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# THE Orléans Star

September 21, 2023 • Volume 38, No. 10

Next edition October 12

*L'Orléanais*  
L'édition de  
cette semaine  
à l'intérieur...



Visitors to Orléans Ribfest & Poutine event, held on Centrum Blvd. last weekend, were treated to a perfect combination of great food and beautiful weather. FRED SHERWIN PHOTO

## Brian Coburn Extension inches closer to reality

By Fred Sherwin  
The Orléans Star

A proposal to extend Brian Coburn Boulevard to Renaud Road and thus provide a bypass for the Bradley Estates sub-division may be one step closer to becoming a reality.

According to a recent memo from City of Ottawa transportation planning staff to city council, efforts to get the necessary approvals to extend Brian Coburn Boulevard are being made; however, they are being made at a snail's pace.

The argument to extend Brian Coburn Blvd. to Renaud Road began shortly after it was extended from Mer Bleue Road to Navan Road and dates back to 2012 when a sinkhole on the eastbound Hwy. 174 near Jeanne d'Arc Blvd. forced the highway's closure for nearly a month. As a result, east end commuters had

to find alternative routes to get points west of Orléans. One of those alternative routes was Renaud Road to Anderson Road and then either downtown using Innes Road or the south end using Walkley Road.

After the sinkhole was repaired, a number of motorists continued to use Renaud Road, significantly increasing traffic through Eastboro and Bradley Estates.

Pressure from the Bradley Estates Community Association led to plans to alleviate the traffic situation not only along Renaud Road, but Innes Road as well.

Several options were considered, before the City settled on what is referred to as Option 7.

Option 7 would see Brian Coburn Boulevard extended to Renaud Road, which would then be widened to four lanes. A two-lane transitway

CONTINUED ON PAGE 2 ►



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## COMMUNITY BRIEFS



**CRAFT SALE** – Residents of the Promenade Retirement Community will be holding a craft sale from 10 a.m. to 4 p.m. on Saturday, Sept. 23, featuring handmade touques, mittens and other knitted and crocheted items. Proceeds from the sale will benefit the Ottawa Snowsuit Fund. The Promenade Retirement Community is located at 150 Rossignol Dr. near the northern end of Tenth Line Road. PHOTO COURTESY OF DIANE QUINLAN

## Orléans area student receives skills scholarship

ORLÉANS – An Orléans area student won't have to worry about her school expenses this year after receiving a \$40,000 scholarship from Algonquin College. Shawna-Rose Larin is one of 10 students at Algonquin College and 100 students province-wide to receive the newly created Schulich Builders: Scholarship for Skilled Trades. The scholarship was established by Schulich Foundation and its founder Seymour Schulich, a Jewish-Canadian businessman and philanthropist. The amount of each scholarship was based on the length of the program. Five students enrolled in a one-year skilled trades program at Algonquin College received a \$20,000 scholarship, while five other students – including Larin – who are enrolled in a two-year program received \$40,000. Larin is enrolled in the Aircraft Maintenance Technician program. The money can be used to help pay for tuition, books and living expenses.

## Blackburn Hamlet chosen for on-demand transit pilot

OTTAWA – The east end community of Blackburn Hamlet has been chosen by city staff as the perfect area to run a pilot project for an on-demand transit service. The demonstration pilot project is intended to show and test how on-demand service would work as an integrated part of the OC Transpo network, ideally providing shorter waiting times and shorter travel times for customers at a lower operating cost in an area of the city with lower ridership. The on-demand service will be limited to Saturdays and Sundays only, replacing Route 28 on those two days. Route 28 would continue to run Monday through Friday, and Route 25 would continue to run seven days a week on Innes Road, with no changes. Users would order on-demand transit rides through a smartphone app or by phoning OC Transpo's customer service centre. All booked trips would start and end within the service zone or at Blair Station. The Para Transpo-sized buses will make regular and scheduled stops at Blair Station for customers starting their journey there.

## Brian Coburn Extension inches closer to reality

Continued from page 1

for buses and a future light rail line would be built beside it.

