Fifteen-year-old Olivier Mrak's dream is to one day be a professional race car driver. But every dream starts with the reality of having to take one step at a time.

For Olivier, the first step is to achieve success on the Canadian karting circuit, and so far so good. He placed second at the ROTAX Canadian Open Championship last year competing against drivers who were a year older than him and qualified for both the ROTAX International Grand Final in Bahrain and the ROC International Superfinal in Italy.

This year, he's had a number of first place results, including winning the Ron Fellows racing series which resulted in him winning a ticket to the ROK International Superfinal which is being held this weekend in Lonato, Italy.

The ROK Superfinal is one of the top karting events in the world with more than 400 participants racing from over 35 different nations.

Olivier finished 13th in the event last year as a first-year junior. It was the first time a Canadian had ever placed in the top 20. A year older and with another year of experience under his belt, he is hoping to place in the top 10 this time around.

Olivier also won the 2024 Coupe de Montréal series championship which he wrapped up with a third place finish

in the sixth and final race of the series last month in Mont-St-Hilaire, Québec, and he placed first at the ROK Canada Cup Junior Cash Shootout event at the Mosport Karting Centre in the Canadian Tire Motorsport Park in Bowmanville. which was also held in September.

This will be Olivier's final year competing as a junior. He plans to move up to the senior karting circuit next year with the goal of eventually graduating to open wheel racing which starts with the Formula 4 cars.

His ultimate goal is to race Formula 1 with the likes of Max Verstappen, Lando Norris and Lewis Hamilton, all of whom got their start in karting, as did the only Canadian currently competing in F1, Lance Stroll.

Although Stroll is a fellow Canadian, Olivier's favourite Formula 1 driver is Max Versrtappen. In fact, he recently wrote about his hero for a school assignment.

"My model is Max Verstappen. I admire his journey and determination on the track in becoming a Formula 1 driver," Olivier wrote. "He taught me that self-confidence and discipline are essential qualities to succeed. Max shaped my mindset by showing me the importance of always aiming for excellence, without being afraid to take risks."

Who knows, maybe one day Olivier will be Canada's version of Max Verstappen and follow in the footsteps of legend Gilles Villeneuve.



Orléans teen Olivier Mrak (centre) is heading off to the ROK International Superfinal in Italy after winning the Ron Fellows Karting Series earlier this year. PHOTO SUPPLIED



**Love your ears** 



- Long lasting rechargeable battery.
- Improved sound clarity.
- Seamlessly connect to phone, TV & other devices.
- Discreet and comfortable wear.

Experience the benefits of personalized hearing care and on-going support.

#### Start with a FREE hearing test!\*

We provide bilingual services in English and French.

(Formerly Robillard Hearing Centres) 1999 St. Joseph Blvd, Unit 10 1-888-473-9187

**Orléans - Watters Rd** 900 Watters Road 1-888-459-9793



Mention code: NSP-TBYB-ONTR

Book online **HearingLife.ca/Try** 

**Your hearing** needs are unique. Find the right hearing aid for you. Start Your

30-Day FREE Trial\*

When you're ready, purchase with confidence as we provide a 90-day money back guarantee."

\*A comprehensive hearing assessment is provided to adults ages 19 and older at no cost. The results of this assessment will be communicated verbally to you. Depending on the province you're located in, an administrative fee may apply if a copy of an Audiological Report is requested. Some conditions apply, see clinic for details. Offer not valid in Quebec. \*\*90-Day Risk-Free Trial begins at the date of purchase. If you are not completely satisfied, you can return it within 90 days for a full refund or exchange. Trial period varies by province. If you are quoted a lower price on an identical hearing aid with the same features, options and services, HearingLife Canada Ltd. will match that price. Conditions Apply. Ask our hearing care professionals for more details.

## ORLEANS' BIGGEST HAUNTED ATTRACTION OPEN EVERY WEEKEND IN OCTOBER

PROULX FARM, 1865 O'TOOLE ROAD (JUST SOUTH OF INNES ROAD)

### Calling all young artists in Orléans

We invite kids four to 12 years old to colour the picture below, take a photo of it and have a ghoulish grownup send it to editor@orleanstar.ca by Thursday, October 17 at noon.

Five lucky winners will be chosen by draw at 5 p.m. based on their age group and contacted by e-mail.

The winners in the younger age group will receive passes to the Proulx Farm's 28th annual pumpkin festival, while the older winners will receive passes to the sKreamers Haunted Barn and Creepy Wagon Ride.

Get colouring!