The City's plan also called for the further widening of the Blackburn Bypass to six lanes from four lanes, with the two extra lanes to be designated as High Occupancy Vehicle, or HOV lanes.

The problem is that both plans need the approval of the NCC and the NCC's board of directors in particular, because they involve the use of NCC land.

According to the memo, the NCC's board of directors is opposed to Option 7 for reasons that were not outlined in the document, and prefers a second option instead. Option 1 eliminates the need for the Brian Coburn extension and instead would widen the Blackburn Bypass and build the rapid bus transitway beside it. Unfortunately, that would mean Renaud Road would remain unchanged.

During discussions between city staff and NCC staff, an alternative has been suggested which would see Brian Coburn Boulevard extended to a two-lane Renaud Road.

At the same time, Renaud Road would

be decommissioned between the Prescott Russell Trail and the extension, eliminating the two 90 degree turns and returning that section of Renaud Road to its natural state.

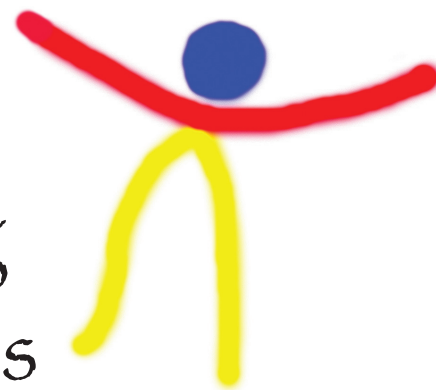
Although this interim alternative plan still needs the approval of the NCC's board of directors, city staff are proceeding with the final stage of the Environmental Assessment which will include a 30-day public consultation period.

The other issue is the cost. According to the memo, widening the Blackburn Bypass would cost \$27 million and the Brian Coburn Extension/Renaud Road Realignment would cost \$50 million. There is currently no funding source for either project.

By comparison, the estimated cost of Option 7 is \$400 million, while the estimated cost of Option 1 is \$610 million.

At some point in time, the City will have to make a presentation to the NCC's board of directors on whatever course of action city council agrees to. The board of directors will then vote yea or nay on the City's proposal. When the presentation and vote will take place is still anybody's guess, but it's likely to take at least another year.

The 2023  
Orléans  
Outstanding  
Youth Awards



The Arts – Academics – Sports  
Community Service – Humanitarianism

Do you know someone in your community under the age of 18 whose talents and abilities set them apart during the past year? If so, why not consider nominating them for the Orléans Outstanding Youth Awards? Nominees must be 17 years old or younger as of Sept. 1, 2023, and reside within the City of Ottawa east of Blair Road. Nominees will be judged on their accomplishments between Oct. 1, 2022 and Sept. 30, 2023. All submissions must include the name, address and phone number of both the nominee and the nominator as well as a resume of the nominee's accomplishments. There are no categories *per se* – those nominated will be judged on their accomplishments in any one area, or a combination of areas. Nominations can be submitted by e-mail to [OYA@orleansstar.ca](mailto:OYA@orleansstar.ca) or regular mail to The Orléans Star c/o 745 Farmbrook Cres., Orléans ON, K4A 2C1. The deadline for entries is Oct. 31. For additional information visit [www.orleansonline.ca/OYA](http://www.orleansonline.ca/OYA), or call Fred Sherwin at 613-447-2829.



# Councillor delivers three more Gem Awards in Orléans West-Innes

By Fred Sherwin  
The Orléans Star

Orléans West-Innes councillor Laura Dudas was busy earlier this month handing out several more Gem Awards to deserving recipients in her ward.

The most recent recipients are Kiwanis Eastern Ottawa for Best Community Service Organization and the Société franco-ontarienne du patrimoine et de l'histoire d'Orléans (SFOPHO) for Best Community Social Organization and MAP Physiotherapy for Best Professional Service Business.

Among other things, Kiwanis Eastern Ottawa is responsible for organizing the annual Canada Day celebration on Petrie Island and the sKreamers haunted attraction at the Proulx Farm on O'Toole Road. They also run a successful fellowship program, food drives, and countless free community barbecues.

The Société franco-ontarienne du patrimoine et de l'histoire d'Orléans, better known by their acronym SFOPHO, have worked hard over the years to preserve, celebrate and highlight francophone history in the community.

The organization recently published

a second book that tells the history of French place names in Orléans in both French and English.

M.A.P. Physiotherapy is located at the northwest corner of St. Joseph and Jeanne d'Arc Boulevards where they have been looking after the physical needs of their clients for a number of years using a patient-focused approach in developing holistic treatment plans that treat the whole body.

Other recipients of the 2023 Gem Awards include Rangoli as Best Retail Business Food, Arteast as Best Arts or Cultural Organization, Studio Jade as Best Personal Service Business, ACE ARTE Studio for Best New Business and Blanc & Turquoise for Best Retail Business – Merchandise.

Coun. Dudas started the award program in 2021 to give residents the chance to nominate their favourite business or organization for making an effort to be an integral part of the community they serve.

Any member of the public can nominate their favourite Orléans small business or community organization by contacting Coun. Dudas' office.



Members of Kiwanis Eastern Ottawa accept their Gem Award from Orléans West-Innes councillor Laura Dudas, above, as does M.A.P. Physiotherapy owner Marie Shinmoto, right. PHOTOS SUPPLIED

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# Snail's pace

It's a known fact that nothing in this city gets done very quickly – the LRT being one example. Two other projects that come to mind which are specific to the east end are the Trim Road realignment and widening which took 10 years from approval to construction and the Orléans Health Hub, which was first promised in 2009 but wasn't completed until 2019.

The latest example of a project that's moving at a snail's pace is the Brian Coburn Boulevard Extension (BCE), also known as the Renaud Road Realignment (RRR) and the Bradley Estates Bypass (BEB).

The BCE/RRR/BEB was first proposed in 2015 by the Bradley Estates Community Association which was fed up with Orléans commuters driving through the community's back yard to avoid the traffic on Innes Road.

The City got involved because they saw it as a way to open up another east-west link to the rest of Ottawa. Unfortunately, there is only one problem. Renaud Road runs through the Greenbelt which means the City needs the cooperation of the NCC, which isn't known as being the most cooperative agency in the world. To be even more specific, the City needs the cooperation of the NCC's board of directors, which in the past has been loathe to do anything that might increase road traffic through the rural part of the Greenbelt. To that end, they have already rejected the City's hoped for plans to extend Brian Coburn to Renaud Road which they want to widen to four lanes.

Last week, the City's transportation staff released an update on their discussions to solve the impasse with the NCC – discussions that began nearly 18 months ago. The result of those talks is a proposed compromise whereby Brian Coburn would be extended to Renaud Road, but Renaud would remain two lanes. For this to work, the City also wants to expand the Blackburn Bypass from four to six lanes with High Occupancy Vehicle lanes.

The compromise proposal would get rid of the traffic going through Bradley Estates, while at the same time increasing the capacity of the Blackburn Bypass. The Brian Coburn Extension/Renaud Road Realignment part of the plan would cost \$50 million. That's a heck of a price tag to solve the traffic woes of one particular neighbourhood, especially when the rest of the city is expected to help foot the bill.

But before we get ahead of ourselves, the proposal would still need the approval of the NCC's board of directors. And before that can happen, the city still needs to complete the Environmental Assessment for both the Brian Coburn Extension/Renaud Road Realignment and the widening of the Blackburn Bypass, which could take up to another year.

How and when this will all end is anybody's guess. The odds that the board of directors will approve both interim projects is very good. Whether or not they will take the extra step and approve Option 7 remains highly unlikely, but only time will tell.

*Fred Sherwin, editor*

**THE Orléans Star**



**Fredrick C. Sherwin, Editor & Publisher**  
fsherwin@orleansstar.ca

The Orléans Star is a bi-weekly publication distributed to 44,000 residences in Blackburn Hamlet, Orléans and Navan. The newspaper is locally owned and operated by Sherwin Publishing Inc., 745 Farmbrook Cres., Orléans, ON. Inquiries and delivery issues should be sent to info@orleansstar.ca.