### Spook-tacular sKreamers attraction is back

While many people associate the month of October with fall foliage, Thanksgiving and setting their clocks back an hour, there are a great number of people who associate October with ghosts, goblins and things that go bump in the night, culminating with Hallowe'en.

For those people, no October is complete without a trip to sKreamers, Ottawa's most spook-tacular Hallowe'en attraction open every Friday and Saturday night at the Proulx Farm located just east Orléans.

sKreamers is the name given to the two haunted barns and the creepy wagon ride that make up the attraction which has become a major fundraising activity for Kiwanis Eastern Ottawa Est.

sKreamers is the brainchild – and some might say the obsession - of Kiwanis member Harley Bloom who first put together a modest Hallowe'en attraction in the Gloucester Centre Mall in 2001.

It wasn't until 2006 while searching for a more permanent location, that the Kiwanis Club made a formal arrangement with the Proulx Farm to convert one of their barns into a haunted house.

The attraction has evolved over the years to include a second barn and a creepy wagon ride involving over 200 volunteer actors, many of them students who use the experience to earn community service hours.

Recognized among Canada's Top 10 scariest attractions, sKreamers has raised over \$500,000 for various community initiatives while scaring the daylights out of people, many of whom continue to come back year after year.

To find out more about sKreamers including the attraction's ticket policy, visit www.skreamers.ca. Admission is \$25

per person. Tickets can be pre-ordered by visiting the website or you can pay (cash only) at the gate. If you have any questions, you can e-mail them at skreamersottawa@gmail.com

The Proulx Farm is located at 1865 O'Toole Rd. which runs off of Innes Road just east of Trim Road.





### **Retiring? Downsizing? Or thinking** about buying or selling your home?

As Seniors Real Estate Specialists®, we understand the decision to move can be difficult. We serve as the resource that helps you navigate your choices and guide you through the process of buying or selling your home, making the transaction less stressful and more successful.

#### SENIORS REAL ESTATE SPECIALISTS





### We want to hear from you Votre opinion est importante

Early, meaningful and open engagement is a top priority for Hydro One. Receiving input from Indigenous communities, members of the public, businesses, government agencies, and other interested parties will be instrumental to inform the Class EA and project. We invite you to engage with us. You can also email us to join our project contact list to receive updates about the project. A Community Open House will be held locally in late 2024 and a separate invitation will be distributed.

Pour Hydro One, une mobilisation précoce, significative et ouverte est une priorité absolue. L'apport des communautés autochtones, du public, des entreprises, des organismes publics et des autres parties intéressées sera déterminant pour l'évaluation environnementale de portée générale et pour le projet. Nous vous invitons à dialoguer avec nous. Vous pouvez également nous envoyer un courriel pour être ajouté à notre liste de diffusion afin de recevoir des mises à jour sur le projet. Une journée portes ouvertes pour la collectivité sera organisée localement à la fin de l'année 2024 et une invitation distincte sera distribuée.



1.877.345.6799



Community.Relations @HydroOne.com

HydroOne.com/ Orleans

### Orléans Area Reinforcement Renforcement du réseau de la région d'Orléans

#### Notice of Commencement / Avis de lancement

August 2024 / Août 2024

Hydro One is energizing life in the City of Ottawa by ensuring we can meet the present and future electricity needs of a growing and vibrant community. To support growing electricity demand in the Orléans area, Hydro One is initiating a Class Environmental Assessment to build a new approximately 12 kilometer 115 kilovolt (kV) transmission line. This project also includes converting an existing 115 kV transmission line to 230 kV.

Hydro One dynamise le quotidien des habitants d'Ottawa en veillant à répondre aux besoins actuels et futurs en électricité d'une population en pleine croissance. Afin de faire face à la demande croissante d'électricité dans la région d'Orléans, Hydro One a entrepris une évaluation environnementale de portée générale en vue de construire une nouvelle ligne de transport d'électricité de 115 kilovolts (kV) d'une longueur d'environ 12 kilomètres. Ce projet comprend également la conversion d'une ligne de transport d'électricité existante de 115 kV en 230 kV.

#### Project description / Description du projet

The proposed new transmission line would be in the middle of an existing hydro corridor between Hydro One's Hawthorne Transformer Station (TS) and Orleans TS, as shown on the map. The majority of the new line would consist of single poles similar to roadside distribution lines.

No alteration to the existing transmission corridor are required to convert the existing transmission line from 115 kV to 230 kV, but modifications to station equipment inside Hawthorne TS and Orleans TS are required to accommodate the increased capacity.

La nouvelle ligne de transport d'électricité proposée se situerait au milieu d'un corridor hydroélectrique existant entre le poste de transformation (PT) Hawthorne d'Hydro One et celui d'Orléans, comme illustré sur la carte. La majeure partie de la nouvelle ligne consisterait en des poteaux individuels semblables à ceux des lignes de distribution en bordure de route.

Aucune modification du corridor de transmission existant n'est nécessaire pour convertir la ligne de transport d'électricité actuelle de 115 kV à 230 kV; les équipements des PT Hawthorne et Orleans devront toutefois être modernisés pour faire face à l'augmentation de la capacité.

### The Class EA Process / Processus d'évaluation environnementale de portée générale

The Class EA will follow the "Class Environmental Assessment for Transmission Facilities" (Class EA, 2024), in accordance with the *Ontario Environmental Assessment Act*. This process applies to routine transmission infrastructure projects and ensures that potential natural, economic, social, and cultural effects are thoroughly considered before a project begins. For more information, please visit **HydroOne.com/ClassEA**.

Following approval from the Ontario Energy Board under Section 92 (Leave to Construct) of the *Ontario Energy Board Act*, and the successful completion of the Class EA process, construction would commence in 2025 and be completed by 2028.

L'évaluation environnementale de portée générale suivra l'« Évaluation environnementale de portée générale relative aux installations de transmission » (évaluation environnementale de portée générale, 2024), conformément à la Loi sur les évaluations environnementales de l'Ontario. Ce processus s'applique aux projets courants d'infrastructure de transport d'électricité et garantit que les effets potentiels sur l'environnement naturel, social, économique et culturel sont examinés en détail avant le début du projet. Pour plus d'informations, veuillez consulter le site HydroOne.com/ClassEA.

Sous réserve de l'approbation de la Commission de l'énergie de l'Ontario en vertu de l'article 92 (autorisation de construire) de la *Loi sur la Commission de l'énergie de l'Ontario*, et de l'achèvement de la procédure d'évaluation environnementale de portée générale, la construction devrait commencer en 2025 et s'achever d'ici 2028.

Freedom of Information and Protection of Privacy Act / Loi sur l'accès à l'information et la protection de la vie privée

All personal information included in your request – such as name, address, telephone number and property location – is collected, under the authority of Section 30 of the Environmental Assessment Act and is collected and maintained for the purpose of reating a record that is available to the general public. As the information is collected for the purpose of a public record, the protection of personal information provided in the Freedom of Information and Protection of Privacy Act (FIPPA) does not apply (s.37). Personal information you submit will become part of the available public record unless you request that your personal information remain confidential.

Tous les renseignements personnels compris dans votre demande, tels que votre nom, adresse, numéro de téléphone et lieu de propriété, sont recueillis en vertu de l'article 30 de la Loi sur les évaluations environnementales et conservés dans le but de créer un dossier accessible au grand public. Puisque ces renseignements sont recueillis aux fins d'un dossier public, la protection des renseignements personnels prévue par la Loi sur l'accès à l'information et la protection de la vie privée (LAIPCP) ne s'applique pas (article 37). Les renseignements personnels soumis feront partie des dossiers accessibles au public, à moins que l'on demande expressément qu'ils restent confidentiels.



#### Map Legend / Légende de la carte

Proposed 115 kV Transmission Line
Ligne de transport d'électricité de
115 kV proposée
Existing Transmission Line
to be operated at 230 kV
Ligne de transport d'électricité
existante passant à 230 kV
Existing Transmission Line
Ligne de transport d'électricité
existante

Transformer Station
Poste de transformation

Road / Route

Watercourse / Cours d'eau

Waterbody / Plan d'eau

### Symphony's My Home – Bridging the gap for memory care needs

Symphony Senior Living has come up with a new type of accommodation within the Forest Valley Terrace community in Orléans that is designed for seniors with mild cognitive impairment, who are anxiously awaiting long-term care placement, or are not necessarily able to afford the traditional pricing for memory care.

Symphony Senior Living recognizes that many families face the challenge of long wait lists, with loved ones in need of memory care sitting in hospitals or transitional care units, uncertain about their next step. Forest Valley Terrace's My Home bridges that gap by offering a safe, supportive and affordable environment for those seeking memory care solutions.

My Home is designed for families of seniors who are on long wait lists for long-term care; seniors currently in transitional care units or hospitals awaiting placement in long-term care; as well as social workers and healthcare professionals who support families and individuals in these situations.

With long wait lists being a common issue in Ontario, My Home provides an affordable and secure solution for seniors in need of memory care and their families. Starting at just \$3,200, My Home offers one of the most affordable memory care options

in the area.

Symphony Senior Living understands the financial strain that long-term care can bring, and they are committed to making this stage of care accessible to as many families as possible. However, with only 30 rooms available in the Forest Valley Terrace memory care community, space is limited.