## The city needs to step up and help end Hydro Ottawa strike

The City of Ottawa must take leadership to end the Hydro Ottawa strike. As of the writing of this article, the strike has lasted 80 days. I hope that by the time the paper is published, it will have been concluded.

I am deeply concerned about the impact of this labour dispute on the residents and businesses in Orléans and across the City of Ottawa.

The men and women who helped us get back online after the devastating tornadoes and derecho storms are currently on strike without pay for over 80 days, including at least two weeks where Hydro Ottawa walked away from the bargaining table, leaving families to twist in the wind.

This is unacceptable. The City of Ottawa, as the sole shareholder of Hydro Ottawa, has a responsibility to ensure that this essential service is delivered safely and reliably to its customers. The City cannot sit on the sidelines and pretend that this is not their problem. They need to take leadership and find a solution to end this strike before there is a storm or a major outage that puts our community at risk.

How many of us could go three months without pay? The long-term financial impact can be

devastating for the striking Hydro Ottawa workers and their families.

They deserve fair and equitable compensation for their hard work and dedication. They are on the front lines in keeping our lights on, our homes warm and our businesses running. They brave the long working hours and face hazardous conditions to restore power after storms and emergencies.

That is why I am urging the City of Ottawa to intervene in this labour dispute and bring both parties back to the table. The City has the authority and the influence to facilitate a fair and timely resolution that respects the workers' rights, meets customers' needs by avoiding an emergency and achieves financial balance.

This will not be the only labour dispute the City faces. Would they allow the garbage to go uncollected for 80 days? Does this signal the City is willing to have another bus strike?

The last bus strike crippled the city. A garbage strike would be equally terrible. The cost of living is going up for everyone, including those dedicated men and women who work for the City. We cannot forget that they are our neighbours and family and friends.



**Queen's Park Corner**

**Stephen Blais**

[www.orleansstar.ca](http://www.orleansstar.ca)



# Proving the theory that good people attract other good people

The other day, a female friend of mine made an off-handed remark about my travels and the people I've met along the way, most of whom are under the age of 30.

Commenting on all the pictures of myself hanging out with young people in different countries and at various festivals, she asked why I don't hang out with people my own age.

It took me all of two seconds to respond to her. I tend not to hang out with people my age because all they do is complain. They complain about their jobs. They complain about their spouses. They complain about the government. They even complain about the weather. It's enough to drive you to drink.

When I travel and stay in hostels and meet young people, they don't complain about anything. They're too busy living life and getting the most out of every minute. In other words, we share the same philosophy.

Some time ago over the course of three or four years, I wrote about three different young people, all of whom died of cancer. Two were under the age of 10 and one was 18. All three of them had more wisdom in their little finger than most adults have in their entire lifetimes. And all three of them would have done anything just to spend another week with their families.

It was during this time that I made a



conscious decision to live my life to the absolute fullest. In other words, I would make every second count and every minute matter. To do otherwise would be an insult to the memories of those same young people.

Part of that commitment was to travel as soon as I was able. It wasn't until I acquired this paper and got an Aeroplan card that I could do just that and I have been making up for lost time ever since and along the way I have met some amazing young people from 13 different countries and four continents who I am proud to call my friends.

When I travel, I am often approached by young people who ask me for advice about their relationship with their partners or their parents, or on life in general. It must be the white beard and my grand-fatherly demeanor.

The fact that young people ask me for advice is actually quite flattering and some-



Yours truly with my Swiss friends Kamil and William at Tomorrowland 2023. FILE PHOTO

thing I am extremely proud of.

I am also a big believer in the theory that good people attract other good people.

I know this firsthand because I have met a lot of great people during my travels including Bente and Charlotte who I first met in Cuba in 2019 and who are responsible for my daughter and I getting back together.