#### **Eligibility and Care Services**

A key qualification for residing at My Home is enrollment with Ontario Health at Home. This ensures that residents have the necessary care services in place, as My Home itself does not provide full-time care services except in one-off or emergency situations. Families and residents must coordinate ongoing care with Ontario Health at Home for regular medical attention.

#### **Services Provided**

My Home offers a range of amenities designed to support a comfortable and dignified lifestyle for our residents, including:

- Access to an in-house physician for regular check-ins.
- Limited medication administration and support.
- Weekly housekeeping and garbage removal services.



- Continental breakfast options and a selection of meals throughout the day.
- Engaging activities and planned outings to keep residents active and socially connected.

#### **Supporting Families During Transition**

Symphony Senior Living's goal is to help as many families as possible, alleviating some of the pressure while they await long-term solutions. My Home serves as an interim community that prioritizes safety, affordability and comfort, offering families a solution during a difficult time.

My Home is more than just a place to live – it's a community designed to provide support and care for those navigating the transition to long-term memory care. With affordable pricing, essential services, and a commitment to supporting seniors and their families Forest Valley Terrace's My Home aims to fill a critical gap in the current memory care system.

Interested families, healthcare professionals and social workers are encouraged to reach out for more information, or to schedule a tour by calling 613-366-4969.

Act quickly, as space is limited.



My Home

Starting at \$3,200/month

Affordable Suites for Seniors with Early Dementia!

Experience the comfort and security of **My** *Home* while keeping your trusted health caregiver through Ontario Health at Home.





Call us at 613-366-4969 for more information and book your tour today! \*some conditions apply

### Proper prevention starts with a visit to Precision Automotive

By Fred Sherwin The Orléans Star

There's an old saying that an ounce of prevention is worth a pound of cure. When it comes to your family car, an ounce of prevention can be worth hundreds, if not thousands of dollars in potentially expensive repair bills.

At Precision Automotive on Vantage Drive in Orléans the highly trained and experienced technicians specialize in preventing potential issues with your vehicle which will save you money in the long run and provide peace of mind.

Precision Automotive owner Rob Brouwer and his staff have been providing honest professional service for an honest price for more than 30 years.

With 10 bays, six licensed technicians and three apprentice technicians, Precision Automotive is one of the largest independently owned service centres in the National Capital Region. They have the expertise to service any make and model of vehicle.

Is your car acting up? Making strange noises, has warning lights illuminating the dashboard, or just not running right?

Precision Automotive can make a quick assessment of your vehicle using advanced automotive diagnostics that can pinpoint the problem fast and get to the root of the issue before it gets worse.

Or maybe your car isn't acting up at all. That doesn't mean a potential problem is lurking just under the hood. Book a preventative maintenance check up at Precision Automotive and their technicians will check the condition of your brakes, tires, belts and hoses, engine cooling system, filters and fluids and battery.

After the vehicle inspection the service advisors will send you a Digital Visual Inspection (DVI) report which details any issues or deficiencies needing attention today, or might need attention down the road. There is nothing more frustrating or annoying than losing a drive belt, blowing a hose or having your battery fail in the middle of nowhere. Not only is it inconvenient, it can cost you a potentially expensive towing bill.

So why not take advantage of Precision Automotive's expertise and have your vehicle checked out today to avoid the



With 10 bays, six licensed technicians and three apprentice technicians, Precision Automotive is one of the largest service centres in Eastern Ontario. FILE PHOTO

chance of a potential headaches tomorrow?

Drive worry-free with expert car repairs and maintenance. Let Precision Automotive handle the hard work so you can enjoy the ride. Schedule your appointment today.

Precision Automotive is located at

385 Vantage Dr, behind the McDonald's restaurant at Innes and Tenth Line Road. You can visit their website at www.precisionautomotive.ca, or call them at 613-841-5550.

Happy Motoring!



## Take care of your vehicle and your vehicle will take care of you.

Oil changes • Mechanical repairs • Inspections

Exhaust • Brakes • Suspension

Engine and driveline maintenance & repairs

Precision Autopmotive has the 'WOW' factor. They use the latest diagnostics and imaging to give you digital inspection reports with pictures that show the maintenance history of your vehicle.



precisionautomotive.ca 613-841-5550

385 Vantage Dr., Orléans (near Innes & Tenth Line)

### **COMMUNITY BILLBOARD**

### ORLÉANS FARMERS'

MARKET from 11 a.m. to 4 p.m. in the parking lot at the Ray Friel Recreation Complex on Tenth Line Road featuring local food vendors and producers.

#### FRIDAY, OCT. 11

TAPROOM 260 presents the Al Tambay Duo live from 8 p.m. No cover charge. Located in the Orléans Town Centre on Centrum

STRAY DOG BREWING

**COMPANY** presents Mikhail Laxton live in the taproom from 8:30 p.m. The Stray Dog Brewing Company is located at 501 Lacolle Way in the Taylor Creek Business Park.

**CUMBERLAND FARMERS'** MARKET from 9 a.m. to 1 p.m. at the R.J. Kennedy Arena, 1115 Dunning Rd. in Cumberland Village. Featuring local producers and artisans.

TAPROOM 260 presents Groove Night live from 8 p.m. No cover charge. Located in the Orléans Town Centre on Centrum Blvd.

#### THURSDAY, OCT. 17

#### ORLÉANS FARMER'S

MARKET from 11 a.m. to 4 p.m. in the parking lot at the Ray Friel Recreation Complex on Tenth Line Road featuring local food vendors and producers.

#### FRIDAY, OCT. 18

TAPROOM 260 presents Chris Strang live from 8 p.m. No cover charge. Located in the Orléans Town Centre on Centrum Blvd.

#### SATURDAY, OCT. 19

**CUMBERLAND FARMERS** MARKET from 9 a.m. to 1 p.m. at the R.J. Kennedy Arena, 1115 Dunning Rd. in Cumberland Village.

#### SUNDAY, OCT. 20

#### ORIGINAL NAVAN FARMERS MARKET – HARVEST

MARKET from 10 a.m. to 3 p.m. at the Navan Fairgrounds featuring over 190 vendors including artists and artisans, local craft breweries, food vendors and a whole lot more. For a full run down visit facebook. com/OriginalNavanMarket/.

#### SUNDAY, OCT. 27

#### KIDS AND YOUTH HALLOWEEN PARTY from

11 a.m. to 4:30 p.m. in the Blackburn Community Hall for kids and youth age 4-10. Must be accompanied by an adult.

### **IN MEMORIAM**



Sr Madeleine Leclerc, 100 Passed away on September 30, 2024

Rajesh Singh, 60 Passed away on September 26, 2024

Jean-Paul Yelle, 85 Passed away on September 24, 2024



www.heritagefh.ca/obituaries

### **BUSINESS DIRECTORY**

#### PAINTING



#### YOUR COMMUNITY PAINT EXPERT

Let the magic of my brush increasethe value of your home

CALL PIERRE 613-299-9534 Bilingual



#### CHURCH LISTING

#### Orleans Seventh-Day **Adventist Church**

Please join us on Sabbaths for worship and fellowship

Saturdays: Sabbath School @ 9:30 and Divine worship @ 11:00 a.m.

Location: Grace Presbyterian Church 1220 Old Tenth Line Rd. • 613-834-9638

#### **CHURCH LISTING**

#### Church of God International Canada

Please come and join us in worship and fellowship

Weekly Sabbath Services (Saturday) at 1:00 p.m. DO YOU NEED PRAYER?

www.cgiottawa.ca f cogcanada

#### **PAINTING**



#### **CLEANING SERVICE**

www.MarissaCleans.com



**Marissa Cleans** EXPERIENCE THE DIFFERENCE

CLEANING SERVICE

#### **OUR SERVICES:**

- RESIDENTIAL & COMMERCIAL
- BASIC CLEANS
- DEEP CLEANS
- MOVE IN / OUT
- CUSTOMIZED
- PRE / POST SALE CLEANS

"Experience the Difference"  $4.7 \star \star \star \star \star$ 

#### YOUR ONE STOP GLASS SHOP **COMMERCIAL & RESIDENTIAL**

WINDOWS & GLASS









#### **OUR SERVICES INCLUDE:**

Replacement of thermal panes . Custom showers Repair & replace hardware on windows
Custom glass railings • Cut to size glass & mirrors
epair damaged screens & fabricate new screen frame

1241 Cousineau St., Orléans (613) 715-3856 or (613) 824-2664 Website: www.mggs.ca Email: Marty@mggs.ca

#### PLEASE EMAIL US.

Please call or email for location 613-416-1533

or info@cgiottawa.ca

#### **FINANCIAL ADVISOR**

### **Mortgage solutions** to suit your needs.



Joseph Lamb, CFP Home Financing Advisor 613-410-9640 joseph.lamb@scotiabank.com





Lancaster Painting

613-355-1700

Home - Office - Commercial Space

#### **HOME RENOVATIONS**



1439 Youville Dr., Unit 4, Orléans

www.patlavigneflooring.com www.inneskitchenrenos.com