Others who I have met along the way and

have formed a lasting friendship with include Bente and Charlotte's childhood friend and former roommate Saar, who is an amazing young woman in her own right, and Niels and Moos, who I met in Mexico last year and who are also from the Netherlands.

During that same trip to Puerto Escondido I met Laura and J.J. from the U.K., Ines from

CONTINUED ON PAGE 10 ►

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# Often anonymous volunteers are the lifeblood of our community

While I usually use this column to draw attention to emerging issues and take the time to explore and express my thoughts in a more fulsome manner, this week I'd like to draw attention to some amazing volunteers who are doing excellent work in our community.

Earlier this month, Yuri Locmelis, Todd Smith and members of the Cumberland Community Association provided their time, material and expertise in building a brand-new walking bridge behind the Cumberland Heritage Village Museum. The new crossing will serve the hundreds of walkers, snowshoers and cross-country skiers who take advantage of this wonderful greenspace year-round. I have seen firsthand how deeply these volunteers care for our community. They are hard-working, generous and benevolent and they deserve our gratitude and admiration.

While this is merely one example, I want to say thank you to all of our community association volunteers who work tirelessly to make Orléans East – Cumberland a better place to live.



**Matt Luloff**

Orléans East-Cumberland

After attending the Orléans Minor Football Association's homecoming weekend, I would like to highlight the incredible work administrators, coaching staff and other volunteers that makes local youth sports possible.

Whether it is football, soccer, baseball and softball, figureskating, waterpolo hockey or basketball – these volunteers provide our children a healthy outlet and the opportunity to become confident young leaders who understand the value of hard work and sportsmanship.

Lastly, I'd like to thank the volunteers who work tirelessly and selflessly to bring us local events such as the Cumberland and Orléans farmer's markets, the Canada Day event on Petrie Island, Carivibe, the Orléans Beer Festival and so many others.

Orléans East – Cumberland is a vibrant place because of the wonderful, diverse people who live here. And we are a much better place because of the generous people who give their time and efforts to building our community.

# 2024 budget deliberations kick off with eye on local priorities

As a busy fall begins, council is turning its attention to the City budget. One of my most crucial duties as your representative is ensuring that our community's needs are reflected in it.

Among the priorities that I discussed with many of you over the past year is a focus on transportation: the continued repair and renewal of our roads, transportation infrastructure improvements to ease congestion, better transit and creating safer communities.

I've also repeatedly heard from residents that with the cost of living being what it is – paying more for groceries, for gas, for utilities – that the City has a responsibility to keep property taxes as low as functionable and to examine its own spending.

Recently, council voted in favour of keeping the overall tax increase of no more than 2.5 per cent. Despite rising inflation and multiple pressures our City is facing, I'm also aware of the financial challenges every family is contending with.

While some colleagues around the table want to increase the tax rate beyond what

has been proposed, it's not something I can support while the cost of living continues to skyrocket.

I'm looking forward to the results of the mayor's service review to find efficiencies within the City, and I'm also committed to continuing to put pressure on our provincial and federal counterparts to ensure Ottawa gets its fair share for our most pressing challenges, including: housing, transit, emergency response and health services.

Recently, through my advocacy as chair of the Ottawa Board of Health, the sector successfully stopped the Ontario government from increasing the municipal share for public health funding from 25 to 30 per cent. A small but critical win that keeps more money in City coffers.

Public consultation on the budget has already begun, and Orléans South-Navan residents will also have an opportunity to participate in an in-person budget consultation hosted in partnership with my east end colleagues. Details to come.



**Catherine Kitts**

Orléans South-Navan



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# Vanlifers return home for a short break before heading west

By Tori Dark  
Special to the Orléans Star

We're home! Did you miss us? We missed you too, don't worry. It was time for us to return home so we could celebrate a couple of weddings with friends and catch up with family. So far in our van life journey, we have taken you exploring through Quebec, Labrador, Newfoundland and Nova Scotia.

After some much-needed time in Halifax visiting a friendly face, we slowly made our way back to Ottawa. Some of you may have followed along since we left, while others are just tuning in. Why not summarize the first leg of our journey by listing some of our favourite places.

The number one most underrated destination in my books is Red Bay, Labrador. With a current population of 169, a rich history dating back to 1530, and being home to the Red Bay National Historic Site, this little village has lots to offer. My top recommendation is to climb Tracey Hill Trail on the town's edge. With such a beautiful view of the unforgiving sea, immense icebergs and ancient homes, it's like nothing else.

In a close second is Newfoundland, but not the areas you're most likely thinking of. Not necessarily Gros Morne National Park

or St John's. Nope, the most impressive part of our experience was a small section of the Trans-Canada Highway between Corner Brook and Port-aux-Basques on our way to the interprovincial ferry. With towering mountains and plateaus on the left and the Atlantic Ocean on the right, it was a site to be seen.

Half of the reason why we chose to live a nomadic lifestyle was to see Canada, but the other half was to experience growth and challenge ourselves in more ways than one. So what are some of our lessons we've learned? The first (and obvious) is that you don't begin this journey unless you are truly comfortable with your traveling partner. Kevin and I didn't see anyone familiar for six weeks. Just him and I in a van, alone all the time. Though small amounts of time apart are important, such as solo walks, reading in a park, etc. However, being able to enjoy each other's company is even more important.

The next essential lesson learned is safety first! As a young woman traveling in a vehicle, I have to be very aware of my surroundings at all times. Kevin very much adds to my safety just by being there, however, there are days or evenings when I am alone. On those days I have a few key rules to follow:



Tori enjoys some homemade waffles while parked in her parents' driveway in Navan. PHOTO SUPPLIED

Keep all windows covered, lock the doors, exit and enter only through the front cabin doors, dim the lights at night, and follow your gut. If the spot we are parked is not comfortable and I feel uneasy I will relocate the van. Better safe than sorry.

Now that we are back in Ottawa, we are planning on staying in the area before heading west for the winter. We have a few ad-

ventures planned that I'm looking forward to while we are home and I'm excited to share them all with you. In all, thank you for following along and I hope you enjoy what's yet to come.

(You can follow Tori and Kevin at [www.instagram.com/vanxiety\\_life/](https://www.instagram.com/vanxiety_life/). Tori and Kevin are both former students at Cairine Wilson Secondary School, Class of 2012.)

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# Plenty to see and do at Shenkman Arts Centre this fall

STAR STAFF – The Shenkman Arts Centre will play host to a number of great shows this fall as well as several new art exhibits.

International illusionist Aaron Matthews and his canine friends return to the Shenkman Arts Centre on Friday, Oct. 6, for a repeat performance of *Dogs Do Magic*, an unforgettable evening of magic, comedy and canine hijinks.



These mind-reading, acrobatic dogs will steal the show, your heart and any unattended treats in the venue. Ticket prices range from \$30 to \$50 and can be purchased by visiting [shenkmanarts.ca](http://shenkmanarts.ca).

Bilingual comedienne Stéphanie Morin-Robert will perform two shows on Thursday, Oct. 12 and Friday, Oct. 13. The Oct. 12 show will be *en français* and the Oct. 13 show will be in English.

*Blindside* is a comedy that will open your eyes to resilience, empathy and self-acceptance. In this captivating piece of bravery, Morin-Robert, who lost an eye in her battle against cancer, tells us about her life when she was only seven years old: a fiery little girl wielding her glass eye like a weapon. With the help of her cat, a pair of sunglasses and an untimely superpower, she quickly discovers that she is able to face the bullies who torment her at her new school and to accept her handicap.

This powerful show combines humor, narration, puppet play, audiovisual work and interaction with the public. Tickets are \$35 each and can be purchased online at [shenkmanarts.ca](http://shenkmanarts.ca)

With a massive online following of 310,000+ subscribers and an astonishing 50+ million channel views, Flute Siva brings his exceptional talent from the digital realm to the grand stage on Saturday, Oct. 14, presenting a concert with several Juno Award-winning musicians backing

him up. Ticket prices range from \$36.25 to \$56.25

On Oct. 27, Vietnamese born Huu Bac and his quintet will perform in the intimate surroundings of the Richcraft Theatre as part of the Shenkman Arts Centre's World Music series.



**Huu Bac Quintet**

Founded in 2013, the Huu Bac Quintet has toured in Canada, the USA, China and Korea.

Their jazz-oriented repertoire employs a number of different instruments including the Vietnamese monochord dan bau. Tickets are \$28.25 for adults and \$20 for students.

Looking ahead to November, Paquette Productions will be presenting their *Motown Revue* on Wednesday, Nov. 15 featuring tribute performances to such legendary artists as Diana Ross and the Supremes, Smokey Robinson, Marvin Gaye and Aretha Franklin.

On Nov. 18, the Shenkman Arts Centre will host the *Sounds of Hope Benefit Concert* with Born Ruffians and The Desert Island Big Band. Proceeds from the concert will benefit the Centre for Treatment of Sexual Abuse and Childhood Trauma.

Away from the stage, the Société franco-ontarienne du patrimoine et de l'histoire d'Orléans, or SFOPHO, will be presenting their third annual arts and crafts fair in the foyer of the Shenkman Arts Centre on Sunday, Oct. 1. Admission is free.

Last, but by no means least, the Trinity Art Gallery is currently exhibiting works by members of Arteast, while the Lalande + Doyle exhibition space in the lower lobby will welcome a new exhibit by Ottawa photographer Jon Stewart entitled *Stillwater* featuring photographs from the Greenbelt.

For a complete schedule of all the shows coming to the Shenkman Arts Centre visit [shenkmanarts.ca](http://shenkmanarts.ca) and click on the "events" button.

**SHENKMAN**  
ARTS CENTRE

23  
→ 24

Month	Date	Event
Dec.	21	Christmas at Shenkman
Dec.	31	12th Annual New Year's Eve Comedy Night
Jan.	24	Matinée Café: The Moss Trio
Jan.	25	World Music: Yao Kintsugi – la beauté dans le chaos...
Jan.	30	Humans 2.0
Feb.	3	Bavela
Feb.	7	Sass Jordan
Feb.	10	Fête Frissons
Feb.	16	CBC Radio's Laugh Out Loud with Ali Hassan
Feb.	21	Matinée Café: Aroha Fine Arts
Feb.	22	World Music: Amir Amiri Ensemble
Feb.	29	Spidey – Make Believe: Magic of Your Mind
Mar.	20	Matinée Café: The Trillium Saxophone Quartet
Mar.	21	World Music: Rommel
Apr.	6	Tara Luz Danse – Les Bâtons
Apr.	24	Matinée Café: Folklofolie
Apr.	25	World Music: Kiran Aluwalia

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# The power of positivity cont'd

Continued from page 5

Belgium, Yan from Munich, Ivana from Argentina, Josefa from Chile, Zion from Montréal and Zach from Australia.

I also met Jackson and Jack while I was in Puerto and who are also from the U.K.

It was one heck of a week and one I will never forget if, for no other reason, than for the friends I made while I was there.

When I was in New Orleans for the Jazz and Heritage Festival last year I met Alex from Brooklyn. A couple of months later, he came up for the Montréal Grand Prix with his dad and we had a blast. More recently, he let me stay in his Brooklyn apartment while I visited New York City for a few days.

I met another group of amazing young people at the Tomorrowland festival last year including Kamil and William from Switzerland, Anne and Anna from Germany and Daniel and Colin who are also from Germany along with Emilie and Lukas.

I am probably closest to Kamil and William who are both in their 30s. Kamil and I went to the Ultra Music Festival in Miami last February and the three of us got together again for Tomorrowland in July with Anne and Anna and a new group of friends that includes sisters Melle, Eileen and Silvi, their

brother Sven, Melle's daughter Mila, and their friends Mike V. and Ryan who are all from out west. Nicholas and Laurence from Montréal where also part of that group. I can hardly wait until we meet again next year.

Others who I have met along the way include Clare from Melbourne, Valentina from Italy, Sannah from Winnipeg, Jordan from England, Ethan and Enzo from New Zealand and Nils from Germany – all of whom I met during my return trip to Puerto Escondido in February.

There's also Jamie who I met in Madrid last year; Mauri, Josefina and Sr. Malibu from Argentina, who I met in Miami in March; and Ruya and Nil from Turkey who I met during my recent trip to Greece along with Poppy, Kristos and Oddy. All of these people have made my life richer for having met them and I can hardly wait to see them again during my future travels.

I once asked some teacher friends of mine what the best thing about teaching high school was? They both gave me the same answer – it kept them feeling young.

I guess that's why I like staying in hostels and meeting young adults like the ones I have mentioned – it keeps me feeling young and there's absolutely nothing wrong with that.

Register for  
City of Ottawa

# Fall activities

[register.ottawa.ca](http://register.ottawa.ca)

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## COMMUNITY BILLBOARD

**FRIDAY, SEPT. 22**

**STRAY DOG BREWING COMPANY** presents the group Saturn Sunrise live in the taproom from 8:30 p.m. The Stray Dog Brewing Company is located at 501 Lacolle Way in the Taylor Creek Business Park.

**SATURDAY, SEPT. 23**

**CRAFT SALE** at the Promenade Retirement Community, 150 Rossignol Dr. from 10 a.m. to 4 p.m. featuring handmade tuques, mittens and other knitted and crocheted items. Proceeds to benefit the Ottawa Snowsuit Fund.

**CUMBERLAND FARMERS' MARKET** from 9 a.m. to 1 p.m. at the R.J. Kennedy Arena, 1115 Dunning Rd. in Cumberland Village. Featuring local producers and artisans.

**TAPROOM260** presents the vintage rock cover band Mystara live from 8 p.m. No cover charge. Located in the Orléans Town Centre on Centrum Blvd.

**CORO VIVO OTTAWA** is holding open rehearsals for their upcoming Christmas concert at 2 p.m. at Orleans United Church, 1111 Orleans Boulevard. To pre-register e-mail membership@corovivoottawa.ca.

**WEDNESDAY, SEPT. 27**

**BEER & BBQ** – Meetings BBQ and Broadhead Brewery are once again teaming up for a BBQ Platter Party. Two seatings available at 5 p.m. and 7 p.m. Reserve your seat in advance by visiting [www.meetings.ca](http://www.meetings.ca). The Broadhead Brewery is located at 1680 Vimont Court in the Taylor Creek Business Park.

**SATURDAY, SEPT. 30**

**5TH ANNUAL OKTOBERFEST EVENT** at the Orléans Brewing Co. Two sessions: Session #1 from noon to 5 p.m., and Session #2 from 6 p.m. to 11 p.m. Tickets \$35 available at [eventbrite.ca](http://eventbrite.ca).

**SUNDAY, OCT. 1**

**ORLÉANS SCOUTS APPLE DAY** – Members of the 4th Orléans Scouts will be handing out apples at the following locations: FreshCo corner of Watters and Trim; Metro Fallingbrook, 1675 Tenth Line Rd.; and Metro Cumberland, 4510 Innes Rd. as a token of their appreciation for the community's support. Freewill donations will be accepted in return and used to help cover the group's operational costs.

## IN MEMORIAM



**Lolita (Lee) Attallah, 100**  
Passed away on September 11, 2023

**Monique Madore, 76**  
Passed away on September 10, 2023

**Gail Evelyn Chabot (née Fleming), 85**  
Passed away on September 9, 2023



[www.heritagefh.ca/obituaries](http://www.heritagefh.ca/obituaries)

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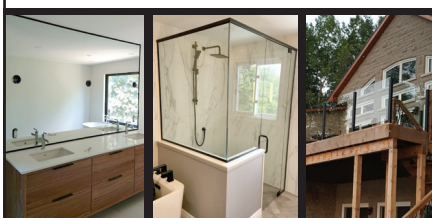
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